UCMC – Living Donor Kidney Transplant Immunosuppressive Guidelines

| Population Defined by these RISK Categories (RC) | | Antimetabolit | | Calcineurin Inhibitor | | |
|--|--|--|--|---|--|--|
| At time of Tx select LOW, NORMAL or HIGH RC. Over time post-Tx, may need to transition to Oliguric ATN/Delayed CrCl/ Slow Graft Function (SGF) RC based on clinical situation. | Induction | Steroids | Mycophenolate Mofetil (Cellcept [®]) ¹⁰ | Tacrolimus (Prograf°) | Tacrolimus Target Levels | |
| RC: Low Risk¹ Age > 65 years or 0 antigen mismatch (not HLA identical) No immunologic risk factors² | Basiliximab (Simulect®) ⁴ 20 mg IV 2 doses: POD #0 and POD #3-4 Initiate intraoperatively | Taper ^{7,8,9} Initiate PERI-op | 1000mg PO BID Initiate PRE operatively | Starting dose 0.2mg/kg/day divided in 2 daily doses ¹¹ Use weight-based dosing to rapidly obtain therapeutic levels Initiate on POD #0 | POD #0-89: 10-12 ng/mL POD #90-364: 8-10 ng/mL POD #≥365: 6-8 ng/mL if no rejection history | |
| RC: Low Risk African American ¹ Age > 65 years African American No additional immunologic risk factors ² | Rabbit antithymocyte globulin ^{5,6} (Thymoglobulin®) 1.5mg/kg/dose 3 doses: POD #0, 1, 2 Total dose = 4.5mg/kg Initiate intraoperatively | Taper ^{7,8,9} Initiate PERI-op | 1000mg PO BID Initiate PRE operatively | Starting dose 0.2mg/kg/day divided in 2 daily doses Max 8mg PO BID Initiate by POD #1 | POD #0-89: 10-15 ng/mL POD #90-364: 8-10 ng/mL POD #≥365: 6-8 ng/mL if no rejection history | |
| RC: Normal Risk¹ • Age ≤ 65 years • No immunologic risk factors² | Rabbit antithymocyte globulin ^{5,6} (Thymoglobulin®) 1.5mg/kg/dose 4 doses: POD #0, 1, 2, 3 Total dose = 6mg/kg Initiate intraoperatively | Taper ^{7,8,9} Initiate PERI-op | 1000mg PO BID Initiate PRE operatively | Starting dose 0.1mg/kg/day divided in 2 daily doses ¹¹ Max 8mg PO BID Initiate by POD #1 | POD #0-89: 10-15 ng/mL POD #90-364: 8-10 ng/mL POD #≥365: 6-8 ng/mL if no rejection history | |
| RC: High Risk ¹ • One or more immunologic risk factor ² | Rabbit antithymocyte globulin ^{5,6} (Thymoglobulin [®]) 1.5mg/kg/dose 5 doses: POD #0, 1, 2, 3, 4 Total dose = 7.5mg/kg Initiate intraoperatively | Taper ^{7,8,9} Initiate PERI-op | 1000mg PO BID Initiate PRE operatively | Starting dose 0.1mg/kg/day divided in 2 daily doses ¹¹ Max 8mg PO BID Initiate by POD #1 | POD #0-89: 10-15 ng/mL POD #90-364: 8-10 ng/mL POD #≥365: 6-8 ng/mL if no rejection history | |

| | Rabbit antithymocyte | | | | Until SCr ↓ ≥ 5 6-10 n | · |
|---|---|--|---|---|---|--------------|
| RC: Oliguric ATN/Delayed CrCl/SGF^{1,3} UOP < 250ml in first 12 hours UOP < 500ml in first 24 hours No ↓ SCr by > 10% in first 48 hours | globulin ^{5,6} (Thymoglobulin [®]) 1.5mg/kg/dose given POD #0, 1, then every other day 3-5 doses based on physician discretion | Taper ^{7,8,9} Initiate PERI-op | 1000mg PO BID Initiate PRE operatively | 2mg PO BID ¹² Initiate by POD #1 | Then POD #0-89: POD #90-364: POD #≥365: no rejection hi | 6-8 ng/mL if |
| HLA Identical Patients with all of the following: | | | | | | |

