

# Advances in Ultrasound in **Obstetrics and** **Gynecology**

**Friday, October 14, 2016**

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*Symposia At Sea*

**Practical Approach to Ultrasound  
in Obstetrics and Gynecology**

Book By March 26, 2017

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# **CODING IN ULTRASOUND IMAGING: ENSURING COMPLIANCE WITH GUIDELINES AND OPTIMIZING REIMBURSEMENT**

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## Coding in Ultrasound Imaging: Ensuring Compliance with Guidelines and Optimizing Reimbursement

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## Coding in Ultrasound Imaging: Ensuring Compliance with Guidelines and Optimizing Reimbursement

James M. Shwayder, M.D., J.D.

Disclosures: None

### Outline

- CPT coding
- ICD-9 and ICD-10
- Supervision requirements
- Appropriate documentation and coding
  - Obstetrical ultrasound
  - Gynecologic ultrasound
  - 3D/4D sonography

### Coding Resources



- Procedures
  - Current Procedural Terminology
  - CPT® 2016
- Diagnosis
  - International Classification of Diseases
  - ICD-10-CM
- Resources
  - ACOG, AMA, AIUM

### Procedural Coding

- CPT book sets the rules
- Descriptions are imperfect

### ICD-10-CM Diagnosis Coding

- Diagnostic services during an encounter/visit
  - Sequence: diagnosis, condition, problem, or other reason (symptom) for encounter/visit
- Outpatient encounters for diagnostic tests and procedures and the final report is available at the time of coding
  - **Code any confirmed or definitive diagnosis documented in the interpretation.**
  - Do not code related signs and symptoms as additional diagnosis

[www.cdc.gov/nchs](http://www.cdc.gov/nchs)

## International Classification of Diseases (10<sup>th</sup> Revision) - ICD-10

- ICD-10 promotes international comparability in the collection, classification, processing and presentation of mortality statistics.
- Developed collaboratively between WHO and 10 international centers
- Effective Oct. 1, 2013 (Now delayed to 10/2015)
- The code-set will grow from its current 17,000 codes to more than 141,000, and the format is new with seven alpha-numeric codes instead of five numeric digits.

[www.cdc.gov/nchs](http://www.cdc.gov/nchs)

## CPT Coding and RVU's

### CPT

- Professional component
- Technical component

### RVU

- Relative value unit associated with each service
- 2016 Conversion \$35.8043

[www.cms.gov](http://www.cms.gov)

## Professional Component (-26)

### The physician

- Supervises the test
- Interprets the test
- Prepares the written report

## Technical Component (-TC)

### Costs associated with

- The technician's salary/benefits
- The equipment
- Any necessary supplies

## Fully Implemented Non-Facility Billing A code reported without a modifier

### Combines

- Professional component
- Technical component
- Any necessary supplies
- Image storage

## Physician Supervision

- General Supervision
- Direct Supervision
- Personal Supervision

Medicare Requirements for Physician Supervision of Sonographers.  
[www.acog.org/departments](http://www.acog.org/departments)

## Physician Supervision

### General Supervision

- Procedure is furnished under the physician's overall direction and control
- The physician's presence is not required during the performance of the procedure.
- The training of the nonphysician personnel who perform the diagnostic procedure and equipment maintenance are the responsibility of the physician

Medicare Requirements for Physician Supervision of Sonographers.  
[www.acog.org/departments](http://www.acog.org/departments)

## Physician Supervision

### Direct Supervision

- The physician must be present in the office suite and immediately available to furnish assistance and direction throughout the performance of the procedure.
- The physician's in-room presence is not required during the performance of the procedure.

Medicare Requirements for Physician Supervision of Sonographers.  
[www.acog.org/departments](http://www.acog.org/departments)

## Physician Supervision

### Personal Supervision

- Physician must be in attendance in the room during the performance of the procedure.

Medicare Requirements for Physician Supervision of Sonographers.  
[www.acog.org/departments](http://www.acog.org/departments)

## 2013 Physician Supervision

### Personal Supervision of Gyn US

- **Sonohysterography (ultrasound)**
  - 76831 - TC

Medicare Requirements for Physician Supervision of Sonographers.  
[www.acog.org/departments](http://www.acog.org/departments)  
[www.cms.gov](http://www.cms.gov)

		2009 National Physician Fee Schedule		CPT codes and descriptions only are provided. Dental codes (D codes) are copyright © American Dental Association. All rights reserved.	
		CONV. FACTOR		PHYSICIAN SUPERVISION OF DIAGNOSTIC PROCEDURES	
CODE	DESCRIPTION	CONV. FACTOR	DIAGNOSTIC PROCEDURES	CAL. FLAT	PHYSICIAN SUPERVISION OF DIAGNOSTIC PROCEDURES
70817	Transvaginal us, obstetric, A	36.0666	09	0	
70817-TC	Transvaginal us, obstetric, A	36.0666	01	0	
70818	Fetal biophysical profile us(A)	36.0666	03	0	
70818-TC	Fetal biophysical profile us(A)	36.0666	09	0	
70819	Fetal biophysical profile us(A)	36.0666	03	0	
70819-TC	Fetal biophysical profile us(A)	36.0666	09	0	
70820	Umbilical artery echo, A	36.0666	03	0	
70820-TC	Umbilical artery echo, A	36.0666	09	0	
70821	Middle cerebral artery echo(A)	36.0666	09	0	
70821-TC	Middle cerebral artery echo(A)	36.0666	01	0	
70825	Echo exam of fetal heart, A	36.0666	09	0	
70825-TC	Echo exam of fetal heart, A	36.0666	09	0	
70826	Echo exam of fetal heart, A	36.0666	09	0	
70826-TC	Echo exam of fetal heart, A	36.0666	01	0	
70827	Echo exam of fetal heart, A	36.0666	09	0	
70827-TC	Echo exam of fetal heart, A	36.0666	01	0	
70828	Echo exam of fetal heart, A	36.0666	09	0	
70828-TC	Echo exam of fetal heart, A	36.0666	01	0	

[www.cms.gov](http://www.cms.gov)

## Medicare Fee Schedule

### Supervision Requirements

- 0 Procedure is not a diagnostic test or procedure is a diagnostic test that is not subject to the physician supervision policy.
- 1 Procedure must be performed under the general supervision of a physician.
- 2 Procedure must be performed under the direct supervision of a physician.
- 3 Procedure must be performed under the personal supervision of a physician.
- 9 Concept does not apply.

## Coding – Ob Sonography 1<sup>st</sup> Trimester

- 76801      Ultrasound pregnant uterus, real time with image documentation, fetal and maternal evaluation, first trimester (< 14 weeks 0 days), *transabdominal approach*; single or first gestation
- 76802      ; each additional gestation. Add on code to 76801.

## Coding – Ob Sonography Vaginal Sonography

- 76817      Ultrasound pregnant uterus, real time with image documentation, transvaginal
- No contingency for multiple gestations
- If transvaginal examination is done in addition to transabdominal obstetrical ultrasound exam, use 76817 in addition to the appropriate transabdominal code

## Coding – Ob Sonography 2<sup>nd</sup>/3<sup>rd</sup> Trimester

- 76805      Ultrasound pregnant uterus, real time with image documentation, fetal and maternal evaluation, after first trimester ( $\geq$  14 weeks 0 days), *transabdominal approach*; single or first gestation
- 76810      ; each additional gestation.
  - Add on code to 76805

### ~~Level 1 Scan~~

- Survey**
- Viability (cardiac activity)
  - Fetal number
  - Fetal presentation
  - Amniotic fluid volume
  - Placental position
- Fetal biometry**
- BPD, HC, AC, FL, EFW

## 76805 Standard Content: Basic Scan

- Survey**
- Viability (cardiac activity)
  - Fetal number
  - Fetal presentation
  - Amniotic fluid volume
  - Placental position

**Fetal biometry**

- BPD, HC, AC, FL, EFW

**Anatomic survey**

- Head, face and neck, chest, abdomen, spine, extremities, gender

**Maternal anatomy**

- Cervix, adnexa, uterine anomalies

## 76805 Essential Elements of Anatomy

**Head, face and neck**

- Cerebellum, choroid plexus, cisterna magna, lateral ventricles, midline falk, lips

**Chest**

- 4-chamber cardiac view
- Outflow tracts

**Abdomen**

- Stomach, kidney, bladder, cord insertion, cord vessels (adrenal glands)

**Spine**

- Cervical, thoracic, lumbar, sacral

**Extremities**

- Legs and arms present or absent
  - (comment on inability to visualize all extremities)

## Fetal Imaging

Executive Summary of a Joint *Eunice Kennedy Shriver National Institute of Child Health and Human Development, Society for Maternal-Fetal Medicine, American Institute of Ultrasound in Medicine, American College of Obstetricians and Gynecologists, American College of Radiology, Society for Pediatric Radiology, and Society of Radiologists in Ultrasound Fetal Imaging Workshop*

*Uma M. Reddy, MD, MPH, Alfred Z. Abuhamad, MD, Deborah Levine, MD, George R. Saade, MD, for the Fetal Imaging Workshop Invited Participants*

Reddy et al. J Ultrasound Med 2014 May;33(5):745-57.  
Reddy et al. Am J Obstet Gynecol 2014 May;210(5):387-97.  
Reddy et al. Obstet Gynecol 2014 May;123(5):1070-82.

## Inability to Visualize Anatomy

### Obese women

- Ultrasound at 20-22 weeks
- 2 weeks later than in the nonobese patient

## Inability to Visualize Anatomy

- If fetal anatomy cannot be assessed completely
- Follow-up examination in 2-4 weeks
- Comment on any limitation of the exam
- Follow-up
- Only as clinically indicated

## Coding – Ob Sonography 2<sup>nd</sup>/3<sup>rd</sup> Trimester

- 76811      Ultrasound pregnant uterus, real time with image documentation, maternal evaluation plus *detailed fetal evaluation*, transabdominal approach; single or first gestation
- 76812      ; each additional gestation.
  - Add on code to 76811

## Detailed Anatomic Examination 76811

Performed when an anomaly is suspected on the basis of history, biochemical abnormalities, or the results of either the limited or standard [basic] scan

## SMFM Statement on 76811

Because this code is assigned more RVUs than the basic obstetrical sonogram (76805), the SMFM believes the code describes an examination involving significantly more work, and requiring greater expertise than that required for 76805.

## SMFM Statement on 76811

Additionally, sophisticated equipment, rather than typical office level ultrasound machines, will be required to obtain the necessary imaging detail.

## SMFM Statement on 76811

The level of expertise required to perform this examination can generally only be obtained through the extended education beyond residency that is acquired in a fellowship in Maternal-Fetal Medicine or Radiology...Use of this code by general obstetricians should be the exception rather than the rule.

## AIUM – 76811 Consensus Statement

- Previous fetus or child with a congenital, genetic, or chromosomal abnormality
- Known or suspected fetal anomaly or known growth disorder in current pregnancy

76811 Task Force. J Ultrasound Med 2014; 33:189-195.

## AIUM – 76811 Consensus Statement

- Fetal at increased risk for a congenital anomaly:
- Maternal pregestational diabetes or gestational diabetes before 24 weeks
  - High BMI ( $\geq 35 \text{ kg/m}^2$ )
  - Multiple gestation
  - Abnormal maternal serum analytes
  - Teratogen exposure
  - 1<sup>st</sup> trimester NT  $\geq 3.0 \text{ mm}$

76811 Task Force. J Ultrasound Med 2014; 33:189-195.

## AIUM – 76811 Consensus Statement

- Other conditions affecting the fetus:
- Congenital infections
  - Maternal drug dependence
  - Isoimmunization
  - Oligohydramnios
  - Polyhydramnios

76811 Task Force. J Ultrasound Med 2014; 33:189-195.

## 76811

- 655.8
  - Suspected or known chromosomal abnormality
- 796.5
  - Abnormal finding on antenatal screening
- 278.01
  - Severe obesity (BMI  $\geq 35$ )

## Coding – Ob Sonography Limited study

- **76815** Ultrasound pregnant uterus, real time with image documentation, limited (e.g., fetal heart beat, placental location, fetal position and/or qualitative amniotic fluid volume), one or more fetuses
- Use 76815 only once per exam and not per element

## Coding – Ob Sonography

### 76815 Limited Examination

A limited examination is performed when a specific question requires investigation. For example, a limited examination could be performed to confirm fetal heart activity in a bleeding patient or to verify fetal presentation in a laboring patient. In most cases, limited sonographic examinations are appropriate only when a prior complete examination is on record.

## Coding – Ob Sonography 2<sup>nd</sup>/3<sup>rd</sup> Trimester, Follow-up study

- **76816** Ultrasound pregnant uterus, real time with image documentation, follow-up (e.g., re-evaluation of fetal size by measuring standard growth parameters and amniotic fluid volume, re-evaluation of organ system(s) suspected or confirmed to be abnormal on a previous scan), transabdominal approach, *per fetus*
- Report **76816-59** for each additional fetus examined in a multiple pregnancy.

## Coding – Ob Sonography 2<sup>nd</sup>/3<sup>rd</sup> Trimester

- What about the patient who presents for a repeat study later in the pregnancy?
- Code by status of indication
  - If new indication, use **76805**
  - If not new, use **76816**
    - Even if complete biometry and amniotic fluid assessment performed

## Coding – Ob Sonography Biophysical Profile

- **76818** Fetal biophysical profile; with non-stress testing
- **76819** Fetal biophysical profile; without non-stress testing

## Coding – Ob/Gyn Sonography Fetal Echocardiography

- **76825** Fetal initial (2D +/- m-mode)
- **76826** F/U or repeat (2D +/- m-mode)
- **76827** Doppler echo - initial
- **76828** Doppler echo – F/U or repeat
  - Add to 76825, 26826
- **93325** Color mapping
  - Add to 76825, 76826, 76827, 76828

## Coding – Ob/Gyn Sonography Fetal Evaluation

- 76820 Umbilical artery Doppler
- 76821 Middle cerebral artery Doppler

## Coding – Ob/Gyn Sonography 3-D Rendering

- 76376 and 76377 3-D rendering with interpretation and reporting of computed tomography, magnetic resonance imaging, ultrasound, or other tomographic modality
  - Add on codes to appropriate ultrasound code(s)

## Coding – Ob/Gyn Sonography 3-D Rendering

- 76376 3-D rendering...not requiring image postprocessing on an independent workstation.
- 76377 3-D rendering...requiring image postprocessing on an independent workstation.

## Coding in Ob-Gyn Sonography Modifiers

- 22 Unusual complexity
- 26 Professional component
- 52 Reduced services
- 59 Distinct procedural service, same day (e.g., referral for suspected fetal anomaly on the same day.)
  - Ob uses 76805
  - Consultant uses 76811-59

## Coding – Ob Sonography Nuchal Translucency

- 76813 Ultrasound pregnant uterus, real time with image documentation, first trimester fetal nuchal translucency measurement, transabdominal or transvaginal; single or first gestation (List separately in addition to code for primary procedure)

## Coding – Ob Sonography Nuchal Translucency

- 76814 Ultrasound pregnant uterus, real time with image documentation, first trimester fetal nuchal translucency measurement, transabdominal or transvaginal; each additional gestation (List separately in addition to code for primary procedure)

## ICD-9 Codes

- Use all that apply
- Prioritize
- Sparingly use "V codes" (screening codes) as a primary indication
- Note: Advanced maternal age may not be accepted as an indication for ultrasound or amnio
  - Can use "suspected or known chromosomal abnormality" (655.8)
  - May use diagnosis as reflected on final report

## Coding - Gyn Ultrasound

- Vaginal sonography
  - Dimensions
  - Morphology
  - Dynamic studies
  - 3-D
- Abdominal sonography
- Sonohysterography

## 76830 –Echography, transvaginal

- Complete evaluation of the female pelvic anatomy – vaginal study
- Elements
  - Description and measurements of uterus and adnexal structures (cervix)
  - Measurement of the endometrium
  - Description of the cul-de-sac and fluid
  - Description of the bladder (if applicable)
  - Description of any pelvic pathology

## Adnexa

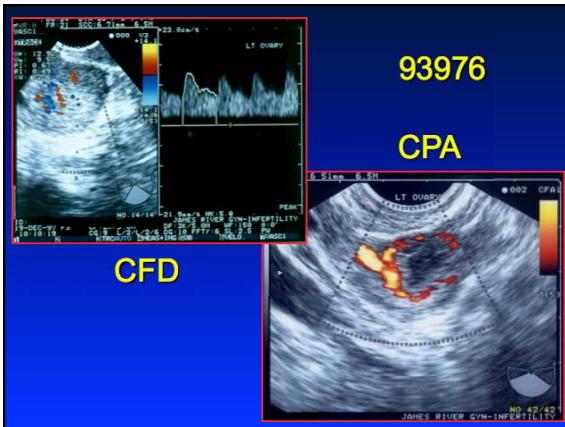
- Ovaries
  - Dimension
    - Length
    - Width
    - Depth
  - Morphology
  - Motion
  - Doppler
- Fallopian Tubes
  - Usually not visualized

## 76856 – Gyn Abdominal (add to TVS)

- Complete evaluation of the female pelvic anatomy – abdominal study
- Elements
  - Description and measurements of uterus and adnexal structures
  - Measurement of the endometrium
  - Measurement of the bladder (when applicable)
  - Description of any pelvic pathology

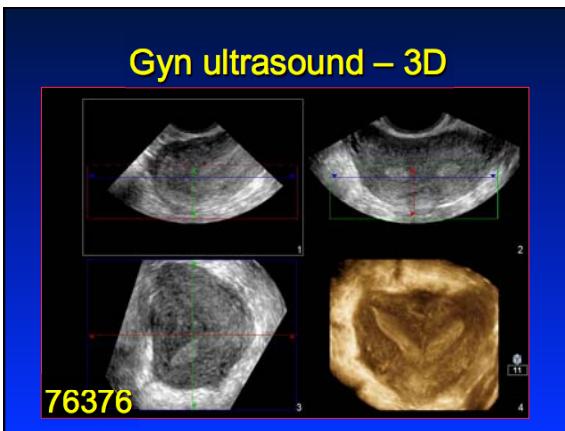
## 76857 – Gyn Limited or follow-up

- Ultrasound, pelvic (nonobstetric), real-time with image documentation; limited or follow-up (e.g. for follicles)
- 76857
  - Used if follow-up of urinary bladder alone, i.e. post-void residual, imaged
- 51798
  - Used for post-void residual non-imaging: i.e. Bladder scan



## Coding Gyn Sonography Doppler Studies

- 93975 Duplex scan of A/V flow: Abdomen and pelvic – Complete
- 93976 Duplex scan of A/V flow: Abdomen and pelvic - Limited



76942

- 76942 Ultrasonic guidance for needle placement imaging supervision and interpretation)

## 76998 – Intraoperative Ultrasound

- Ultrasound guidance, intraoperative
- 76998
  - Ultrasound guided follicular aspiration
  - Ultrasound guided transfer
  - Ultrasound guided insemination

## 76998 – Intraoperative Ultrasound

- Ultrasound guidance, intraoperative
- Documentation may be incorporated into the operative report. A separate report is not required
- Reimbursement for TC = 0.00

## Sonohysterography

- 76831 Hysterosonography; with or without color flow Doppler
  - Includes elements of TVS, therefore is no separate charge for TVS
- 58340 Introduction of contrast agent or saline

## Sonosalpingography

- 76831 Saline infusion sonohysterography (SIS), including color flow Doppler, when performed
  - Includes all elements of 76830 (TVS)
- 58340 Catheterization and introduction of saline or contrast material for saline infusion sonohysterography (SIS) or hysterosalpingography

## Endometrial Cryoablation

- 58356 Endometrial cryoablation with ultrasonic guidance, including endometrial curettage, when performed
- Code 58356 cannot be reported with CPT codes 58100, 58120, 58340, 76700, 76856

## CPT Coding Rules

- Pre-service work can be reported only if "significant and separately identifiable."
- Discussions of procedure & obtaining informed consent is NOT reported separately

## CPT Coding Rules

- Pre-service work can be reported if:
  - Performing another procedure or evaluating another problem
  - Evaluating the patient and decide to perform an ultrasound during the visit

## Coding in OB-Gyn Sonography

- Physician interpretation and signed final report are components of all codes
- A signed note in the progress notes or patient chart is adequate
- It is preferable to take photographs and place with the note (compliance issues)
- It is preferable to have a formal, final report, retaining all images for the SOL

### CPT General Coding Rules

- The diagnosis code should demonstrate the medical necessity for the procedure
- Report only the procedures that were performed and documented

### CPT Coding Rules

- Do not change the codes reported in order to obtain reimbursement for non-covered services.
- Report the highest valued procedure code first on the claim form.



Thank You

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Department of Obstetrics and Gynecology  
University of Mississippi  
Jackson, Mississippi



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# **THE SECOND TRIMESTER GENETIC SONOGRAM: WHAT DOES IT ENTAIL AND IS IT STILL USEFUL?**

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Baltimore, MD

*Contribution Not Received in Time for Inclusion.*



*Notes*



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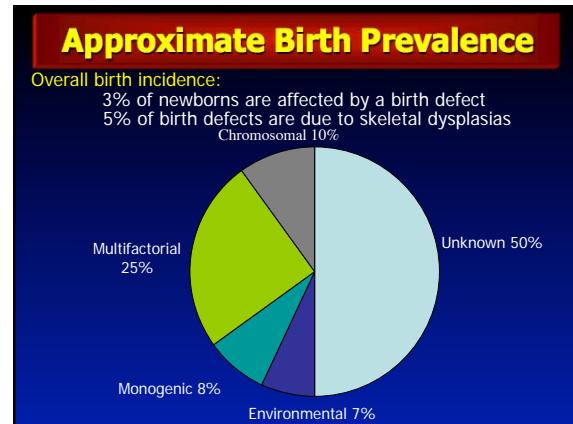
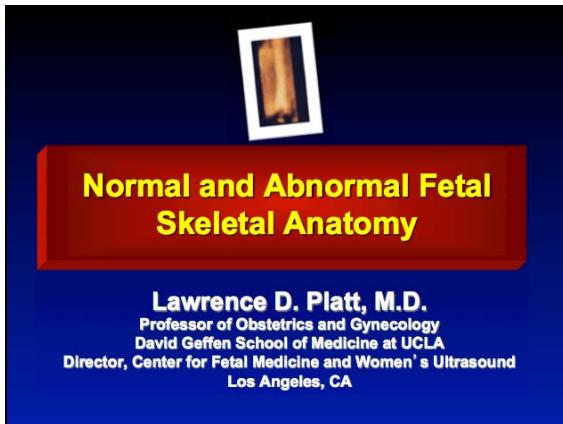
# **THE NORMAL AND ABNORMAL FETAL SKELETON**

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**Lawrence D. Platt, M.D.**

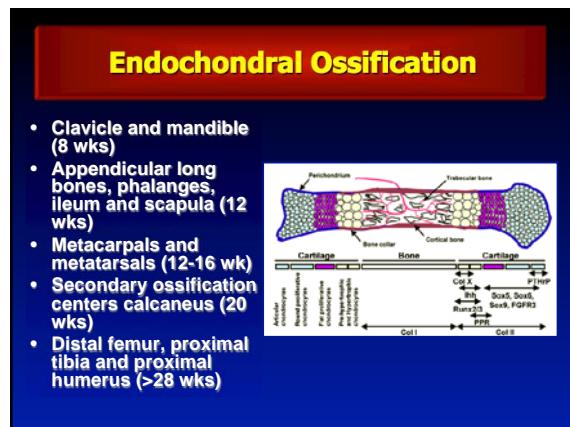
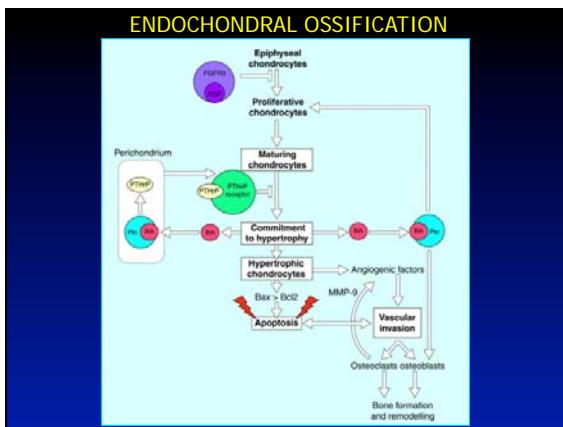
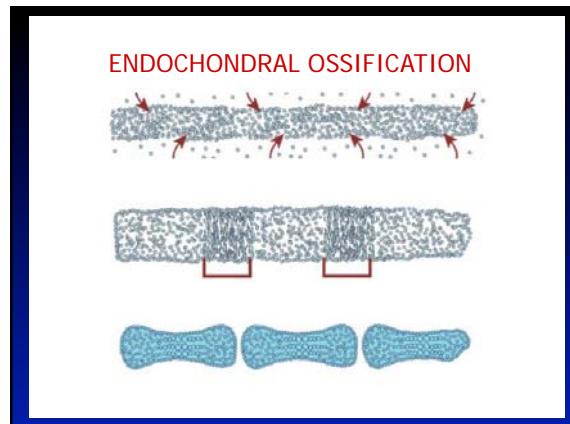
Director Center for Fetal Medicine and Women's Ultrasound  
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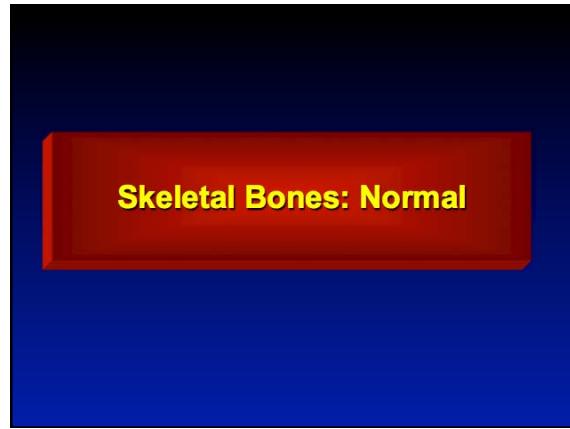
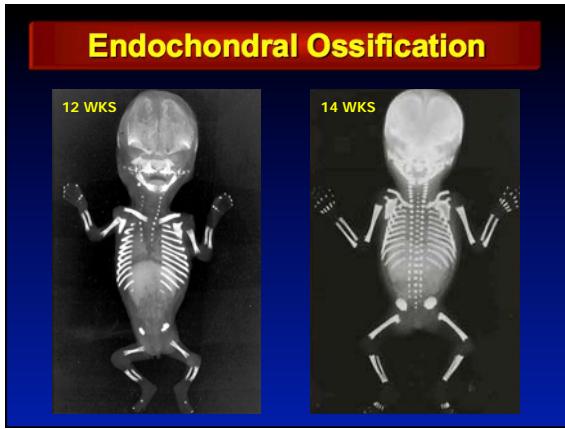
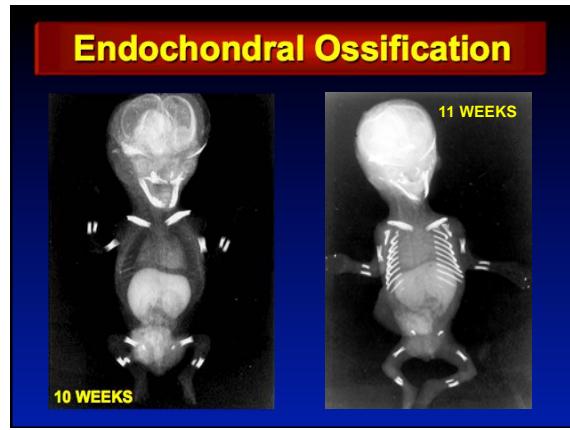




### Approximate Birth Prevalence

Dysplasia	Prevalence
Achondroplasia	1/10,000
Thanatophoric dysplasia	1/10,000
Osteogenesis imperfecta type II	1/20,000
Achondrogenes	1/40,000
Asphyxiating thoracic dysplasia	1/70,000
Congenital hypophosphatasia	1/100,000
Campomelic dysplasia	1/110,000
Chondrodysplasia punctata (rhizo)	1/150,000







### Hands: 20 Weeks 3D VCI Omni View



### Ileum: 21 Weeks 2D



### Sternal Center: 21 Weeks



### Radius / Ulna: 25 weeks 2D

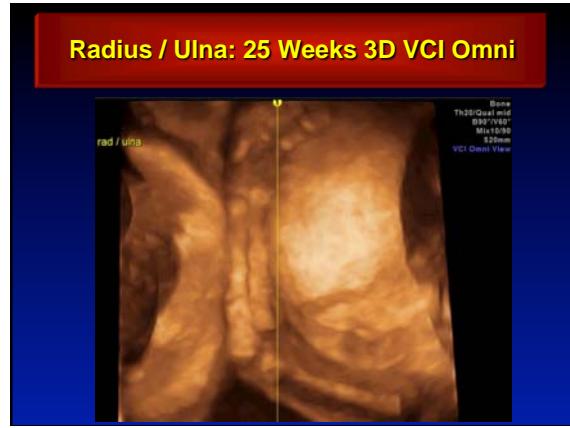
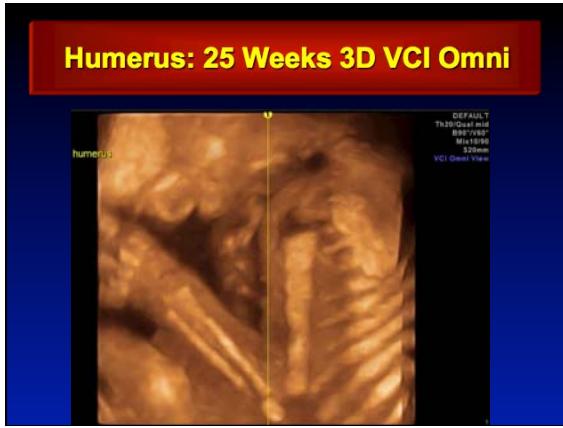
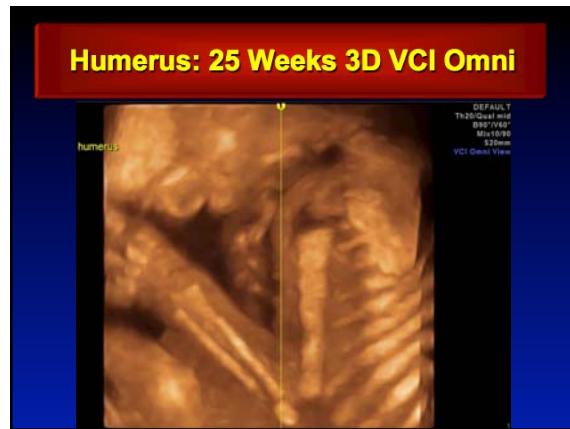
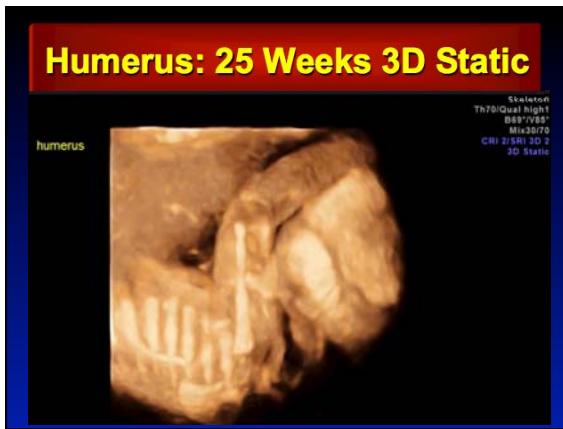
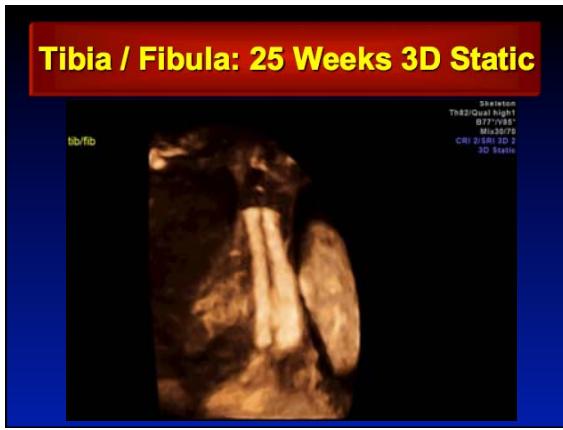


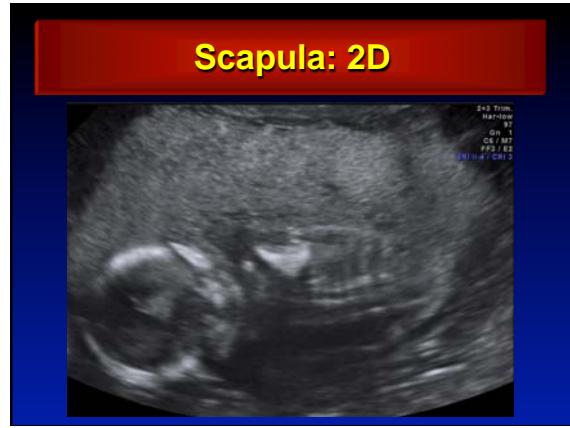
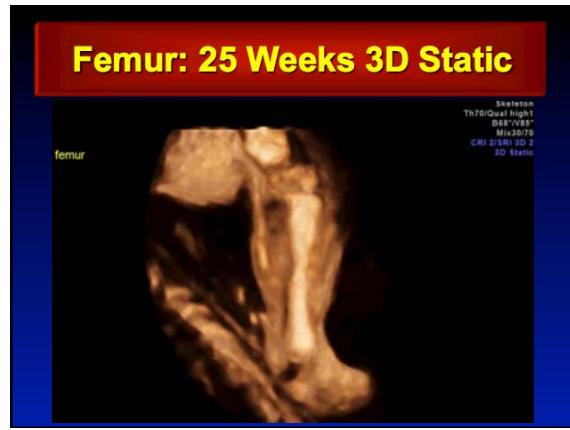
### Radius / Ulna: 25 Weeks 3D Static

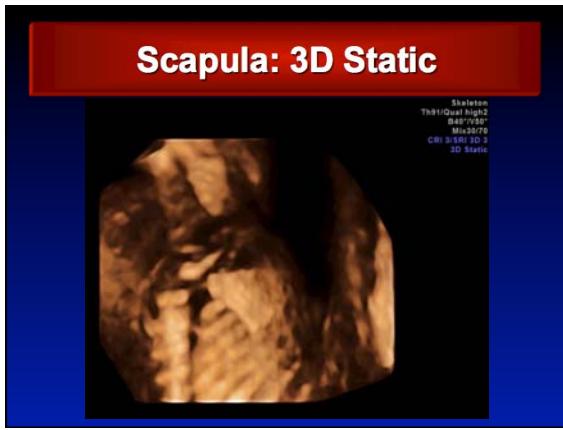


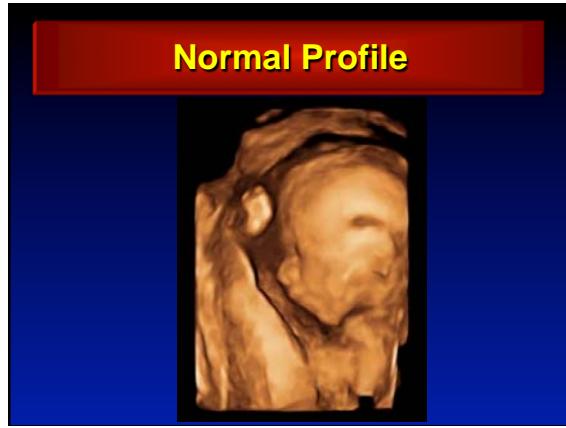
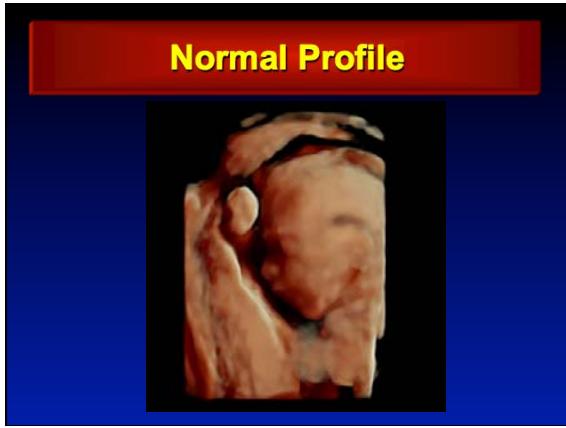
### Tibia / Fibula: 25 Weeks 3D VCI Omni

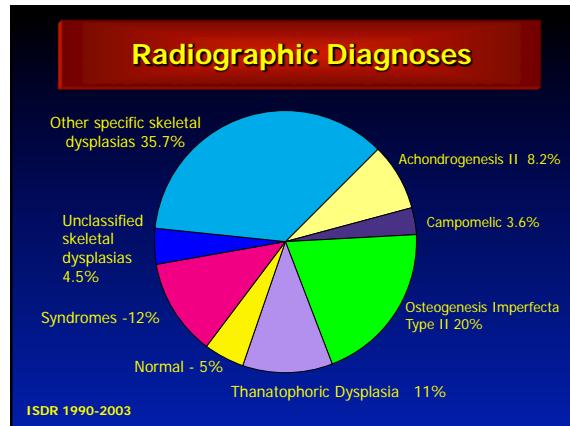
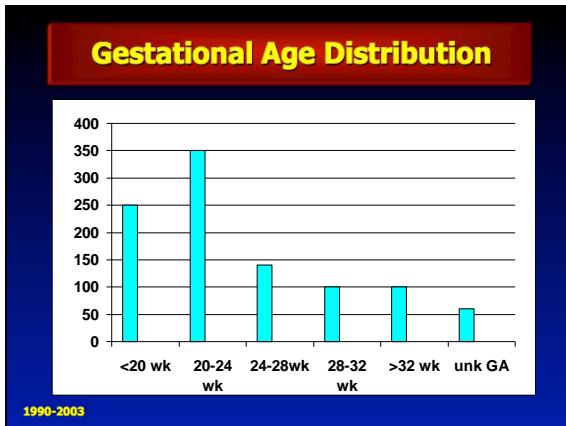
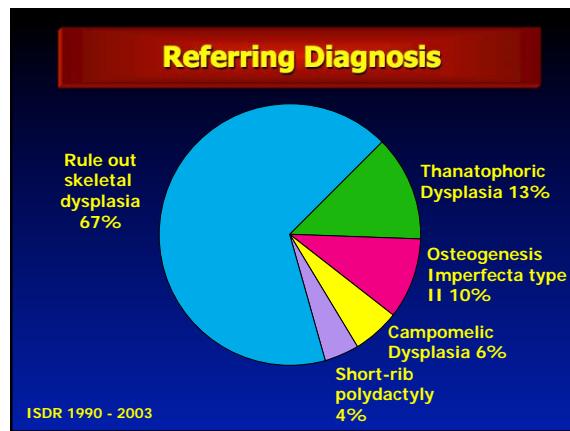
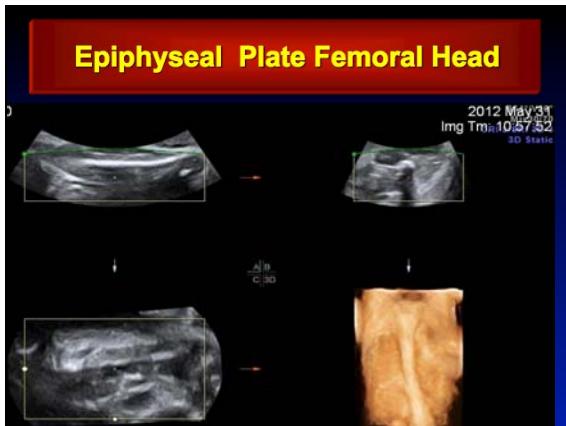