- 2 haplotype match (0 mismatch for A, B, C, DR, DQ, DP)
- Recipients of a living-related kidney transplant
- No pre-existing DSA or positive crossmatch Exclusion criteria:
- Recipient of another transplanted organ
- Recipients of deceased donor kidney transplant

¹Oliguric ATN/Delayed CrCl/SGF

If patient experiences oliguric ATN, delayed CrCl, or SGF: refer to the Oliguric

ATN/Delayed CrCl/SGF guideline as appropriate. Note: Any patient experiencing Oliguric ATN/Delayed CrCl/SGF who is not in a research protocol will receive immunosuppression based on these guidelines, regardless of regimen initiated at transplant.

²Immunologic Risk Factors:

- Repeat renal transplant (for kidney after liver transplant recipients, only give 3 doses of Thymoglobulin on POD #0, 1, 2)
- Type 1 diabetes
- African American ≤ 65 years
- cPRA: per provider discretion (strong consideration if cPRA >80%)
- Positive DSA
- Positive T or B cell flow crossmatch with a positive DSA
- Female recipient with exposure to paternal antigen

³Oliguric ATN/Delayed CrCl/SGF

Consider performing kidney allograft biopsy at 7-10 days post-transplant, then weekly until kidney function starts to recover

⁴Basiliximab Administration

Second dose can be administered peripherally as an outpatient

5Thymoglobulin®

- Use pre-op weight on day of transplant for dose calculations
- Round doses to nearest 25 mg
- Premedication: administer 30 minutes before dose
 - Steroids = 500mg methylprednisolone pre-op for first dose then daily steroid taper
 - Acetaminophen 650mg PO
 - Diphenhydramine 25mg PO
- Administration: 1st dose over 24 hours and subsequent doses over 4-6 hours. Decrease rate if adverse events occur or if patient becomes hemodynamically unstable

Refer to UCMC Kidney Transplant Immunosuppressant Guidelines: HLA Identical Guidelines

⁶Thymoglobulin® recommended dose adjustments

| Laboratory parameter | Adjustment | Comments |
|---|--------------------|---|
| ANC >1200 cells/μL AND PLT > 80,000 cells/μL | None | Complete held or decreased dose |
| ANC \leq 1200 cells/ μ L OR PLT \leq 80,000 cells/ μ L | Reduce dose by 50% | at next dosing interval (to ensure total dose of either 4.5mg/kg, 6mg/kg, or 7.5mg/kg, as |
| ANC ≤ 800 cells/μL OR PLT ≤ 50,000 cells/μL | Hold dose | appropriate) |

⁷STEROID Administration

Administer methylprednisolone prior to rabbit antithymocyte globulin (Thymoglobulin®) dose when appropriate 8STEROID Taper

| POD | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|-----------------------|-----|-----|-----|----|----|----|----|----|
| Methylprednisolone IV | 500 | 250 | 125 | 80 | | | | |
| Prednisone PO | | | | | 60 | 40 | 30 | 20 |

POD 8: DISCONTINUE steroids

⁹CRITERIA for STEROID continuation:

Consider continuing prednisone 5mg PO daily indefinitely if the following:

- History of biopsy-proven IgA nephropathy
- DSA ≥ 4000 MFI prior to transplant
- Chronic prednisone use at time of transplant

¹⁰Mycophenolate recommended dose adjustments

| Laboratory parameter | Adjustment | | | |
|-----------------------------|---|--|--|--|
| Mycophenolate mofetil (MMF) | | | | |
| WBC ≤ 3000 cells/μL | Refer to leukopenia management guideline | | | |
| ANC ≤ 1500 cells/μL | MPA AUC methodology can be found in the PK monitoring of mycophenolate mofetil (Cellcept®) guidelines | | | |

¹¹For African Americans: consider tacrolimus starting dose of 0.2 mg/kg/day divided in 2 daily doses

¹²For African Americans: start tacrolimus at 4 mg PO BID