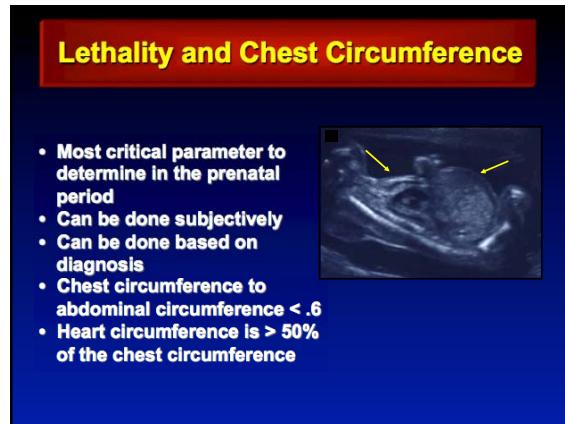
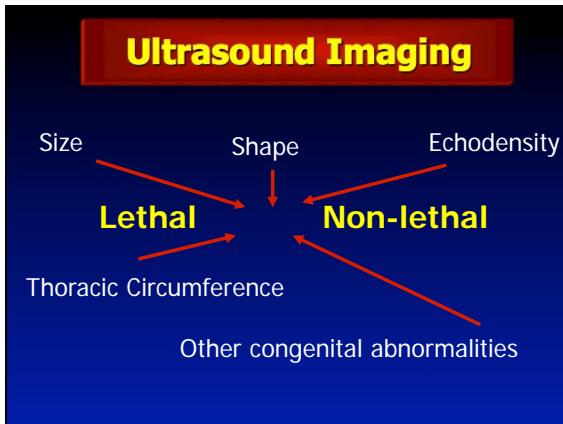
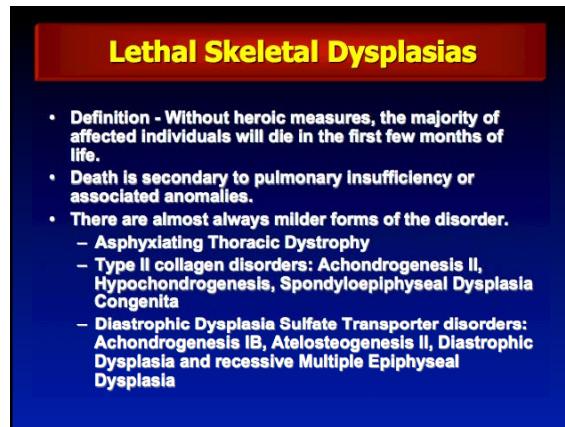
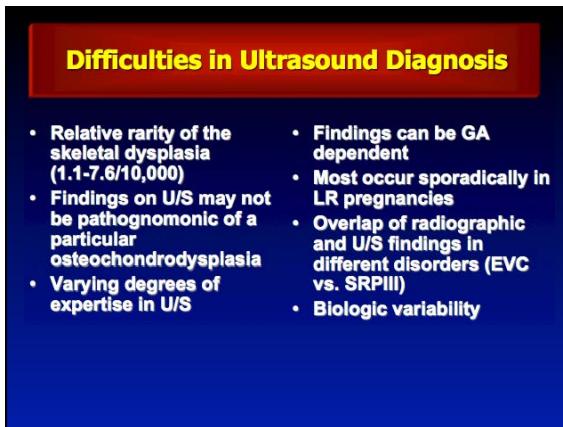
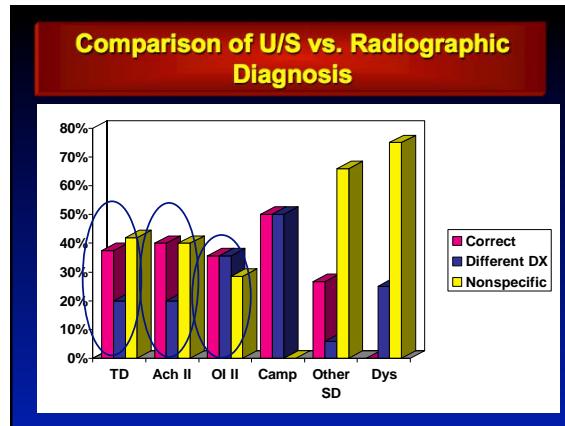
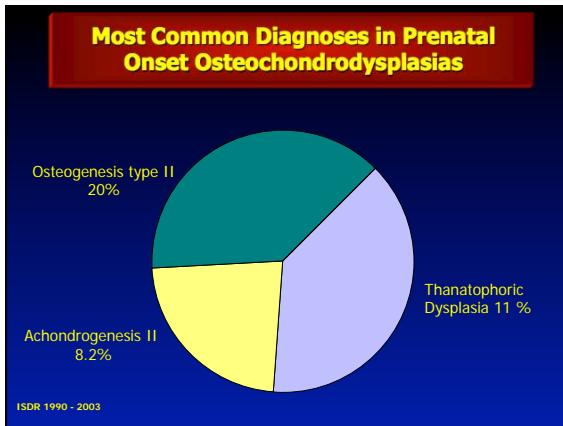


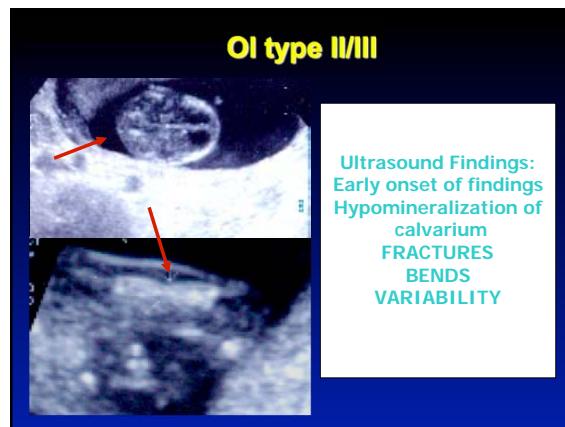
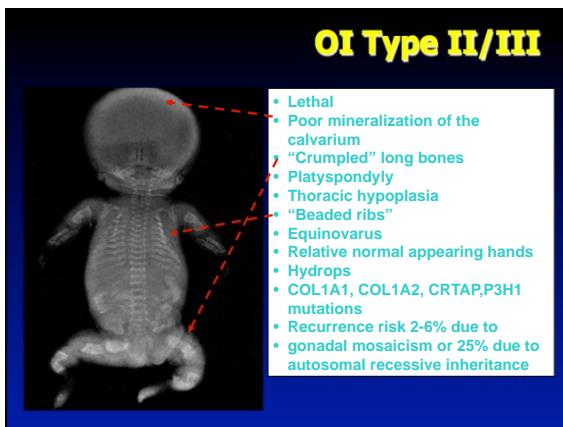
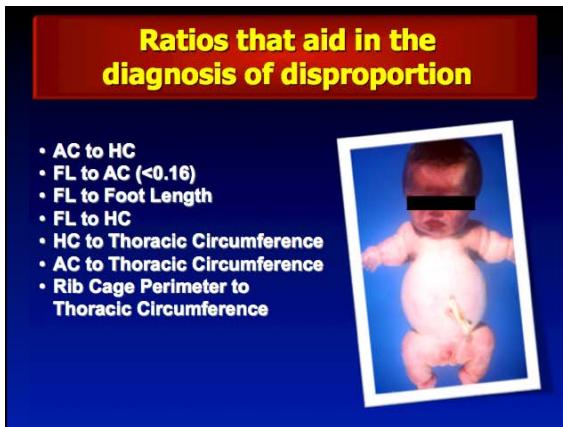
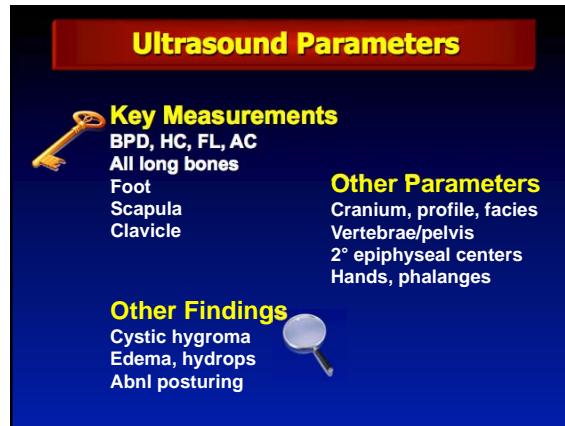
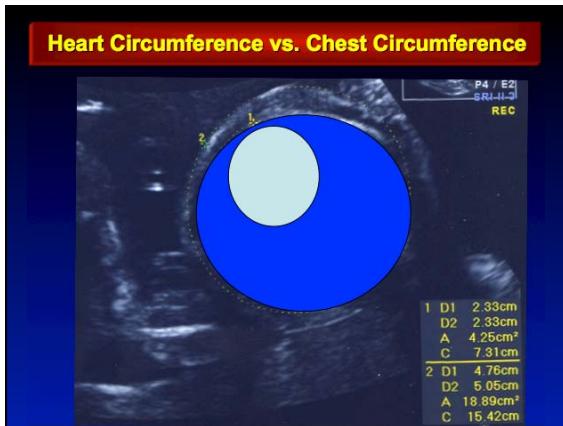


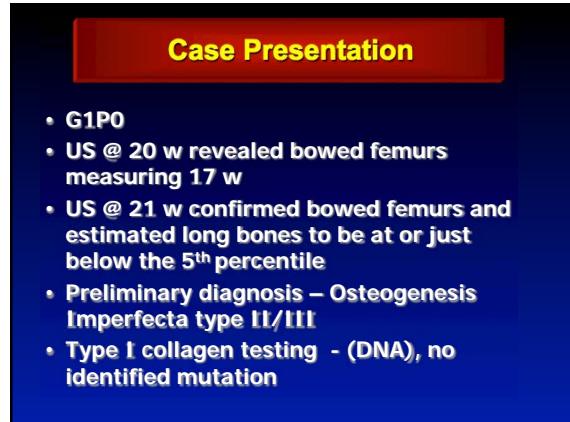
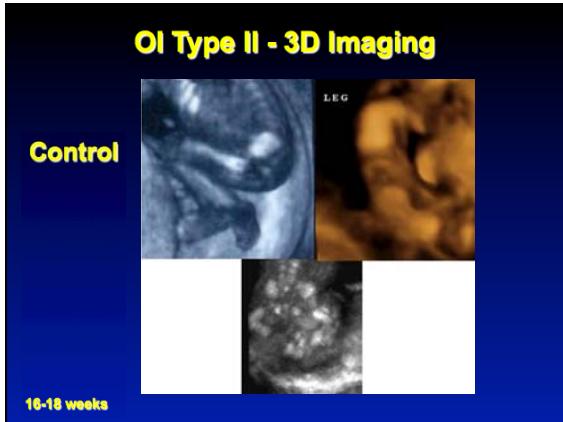
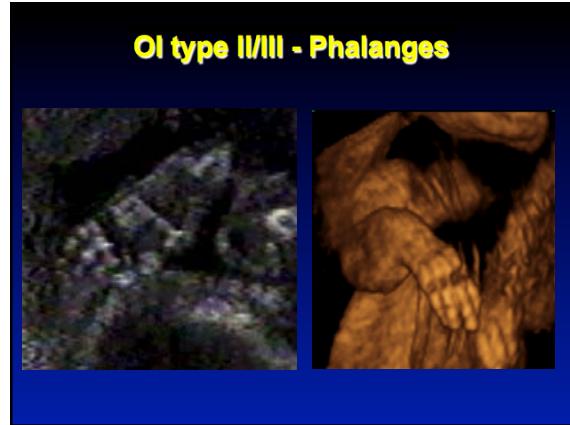
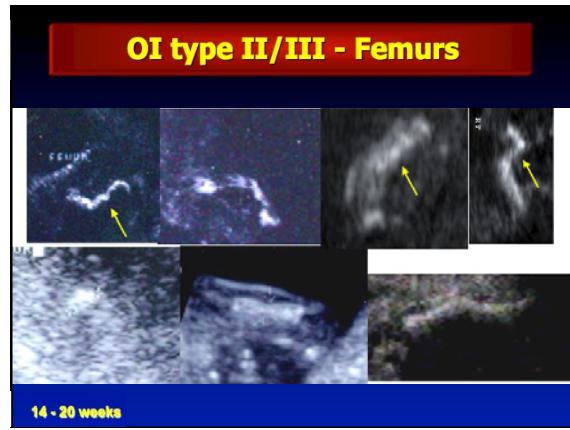
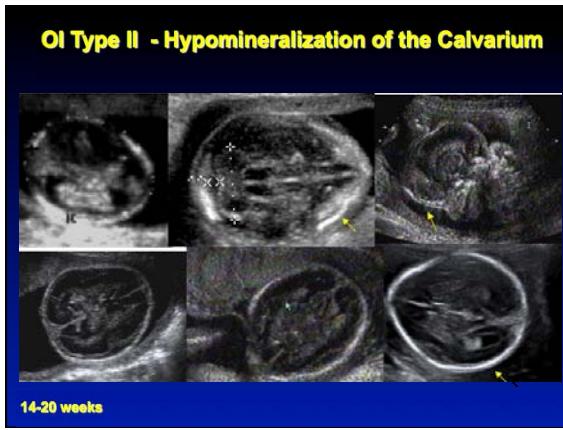


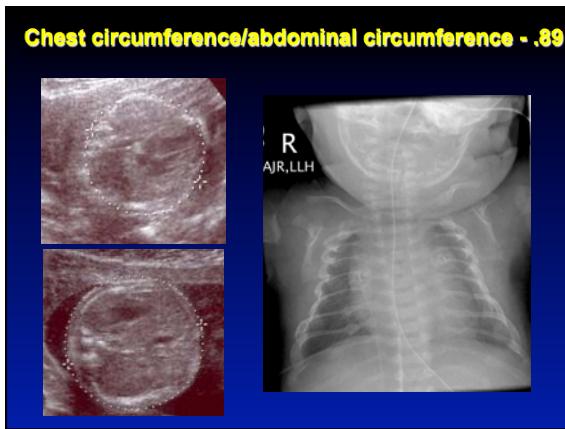
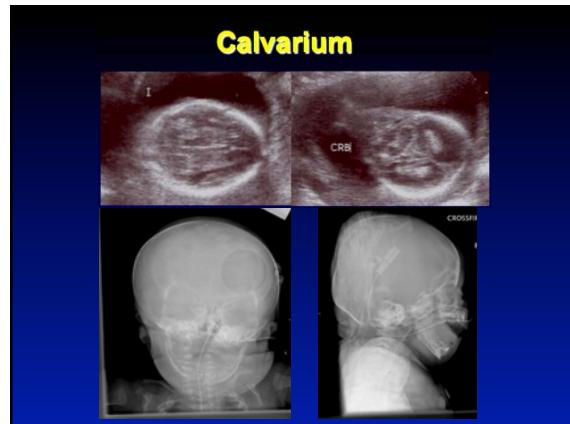
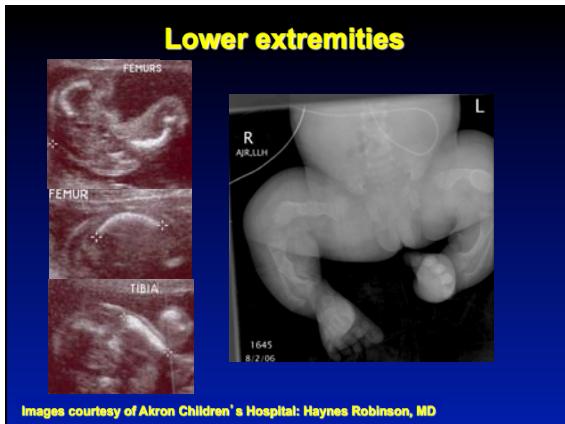










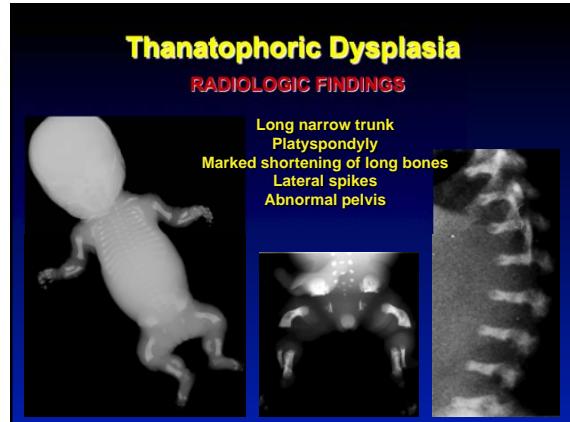
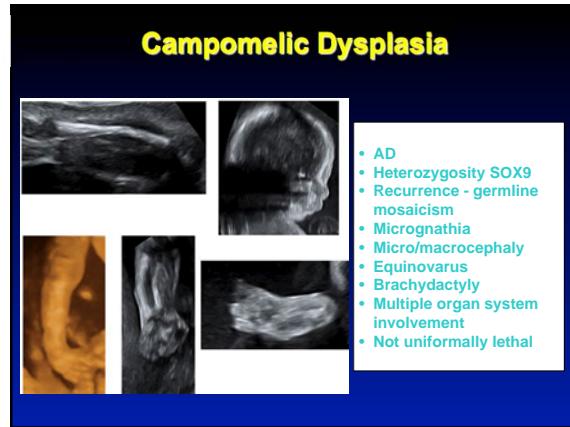
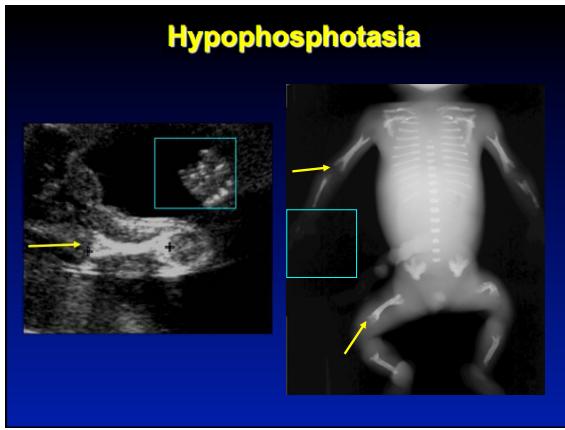


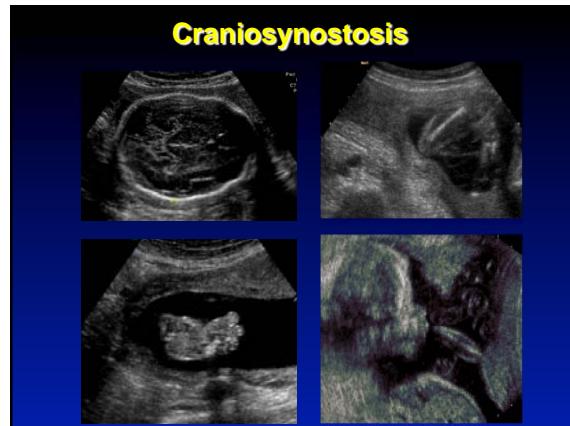
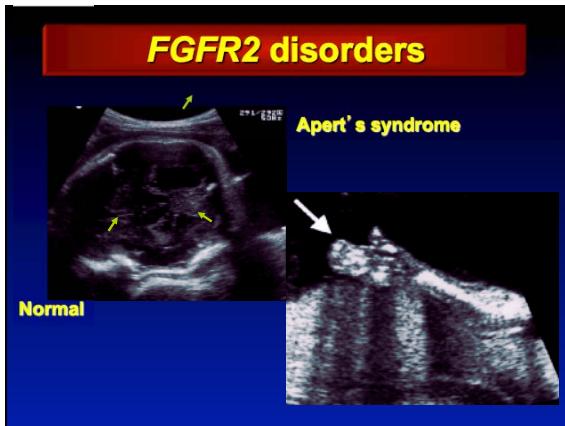
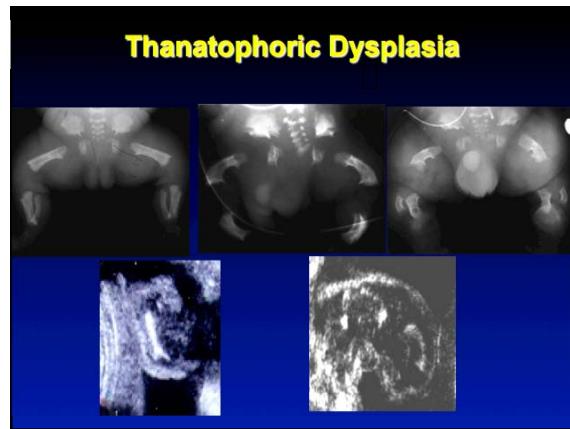
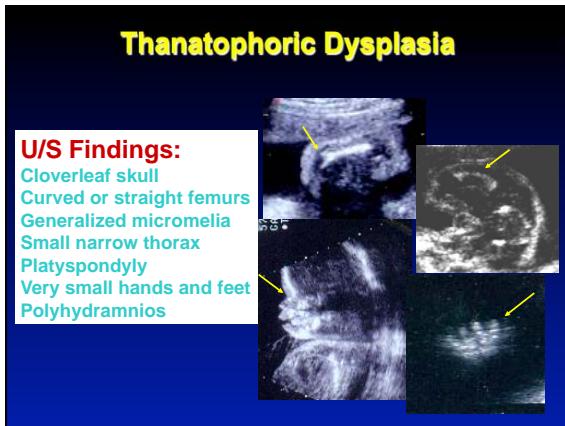
**Take home message!**

- Ultrasound and postnatal radiographs consistent with Osteogenesis Imperfecta type II/III
- Molecular analysis showed that this fetus has a recessive form of OI due to mutations in *CRTAP*
- Familial recurrence risk now 25%, not 2% as previously thought based on germline mosaicism

**Differential Diagnosis of Hypomineralization Disorders**

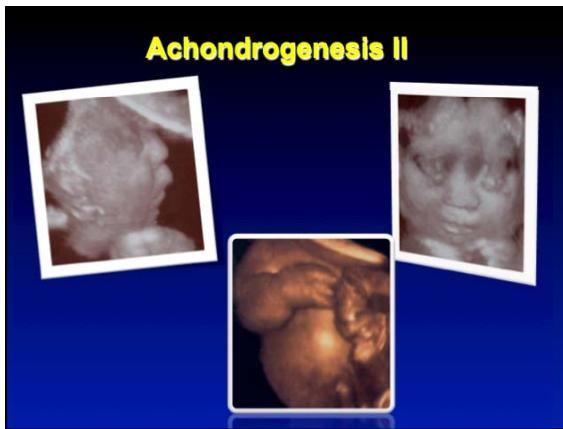
<b>Osteogenesis Imperfecta</b> Demineralized calvarium Fractures Platyspondyly Normal appearing hands	<b>Cleidocranial Dysplasia</b> Autosomal Dominant Demineralization of the calvarium Clavicle hypoplastic Relatively normal appearing long bones
<b>Hypophosphatasia</b> Autosomal Recessive Fractures "Chromosome-appearing" bones Very poor mineralization of the hands	





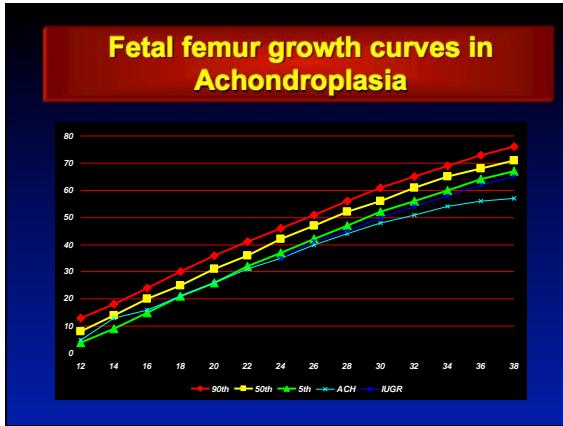
### Achondrogenesis II

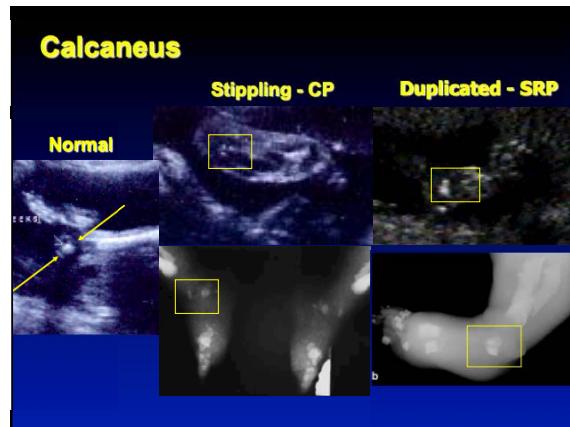
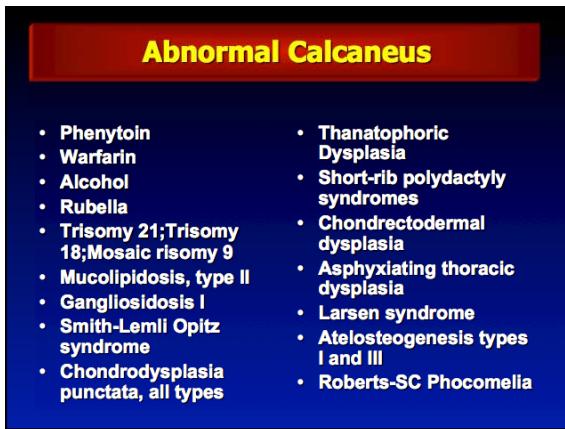
- Lethal
- Defects in COL2A1
- Cystic hygroma
- Hydrops
- Mid-face Hypoplasia
- Micrognathia
- Severe Micromelia (all segments)
- Equinovarus
- Absent mineralization of the vertebral bodies
- Metaphyseal "spikes"

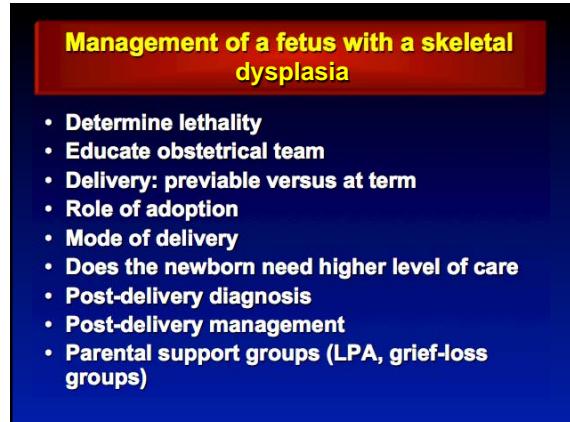
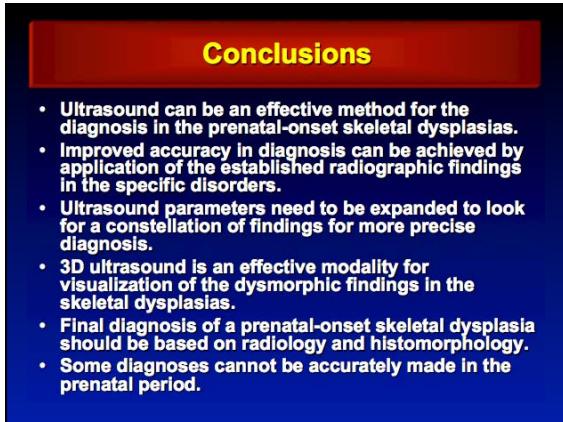
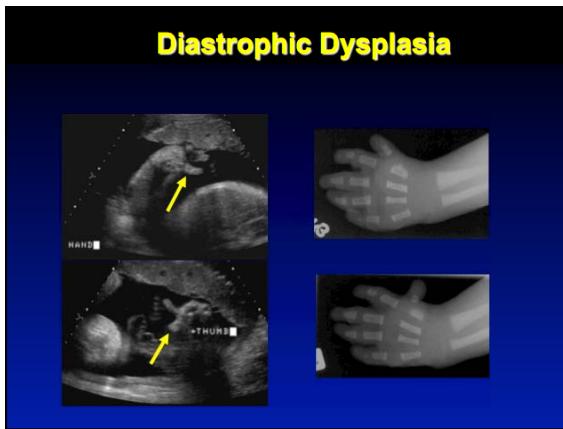
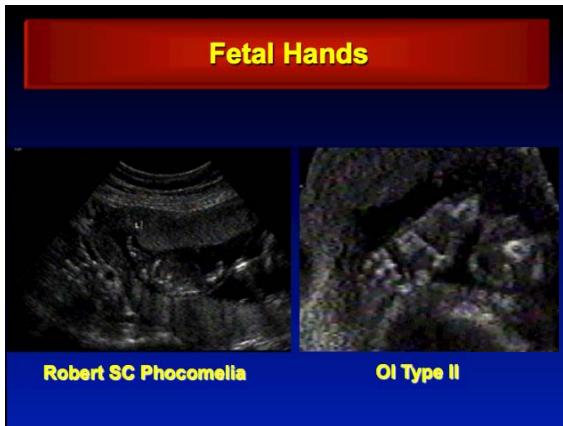


### Achondroplasia

Autosomal Dominant  
80% cases arise *de novo*  
Exclusively on the paternal allele  
Frequently not diagnosed until the 3rd trimester  
Frequent complications: orthopedic, ENT, and neurologic







### Management of a fetus with a skeletal dysplasia

- Delivery: pre-viable versus at term
- Will awaiting DNA diagnosis affect parental decisions?
- Mode of delivery/Availability of trained personal
- Importance of counselling regarding NEED for postnatal diagnosis by autopsy (x-rays, histomorphology of relevant tissues, DNA diagnosis as appropriate)
- Coordination of pediatric personal regarding resuscitation including pre-delivery agreement on management plan
- Mode of delivery at term: issues regarding breech presentation, relative macrocephaly and intrapartum fetal distress
- Counseling re: lethality is not frequently, not immediate

### Management of the fetus with a non-lethal skeletal dysplasia

- Is the diagnosis definitive?
- What is the differential diagnosis?
- Within the differential diagnosis is the natural history associated with a small percentage of lethality or respiratory compromise?
- Is there a possibility the child will need a higher level of care?
- Osteogenesis imperfecta - no evidence of increased fractures with vaginal versus C/S, do not recommend instrumental delivery
- High incidence of C/S due to relative macrocephaly
- Cord blood for a source of DNA
- Full genetic survey

### Management of maternal patients with short stature

OBSTETRICS AND OBSTETRICAL ANESTHESIA ISSUES IN WOMEN WITH DWARFISM  
JE Hoover-Fong, G Oswald, D Miller, J Leadroot, H Barnes, J Rossiter, D Penning, I Berkowitz, D Krakow

- ✓ Advocacy for reproductive rights of individuals with skeletal dysplasias (short stature)
- ✓ Education of the obstetrical and anesthesia communities
- ✓ What are the risks to the mother, the fetus? Are they real?

### Management of maternal patient with short stature

- What is the maternal diagnosis?
- What is the mode of inheritance?
- Non-assortive mating in the short stature community
- What is the diagnosis in the partner?
- Has mutational analysis been performed on both parents prior to pregnancy? Is it even possible?
- What are the couple's feeling regarding prenatal diagnosis and termination if necessary?
- Should a short stature individual take the risk of pregnancy for a lethal disorder?
- Who is going to care for the patient?

### Management of maternal patient with short stature

- Maternal diagnosis
  - Long trunk versus short trunk
    - Achondroplasia, pseudoachondroplasia
    - SEDC, OI type III, Cartilage Hair Hypoplasia, Diastrophic Dysplasia
- Normal pregnancy associated with increased pulmonary dead space and increased heart rate.
- The increased incidence of pulmonary compromise in short trunk dwarfism. Increasing fundal pressure on diaphragm!

### Management of maternal patient with short stature

- Non-assortive mating
  - Compound heterozygosity
    - Achondroplasia/Achondroplasia
    - Achondroplasia/SEDC
    - SEDC/pseudoachondroplasia
    - Achondroplasia/acrolaryngeal

## Management of maternal patient with short stature

- Non-assortive mating
  - Preimplantation diagnosis for determining affected embryo status
  - Is PGD effective in determining compound heterozygosity? Which diagnosis would the couple prefer?
  - Chorionic villous sampling in short stature women can be challenging due to high incidence of retroverted or anteverted uterus.
    - May need abdominal CVS or 15-20 wk amniocentesis

## Management of maternal patient with short stature

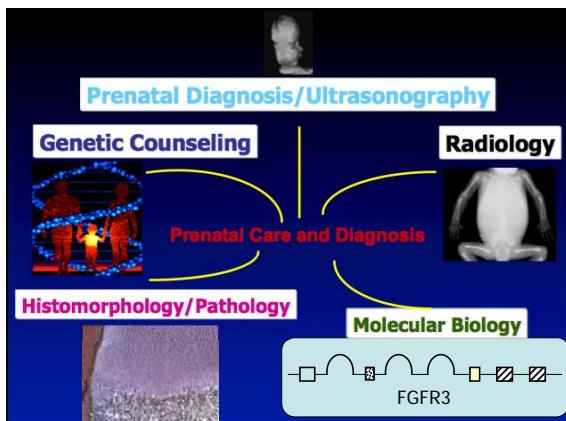
- Length of gestation
  - 8% of the general population delivers preterm
    - 16% if 1 previous PTD
    - 32% if 2 previous PTD,
    - >50% with 3 or more PTD
  - Most LP decrease physical activity around 24-28 weeks
  - Delivery at 34-36 weeks after documentation of fetal lung maturity
  - Vast majority of LP are delivered by C/S

## Management of maternal patient with short stature

- Management of Delivery
  - Anesthesia
    - Maternal Diagnosis
    - Epidural versus spinal versus general anesthesia; adult or weight doses???
    - For disorders associated with spinal stenosis or spinal abnormalities, pre-pregnancy MRIs can be helpful
    - For disorders with risk for odontoid hypoplasia, general anesthesia with intubation should be done with care
    - Pre-delivery anesthesia consult with anesthesia

## Pregnancy in Short Stature Women

- Most short stature women tolerate pregnancy well!
- Major concerns include proper care, compound heterozygosity, preterm labor, shortness of breath, back pain (achondroplasia), mode of delivery and anesthesia
- Osteogenesis Imperfecta: bisphosphonates are contraindicated in pregnancy, what are the long term effects on bone in pregnancy and lactation?



## International Skeletal Dysplasia Registry

David L. Rimoin  
Daniel H. Cohn  
William R. Wilcox  
Ralph S. Lachman  
Deborah Krakow  
Yasemin Alanay

MaryAnn Priore, coordinator  
Tara Funari  
Arleen Hernandez  
Sue Lief  
Betty Melkian



Medical Genetics Institute  
Cedars-Sinai Medical Center  
Department of Human Genetics  
UCLA School of Medicine

Supported by NIH HD22657

*Notes*



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# **ULTRASOUND OF THE FETAL GENITOURINARY TRACT**

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**Jude P. Crino, M.D.**

Assistant Professor, Maternal-Fetal Medicine  
Director, Perinatal Ultrasound  
Department of Gynecology and Obstetrics  
Johns Hopkins University School of Medicine  
Baltimore, MD

*Contribution Not Received in Time for Inclusion.*



*Notes*



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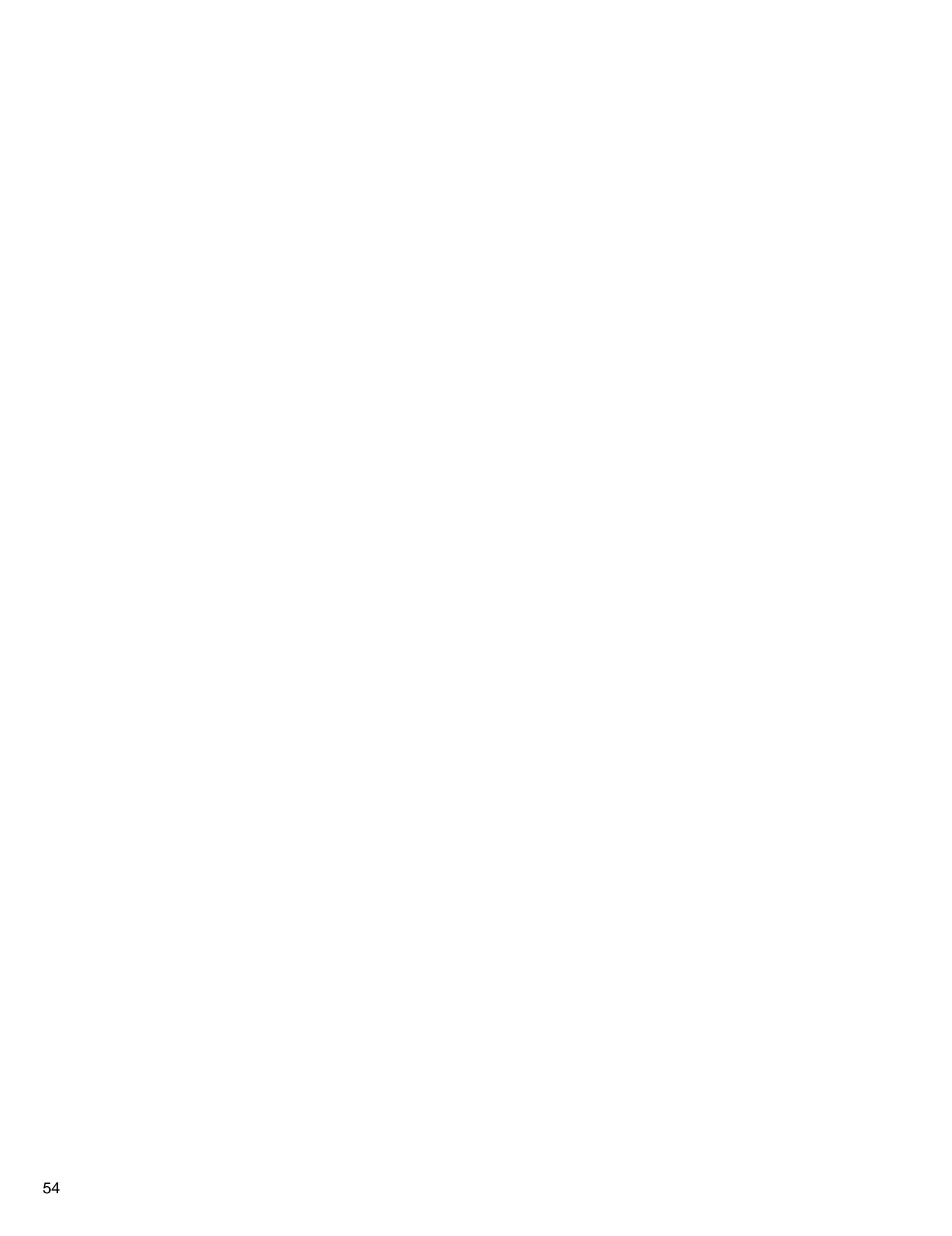
# **THE 11 - 14 WEEKS OBSTETRICAL SCAN: CURRENT CONCEPTS AND FUTURE DIRECTIONS**

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**Jude P. Crino, M.D.**

Assistant Professor, Maternal-Fetal Medicine  
Director, Perinatal Ultrasound  
Department of Gynecology and Obstetrics  
Johns Hopkins University School of Medicine  
Baltimore, MD

*Contribution Not Received in Time for Inclusion.*



*Notes*



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# **FETAL NEUROSONOGRAPHY IN EARLY GESTATION: WHAT CAN BE DIAGNOSED TODAY?**

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**Elena Sinkovskaya, M.D., Ph.D.**

Assistant Professor

Director of Research

Division of Maternal-Fetal Medicine

Department of Obstetrics & Gynecology

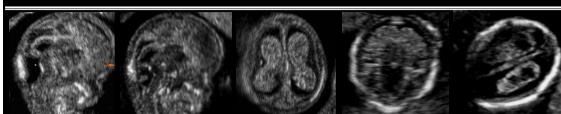
Eastern Virginia Medical School

Norfolk, VA



## FETAL NEUROSONOGRAPHY IN EARLY GESTATION: what can be diagnosed today?

Elena Sinkovskaya, M.D., PhD



### What is Fetal Neurosonography?

*Ultrasound Obstet Gynecol* 2007; 29: 109–116  
Published online in Wiley InterScience (www.interscience.wiley.com). DOI: 10.1002/uog.3909

THE INTERNATIONAL SOCIETY OF  
 **ULTRASOUND**  
in Obstetrics & Gynecology

**GUIDELINES**

Sonographic examination of the fetal central nervous system:  
guidelines for performing the 'basic examination' and the  
'fetal neurosonogram'

### What is Fetal Neurosonography?

#### Basic Examination

1. Screening (performed on everybody)
2. Usually transabdominal ultrasound
3. Three axial planes

#### Fetal Neurosonogram

1. Performed by indications
2. Transabdominal and transvaginal ultrasound
3. Multiple axial, coronal and sagittal planes
4. Extra training and expertise

### Basic Examination

#### transventricular plane

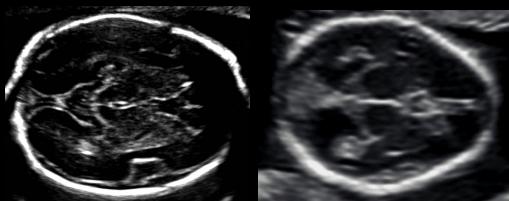


23+6 weeks

13+6 weeks

### Basic Examination

#### transthalamic plane

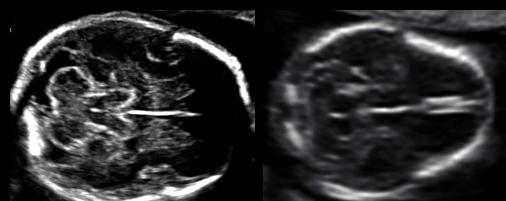


23+6 weeks

13+6 weeks

### Basic Examination

#### transcerebellar plane



23+6 weeks

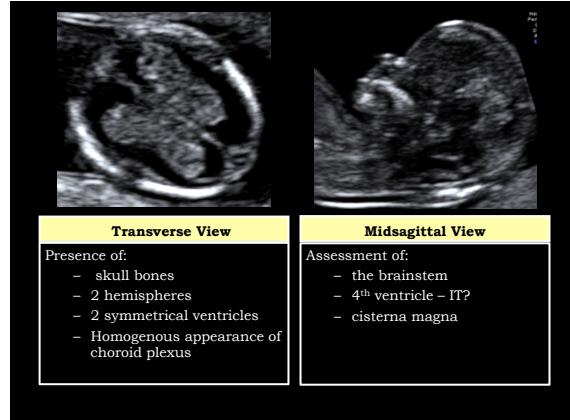
13+6 weeks

**First Trimester Fetal Imaging:**

Ultrasound Obstet Gynecol 2013; 41: 102–113  
Published online in Wiley Online Library (wileyonlinelibrary.com). DOI: 10.1002/uog.12342

 **ISUOG.org** **GUIDELINES**

ISUOG Practice Guidelines: performance of first-trimester fetal ultrasound scan



**Intracranial Translucency (IT)**

Ultrasound Obstet Gynecol 2010; 35: 133–138  
Published online in Wiley InterScience (www.interscience.wiley.com). DOI: 10.1002/uog.7552

**Editorial**

From nuchal translucency to intracranial translucency: towards the early detection of spina bifida

R. CHAOUIH\* and K. H. NICOLAIDES\*

\*Prenatal Diagnosis and Human Genetics, Berlin, Germany and †Harris Birthright Research Centre for Fetal Medicine, King's College Hospital and Department of Fetal Medicine, University College, London, UK \*Correspondence (e-mail: chauih@fendagnostik.de)

**Nuchal translucency (NT)**

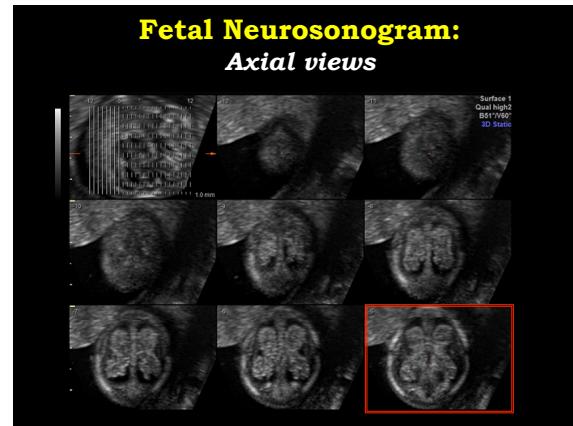
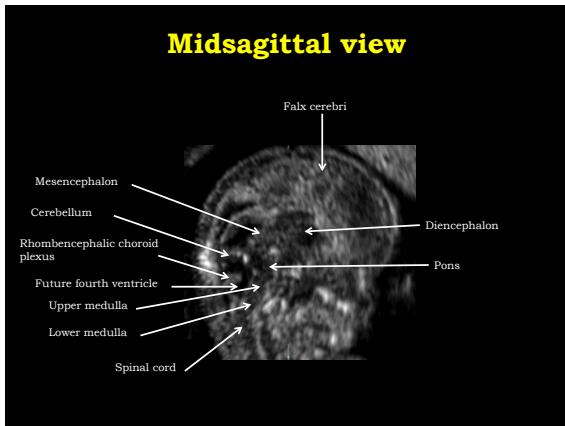
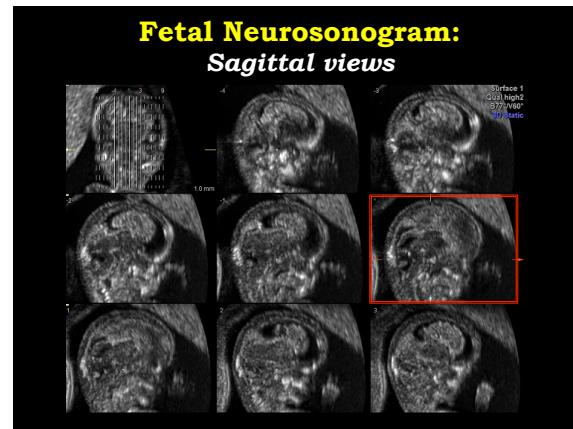
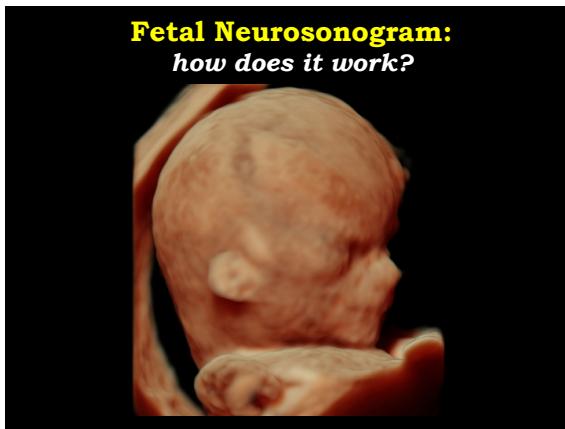
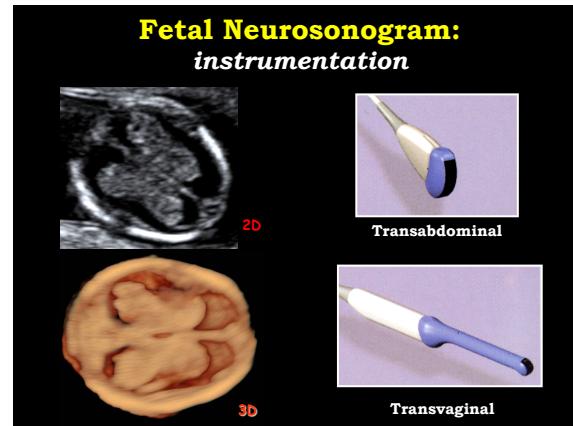
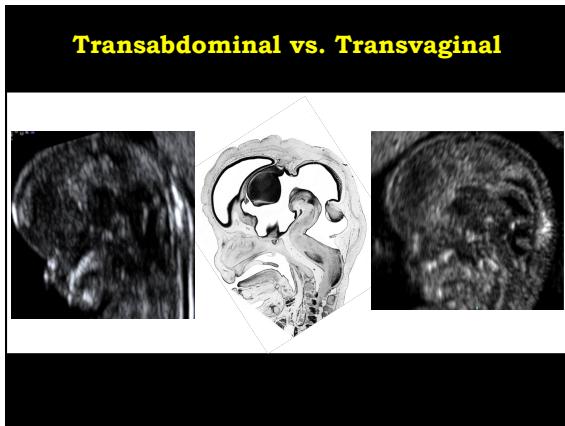
- Fetus in mid-sagittal plane
- Fetal head & neck region occupies majority of image
- Fetal head in neutral position
- Fetus observed away from amnion
- Margins of NT edges clear
- (+) calipers used
- Horizontal crossbars placed correctly
- Calipers placed ⊥ to long axis of fetus
- Measurement at widest NT space

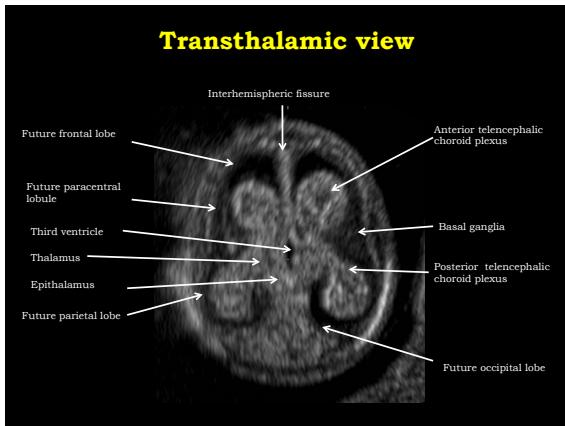
**Measurements of the Posterior Brain**

- brain stem diameter (BS)
- brain stem to occipital bone diameter (BSOB)
- BS/BSOB ratio

\* Prenat Diagn 2011;31:103–106

**Limitations of the IT interpretation**





### First Trimester Fetal Neuro Imaging:

Several studies have suggested that 1<sup>st</sup> trimester CNS screening for ..

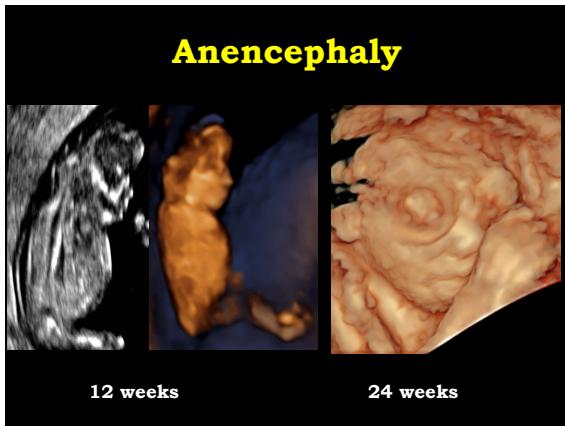
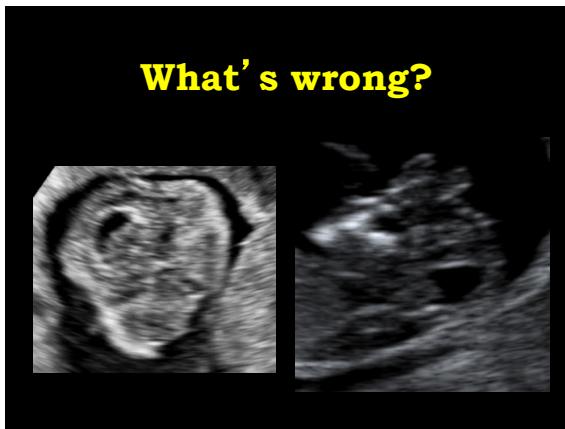
- acrania
- exencephaly/anencephaly
- encephalocele
- Holoprosencephaly
- hydrocephaly

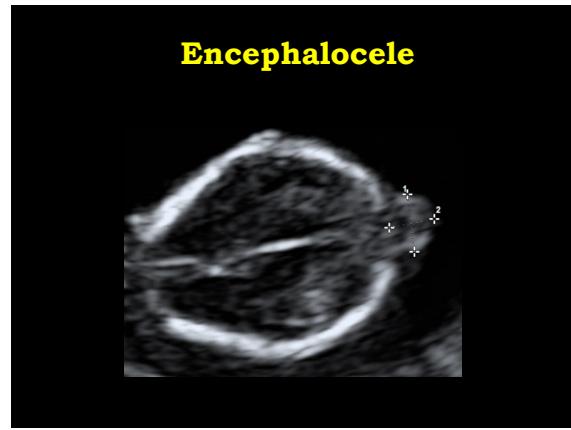
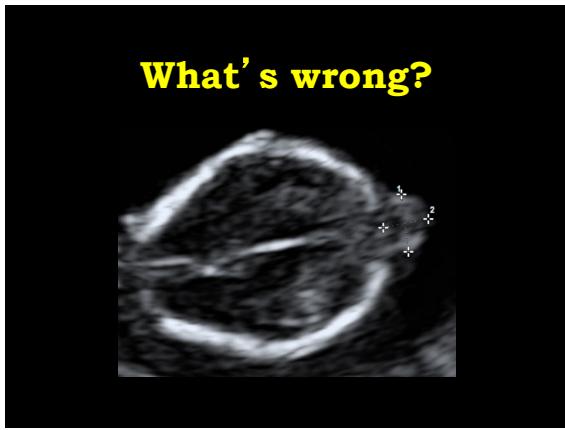
...can be just as effective in diagnosing these conditions as 2<sup>nd</sup> trimester screening

Recent studies have also demonstrated that performance of detailed evaluation of fetal brain between 11<sup>+0</sup> -13<sup>+6</sup> weeks may allow detection of...

- Spina bifida
- Dandy-Walker malformation
- Agenesis of corpus callosum

Blaas H GK, Elk-Nes SH. Sonobiology and early prenatal diagnosis of neural anomalies. Prenatal Diagnosis 2009; 29:312-325.  
Vora E, Basturzo B, Scaramone A, et al. Early diagnosis of fetal brain anomalies. Ultrasound Rev Obstet Gynecol. 2003; 3: 74-80.





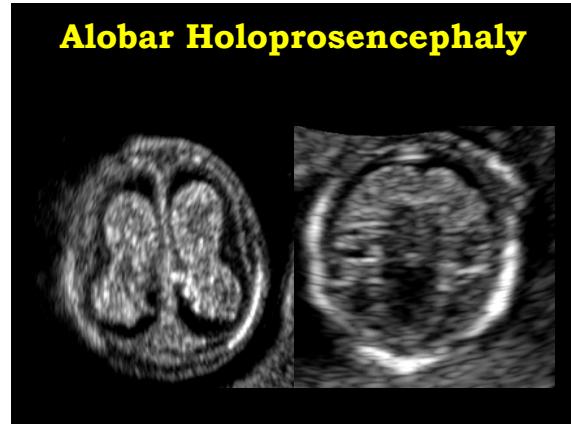
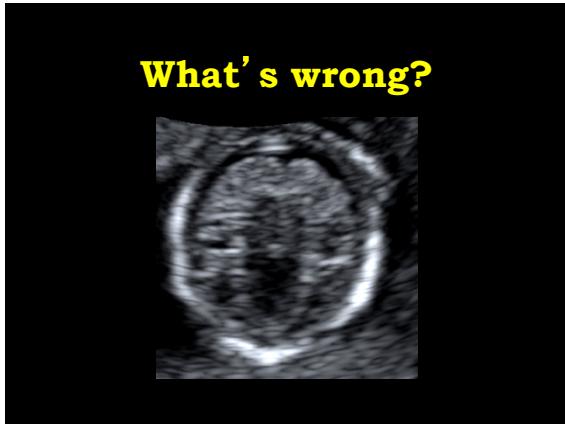
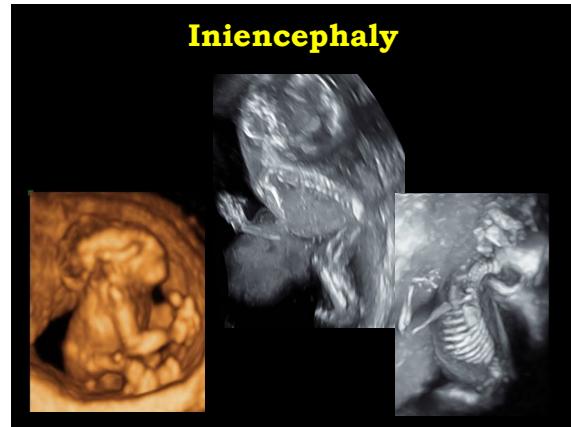
*Ultrasound Obstet Gynecol* 2015; 46: 29–33  
Published online 4 June 2015 in Wiley Online Library (wileyonlinelibrary.com). DOI: 10.1002/uog.14661

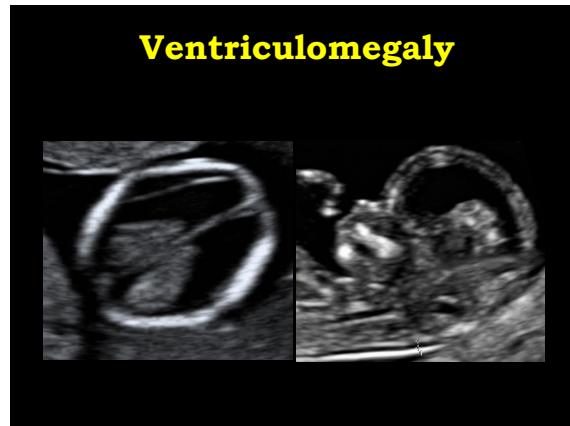
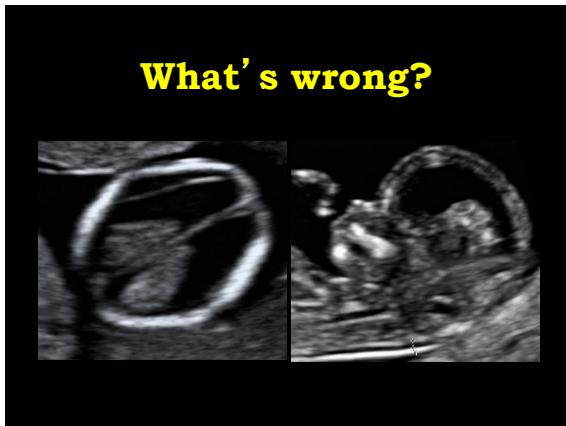
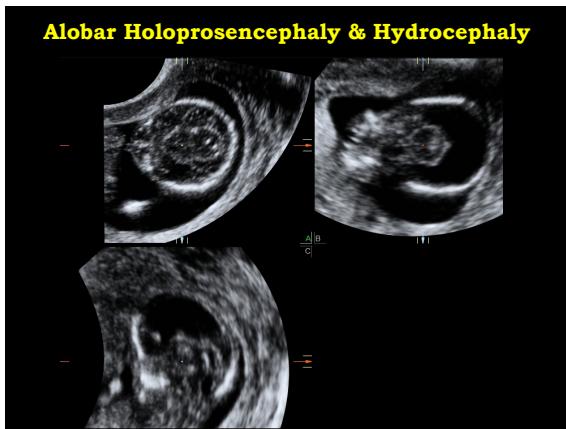
**Sonographic spectrum of first-trimester fetal cephalocele: review of 35 cases**

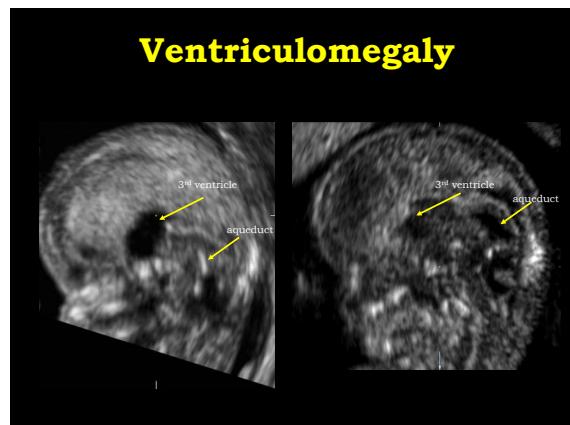
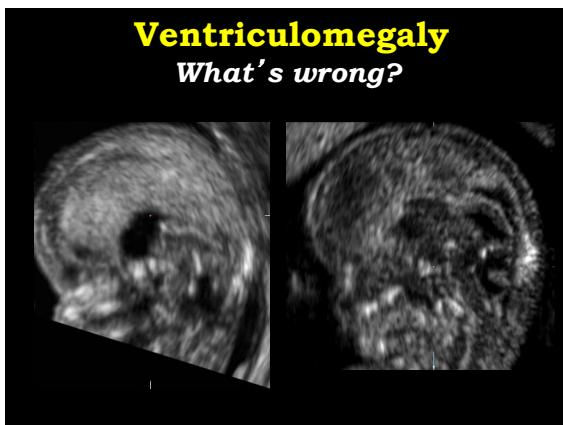
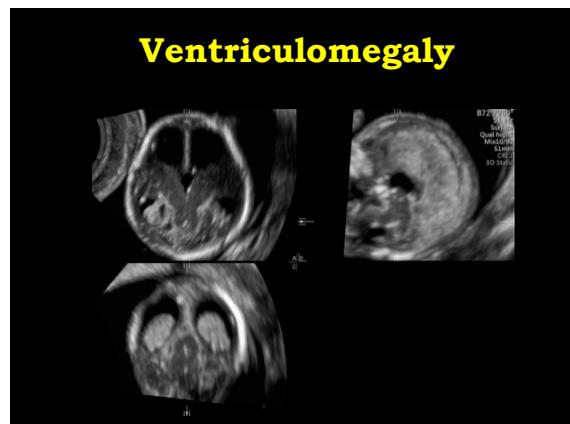
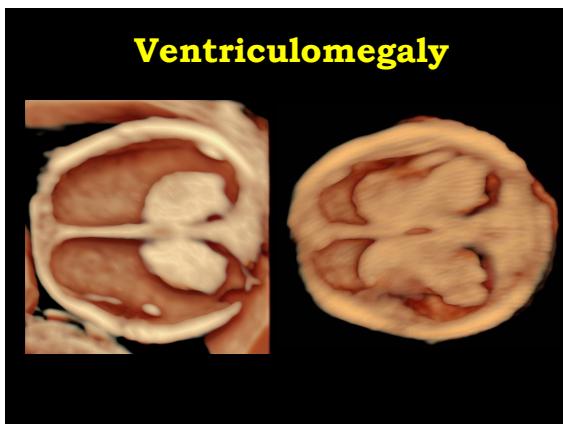
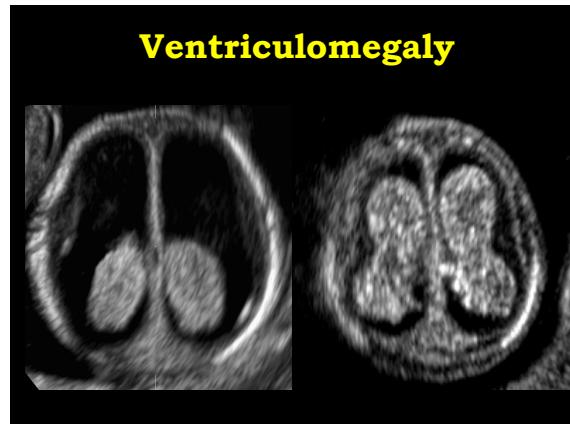
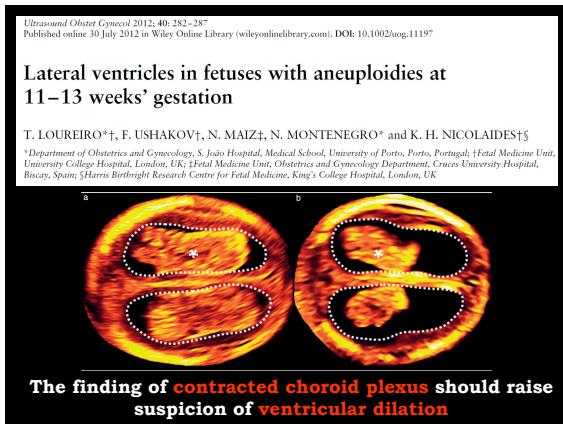
W. SEPULVEDA\*, A. E. WONG\*, E. ANDREEVA†, N. ODEGOVA†, P. MARTINEZ-TEN‡ and S. MEAGHER§

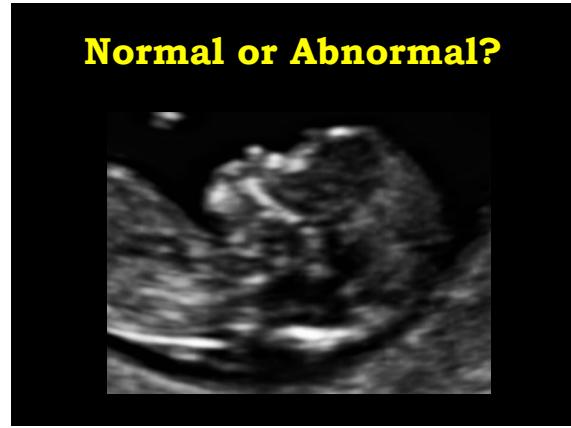
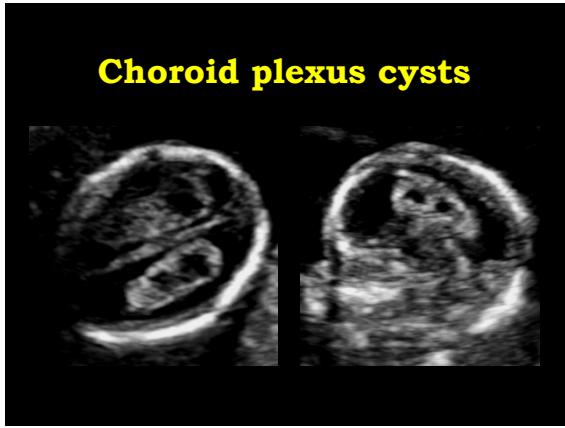
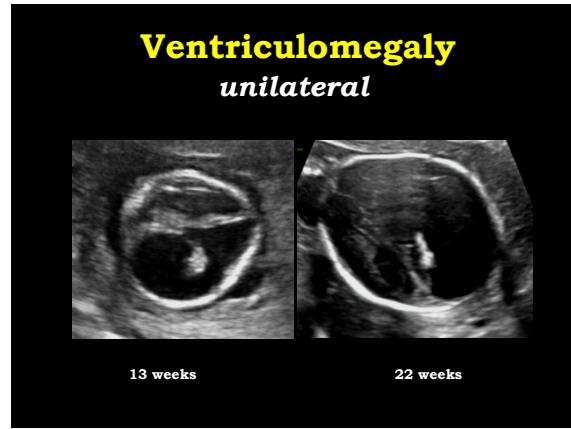
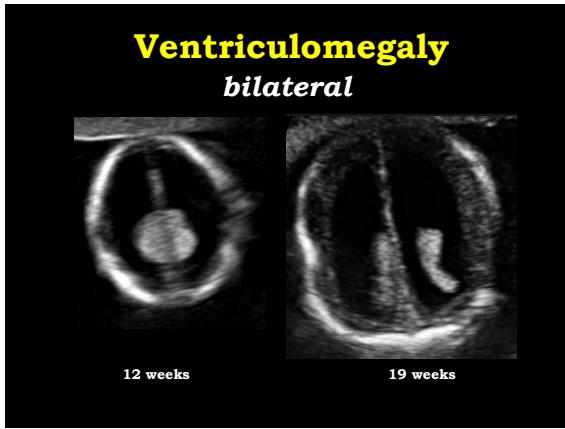
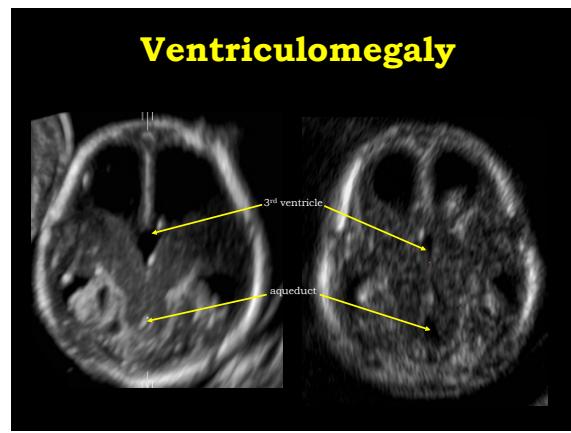
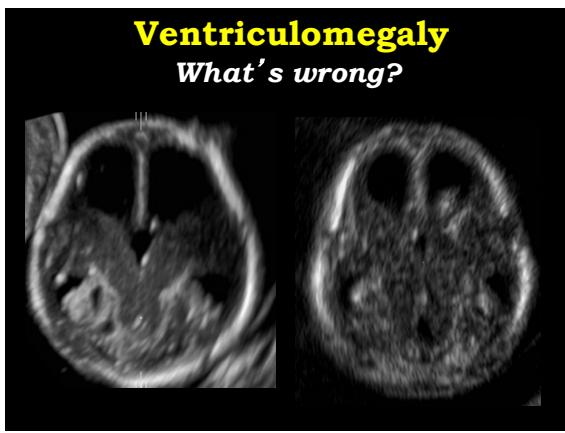
\*Fetalmed—Maternal-Fetal Diagnostic Center, Las Condes, Santiago, Chile; †Medical Genetics Department, Moscow Regions Research Institute of Obstetrics and Gynecology, Moscow, Russia; ‡Delta—Ultrasound Diagnostic Center for Obstetrics and Gynecology, Madrid, Spain; §Monash Ultrasound for Women, Melbourne, Australia

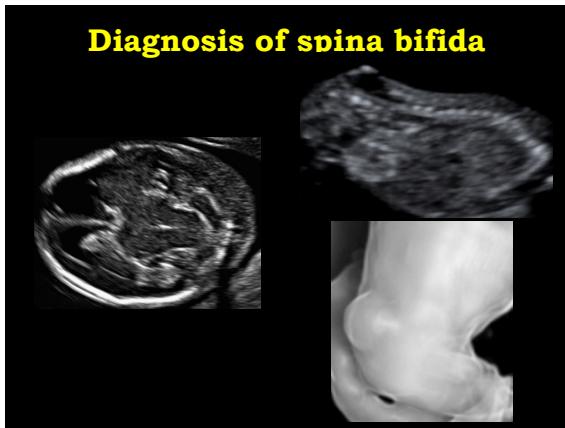
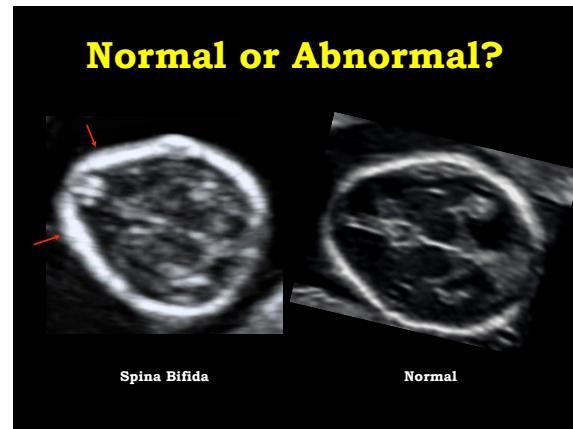
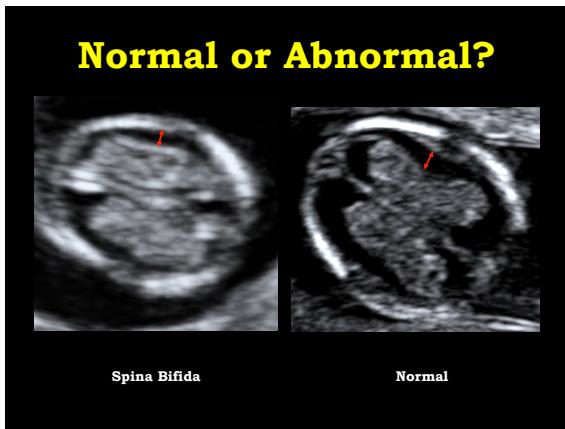
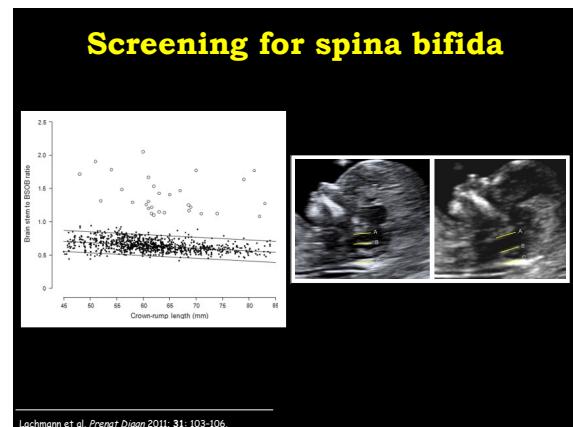
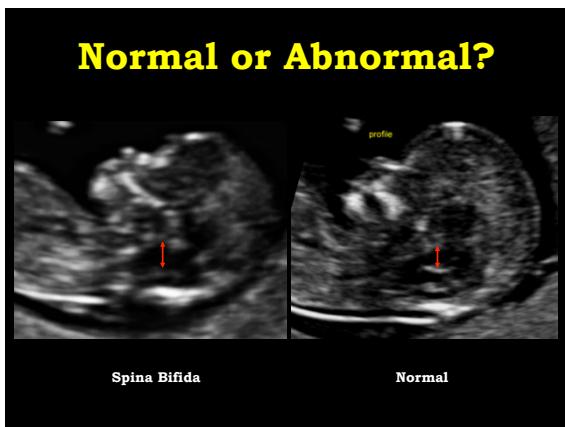
Location of the lesion	Incidence, %
Occipital	77%
Parietal	9%
Frontal	9%
Multiple	6%

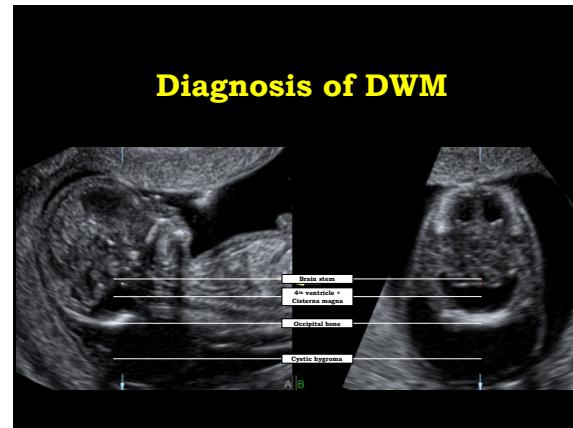
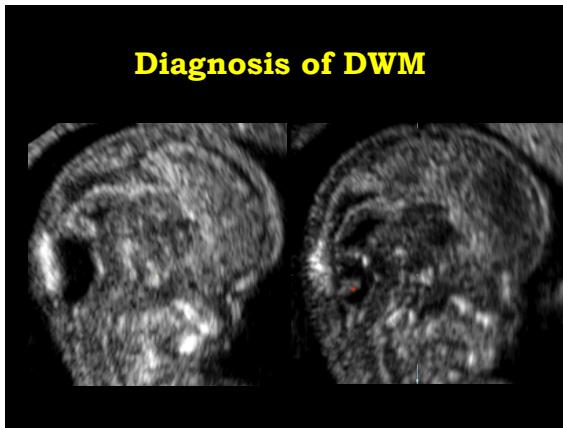
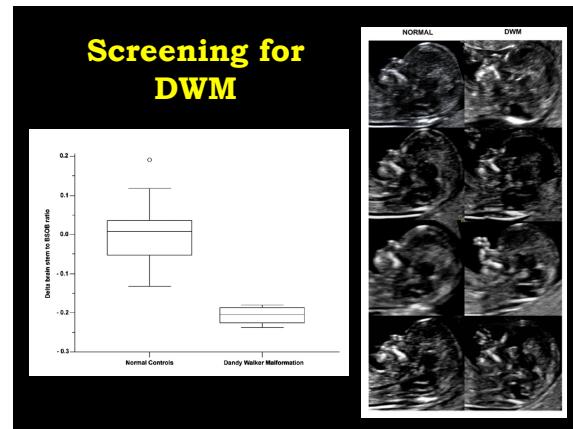
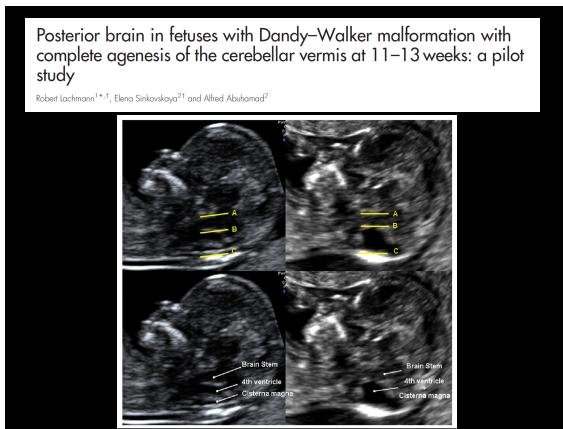
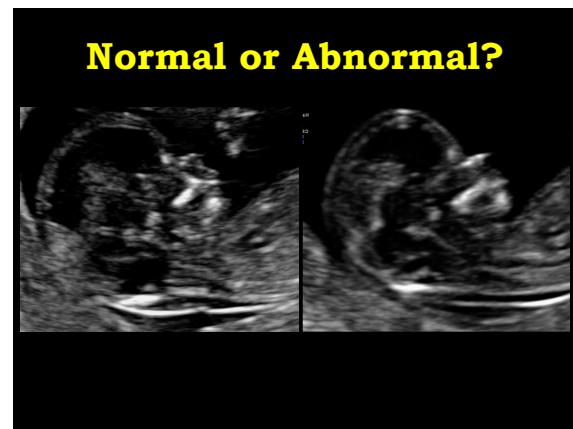
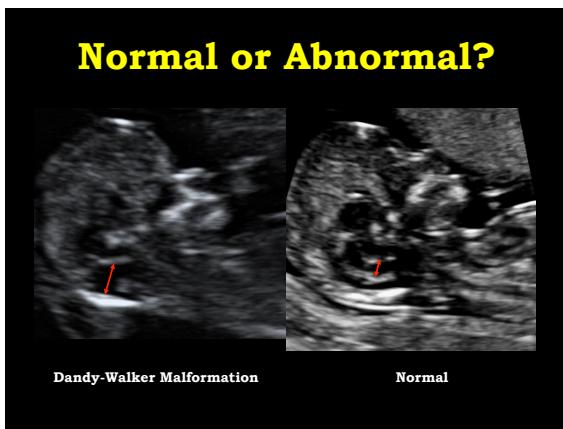


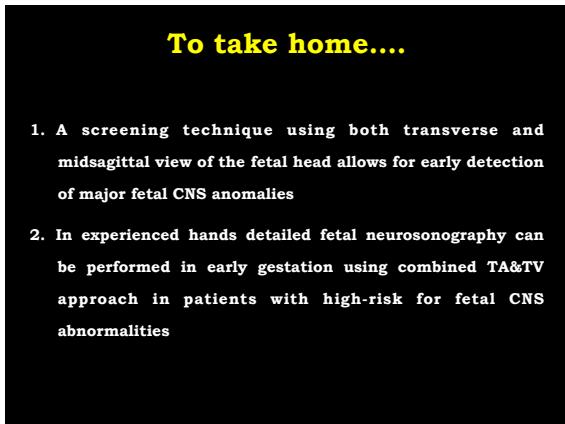
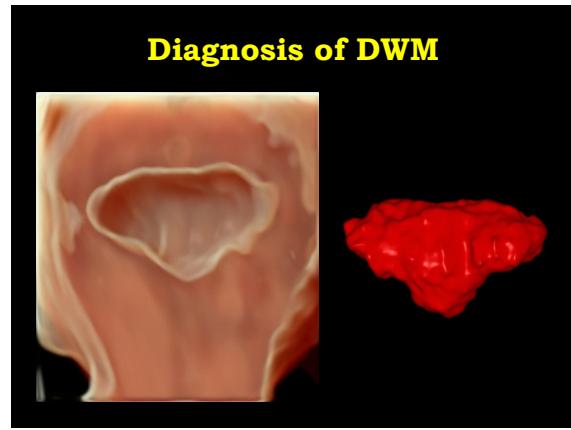
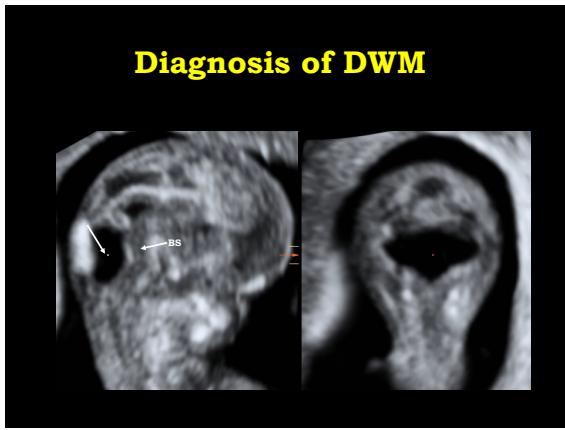














*Notes*

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# **THE APPROACH TO FETAL CARDIAC IMAGING IN EARLY GESTATION**

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**Alfred Abuhamad, M.D.**

Professor and Chairman

Department of Obstetrics and Gynecology

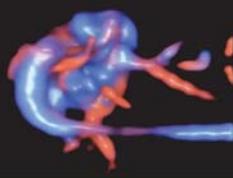
Vice Dean for Clinical Affairs

Eastern Virginia Medical School

Norfolk, VA



## Advanced Evaluation of the Fetal Heart



EVMS  
Fetal  
Cardiovascular  
Center

Alfred Abuhamad, M.D.  
Eastern Virginia Medical School

## The Top 5 Critical Anatomic Regions in Fetal Cardiac Imaging

### Top 5 Critical Anatomic Regions

1. Normal Left Atrium
2. Normal Left Ventricular Outflow
3. Normal Semilunar Valves
4. Normal 3VT View
5. Normal Cardiac Axis in Early Gestation

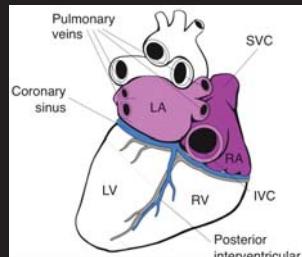
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### Top Critical Anatomic Regions

1. Normal Left Atrium

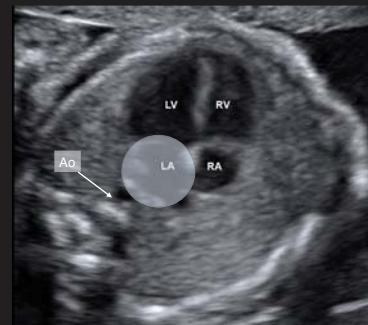
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### Left Atrium

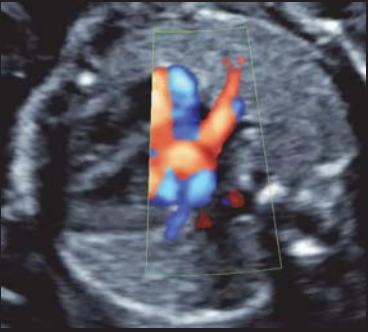


Posteriorly located, over the spine  
Anterior and posterior portion is smooth  
Receives four pulmonary veins  
Left atrial appendage is narrow, fingerlike with coarse walls

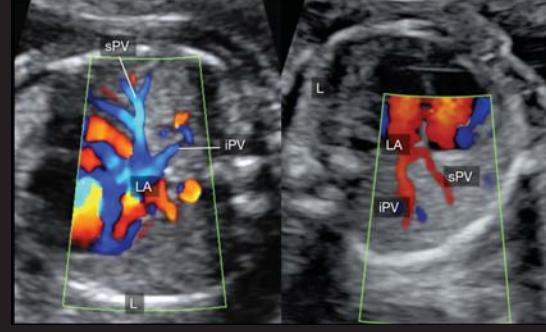
### Left Atrium



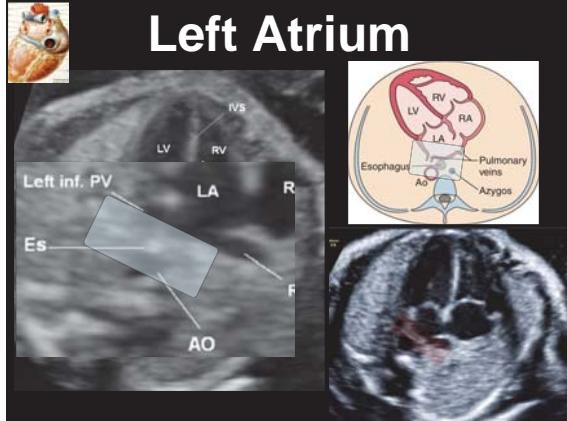
## Pulmonary Veins



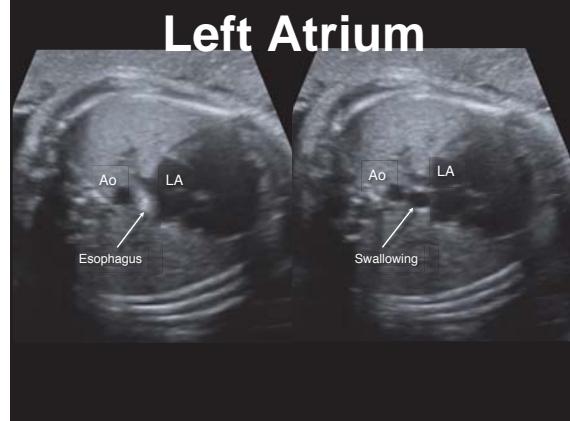
## Pulmonary Veins



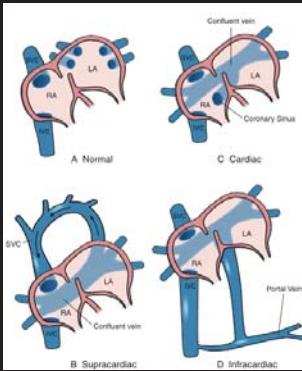
## Left Atrium



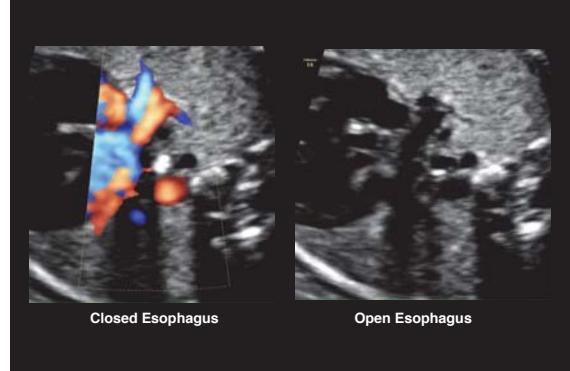
## Left Atrium

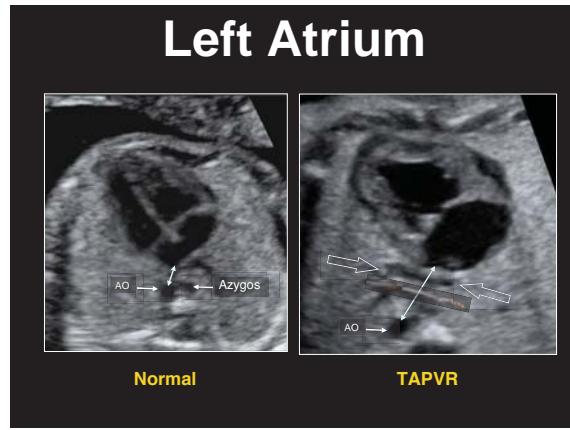
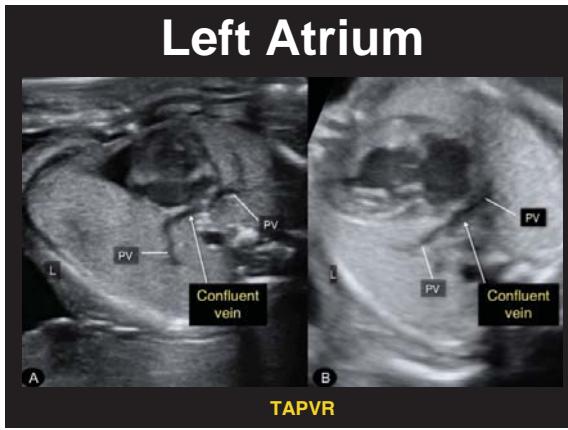
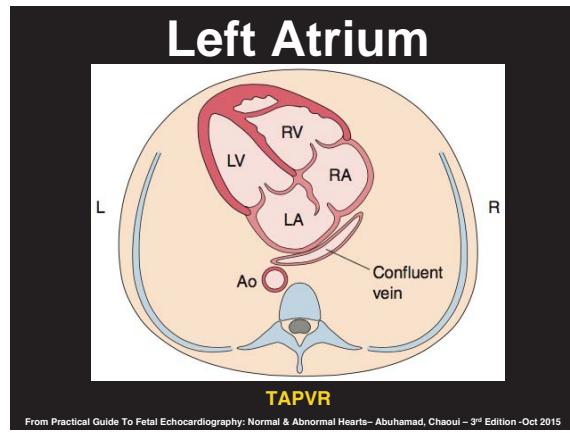
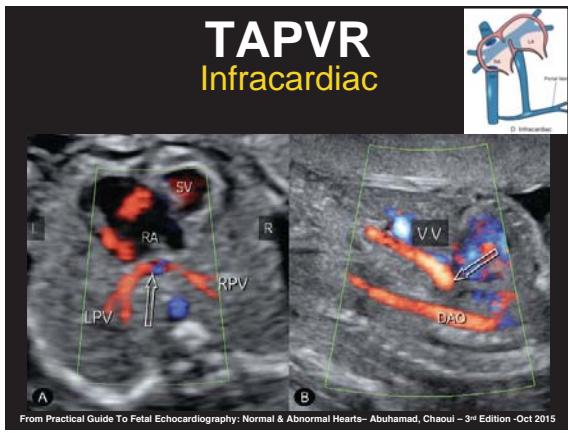
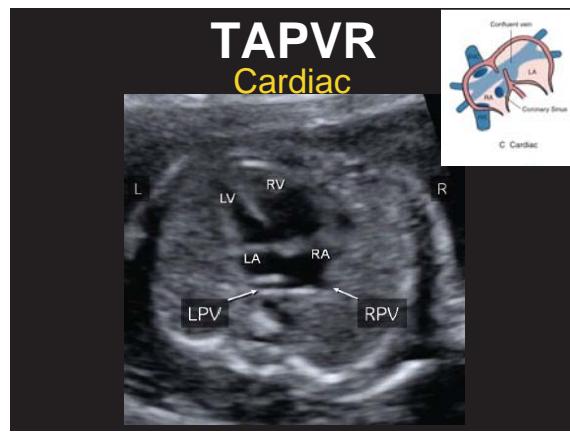
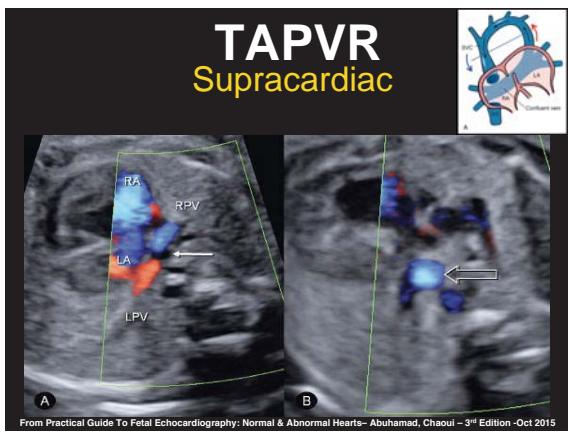


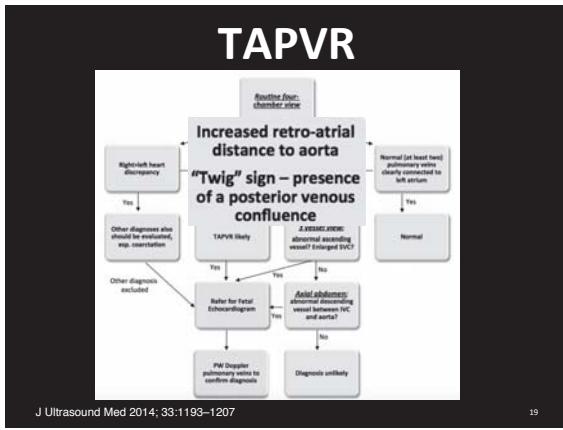
## TAPVR



## Left Atrium





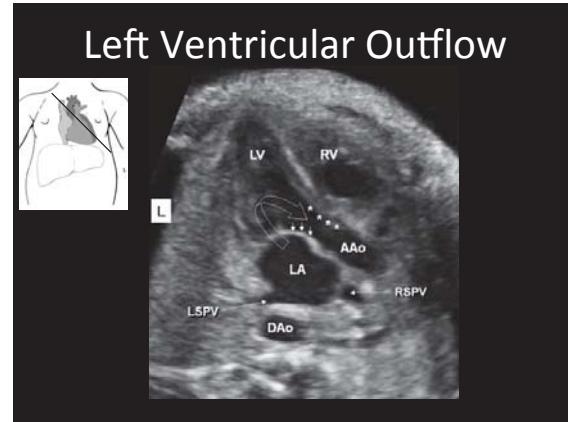
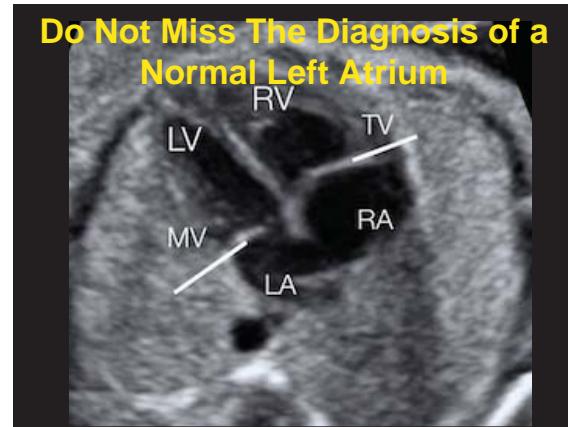
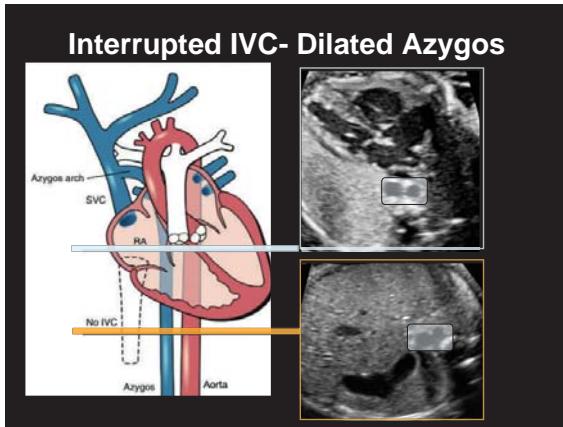


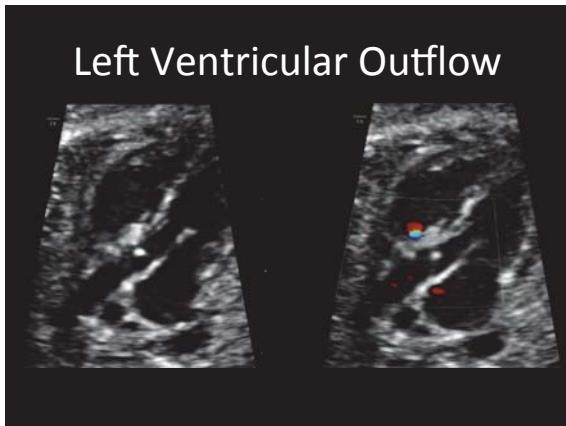
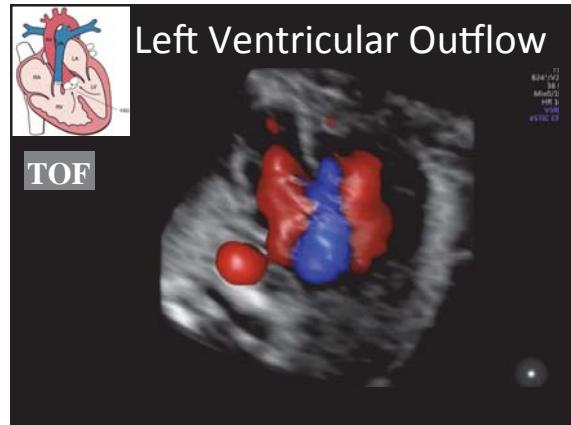
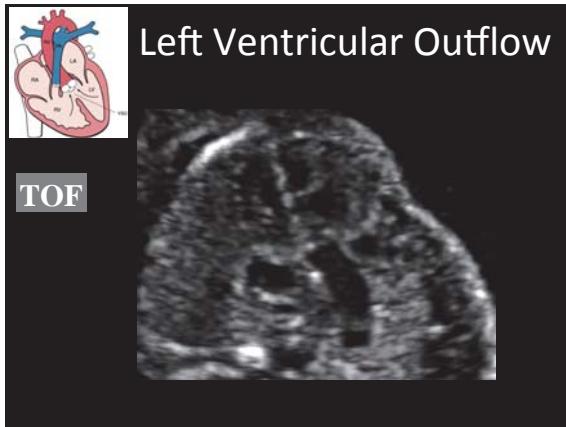
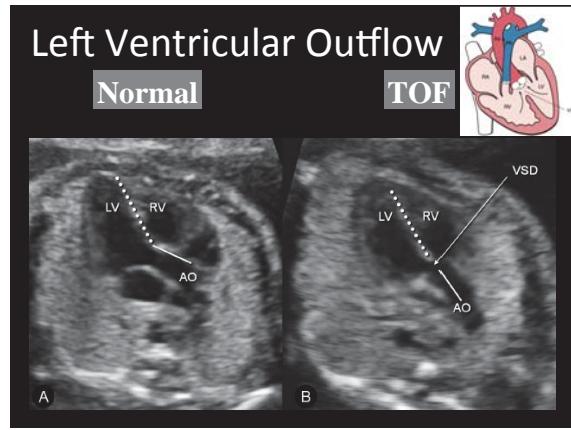
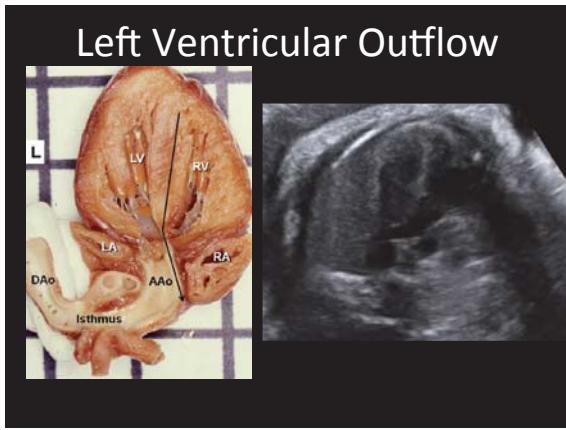
**TAPVR**

TABLE 31.1 Prenatal Ultrasound Findings in Total Anomalous Pulmonary Venous Connection	
▪ Venous confluence chamber behind the left atrium	
▪ No direct connection between pulmonary veins and left atrium	
▪ Enlarged right atrium and right ventricle on four-chamber view	
▪ Bulging of interatrial septum into left atrium	
▪ Enlarged pulmonary artery in the three-vessel-trachea view	
▪ Vertical vein as a fourth vessel in the three-vessel-trachea view (type I)	

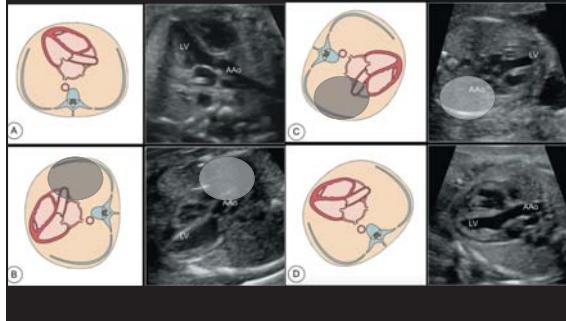
From Practical Guide To Fetal Echocardiography: Normal & Abnormal Hearts- Abuhamad, Chaoui – 3rd Edition -Oct 2015

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### Left Ventricular Outflow



From Practical Guide To Fetal Echocardiography: Normal & Abnormal Hearts—Abuhamed, Chaoui – 3<sup>rd</sup> Edition -Oct 2015

### Left Ventricular Outflow



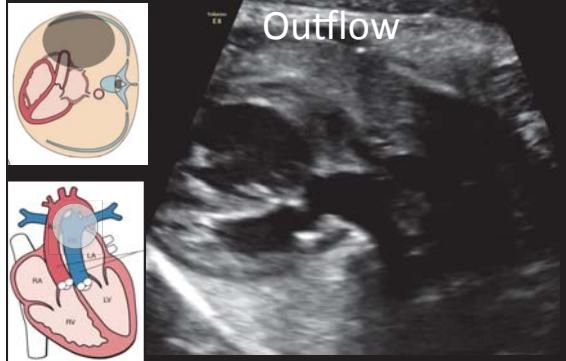
### TGA: Left Ventricular Outflow



### TGA: Left Ventricular Outflow

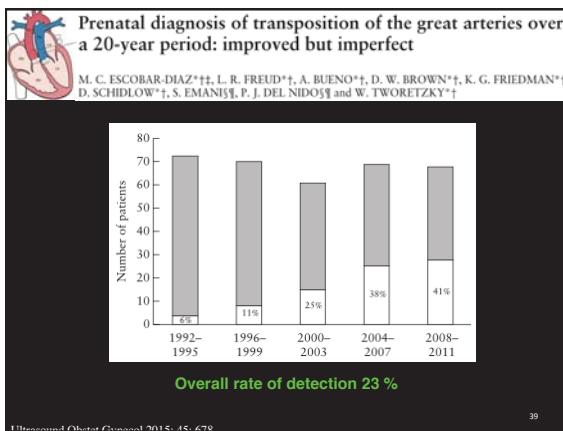
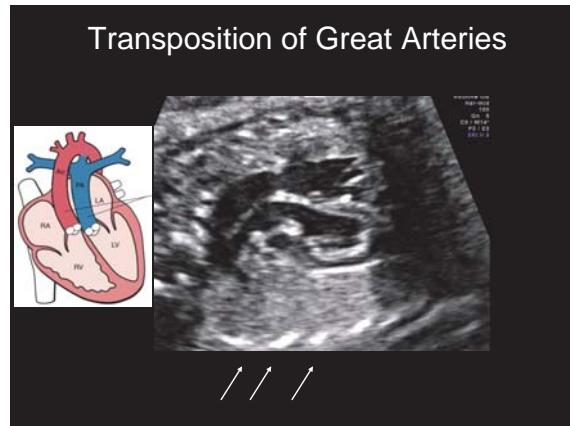
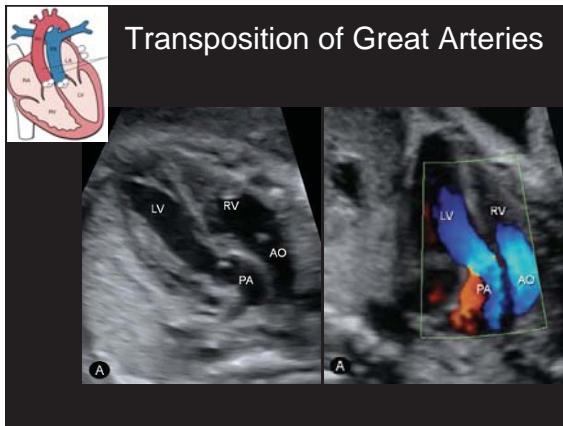


### TGA: Left Ventricular Outflow

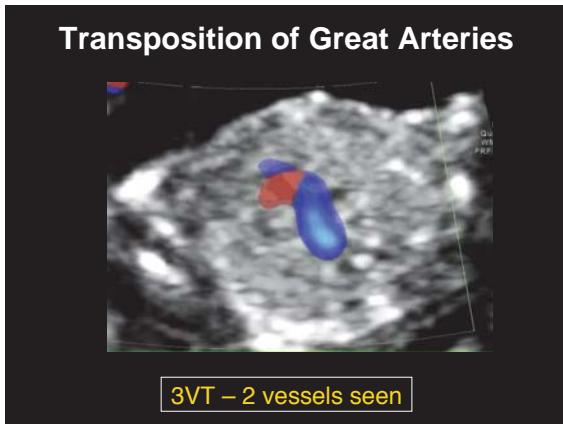


### Transposition of Great Arteries





- ### Normal Left Ventricular Outflow
- Mitral - aortic continuity
  - Aorta within left ventricle
  - Angle of ascending aorta with ventricular septum
  - Aorta does not divide
  - Close observation of aortic valves



## Top 5 Critical Anatomic Regions

1. Normal Left Atrium
2. Normal Ascending Aorta
3. Normal Semilunar Valves

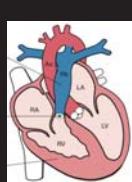
43

## Normal Semilunar Valves

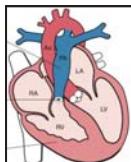
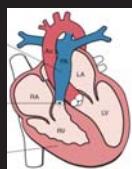


44

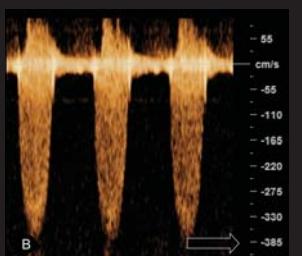
## Pulmonary Stenosis



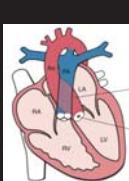
## Pulmonary Stenosis



## Pulmonary Stenosis

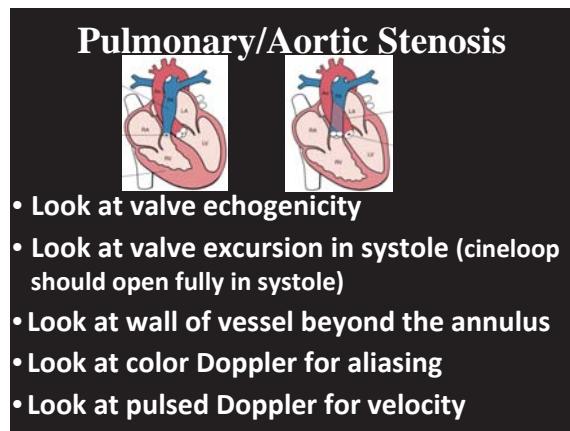
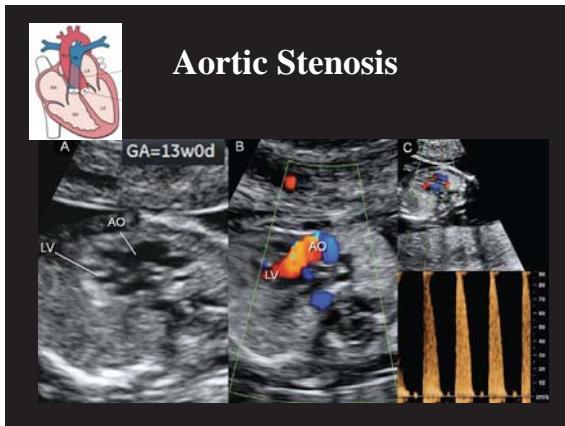


From Practical Guide To Fetal Echocardiography: Normal & Abnormal Hearts- Abuhamad, Chaoui - 3rd Edition - Oct 2015

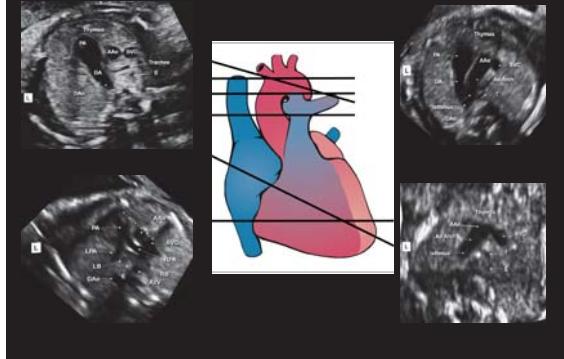


## Aortic Stenosis

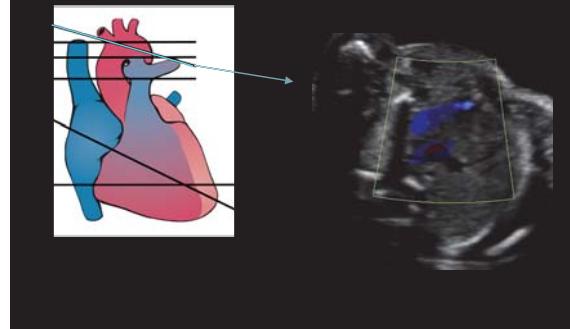




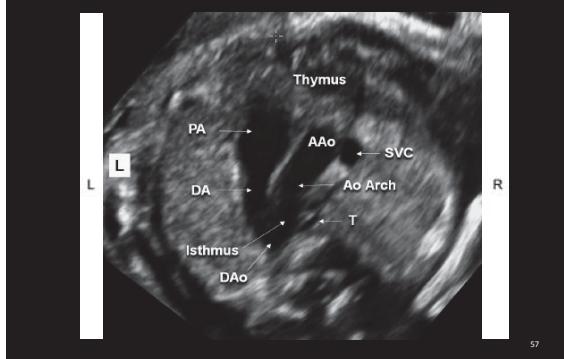
## Transverse Views



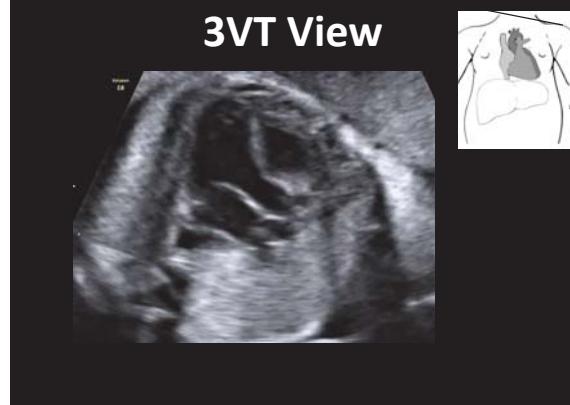
## Three-Vessel Trachea View



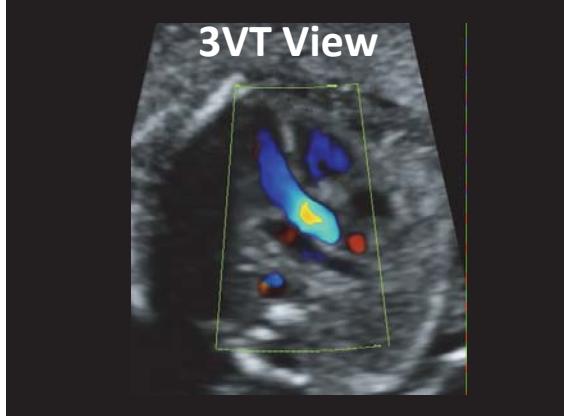
## 3VT View



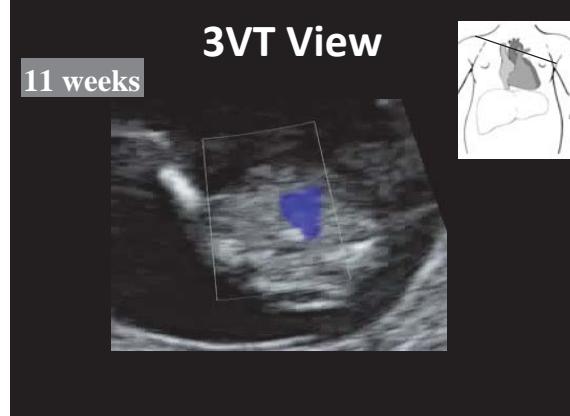
## 3VT View

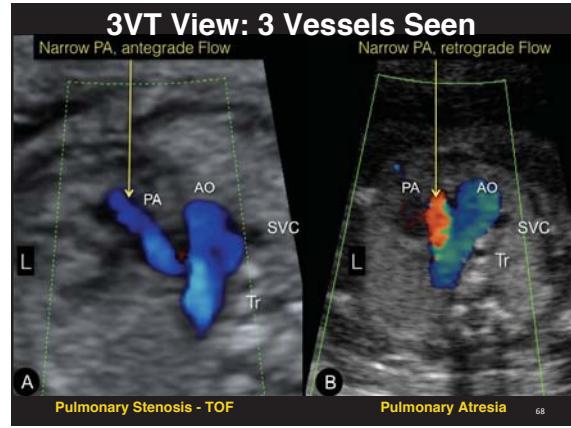
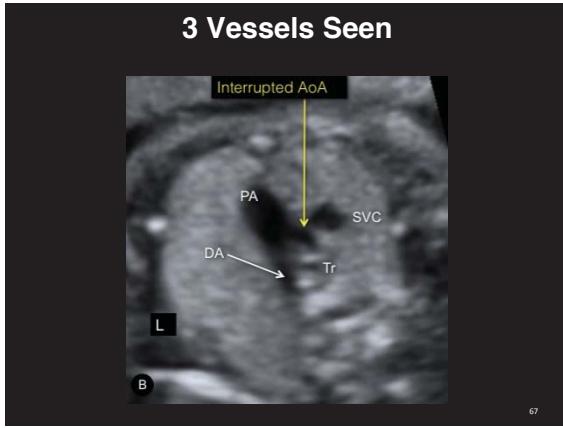
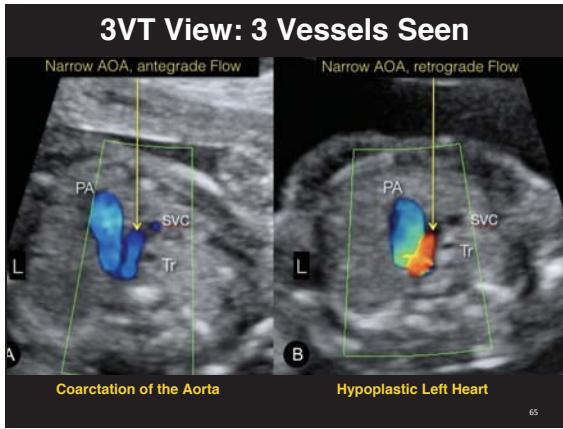
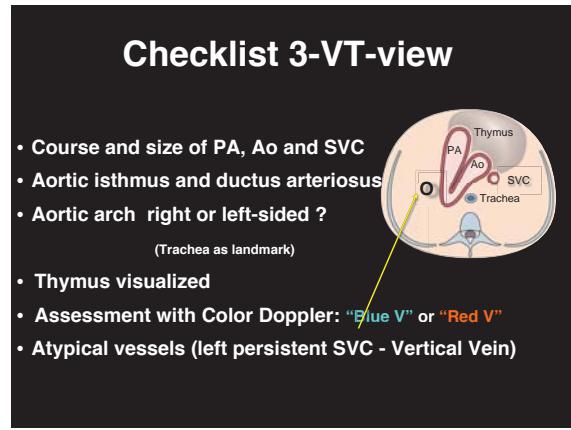


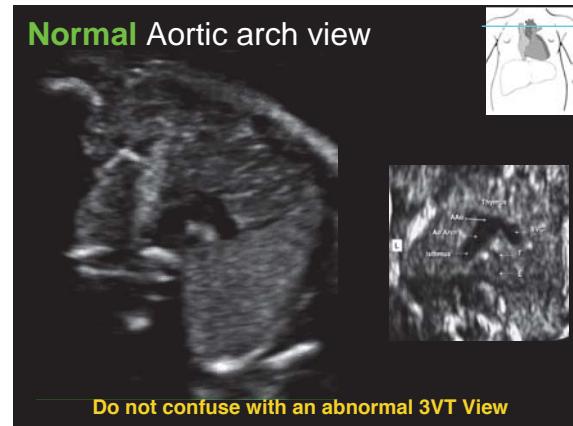
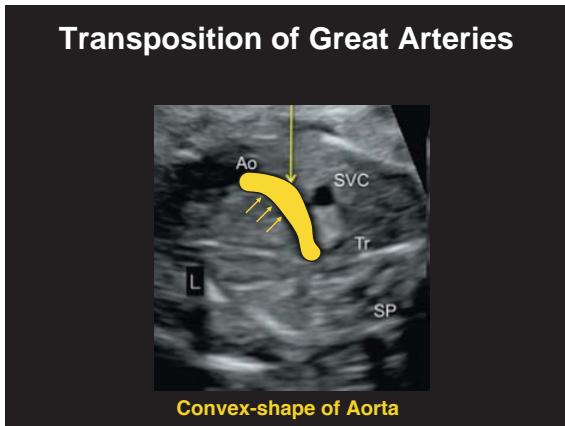
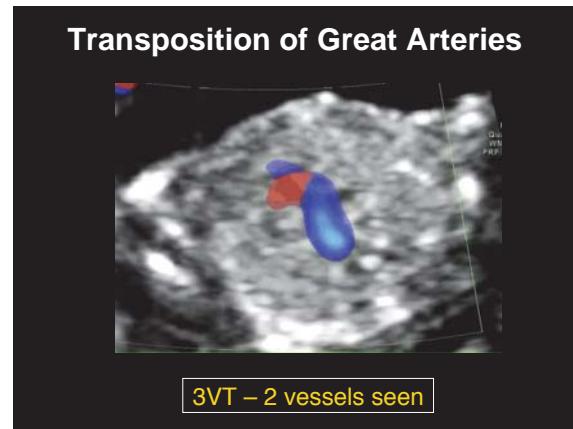
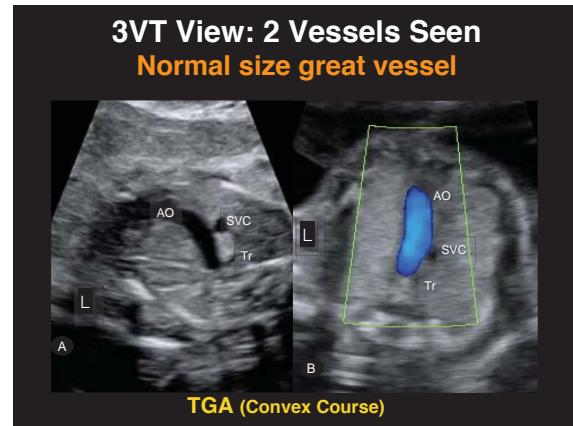
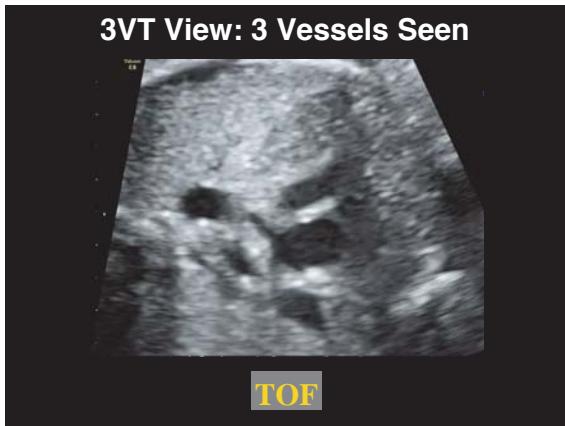
## 3VT View



## 3VT View





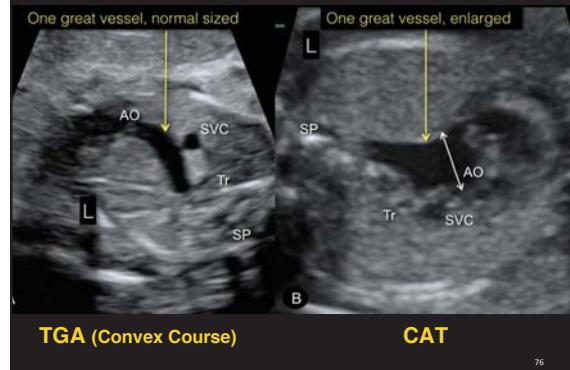


## Orientation of Great Arteries



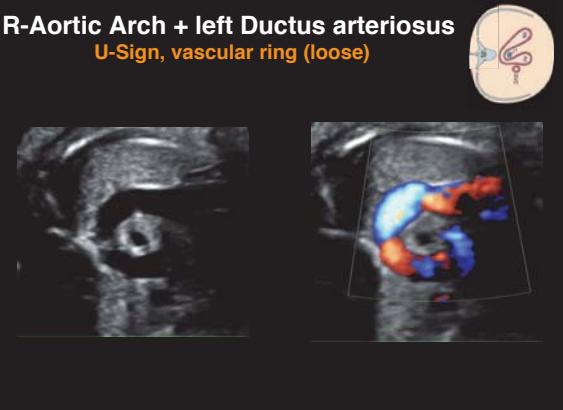
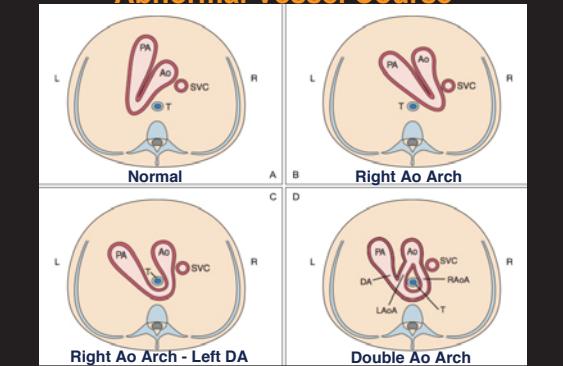
75

## 3VT View: 2 Vessels Seen

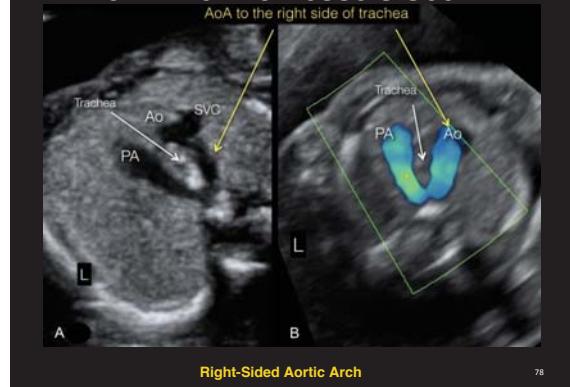


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## 3VT View: 3 Vessels Seen Abnormal Vessel Course



## 3VT View: 3 Vessels Seen

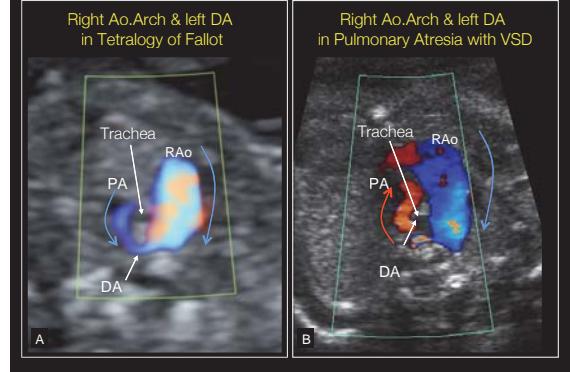


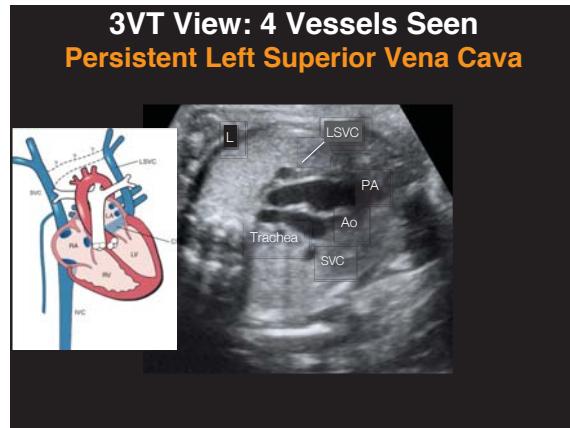
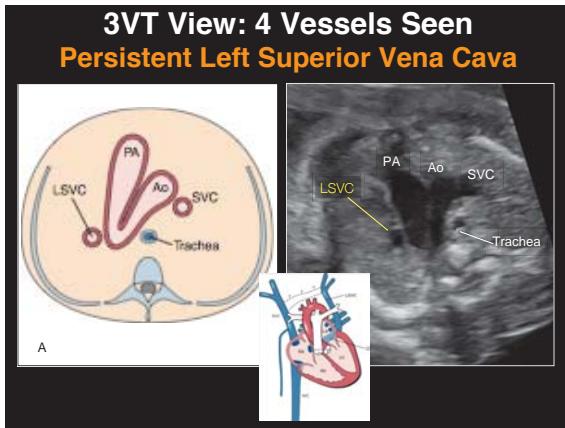
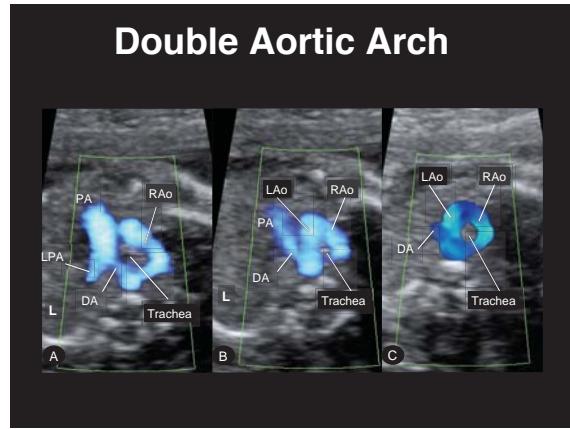
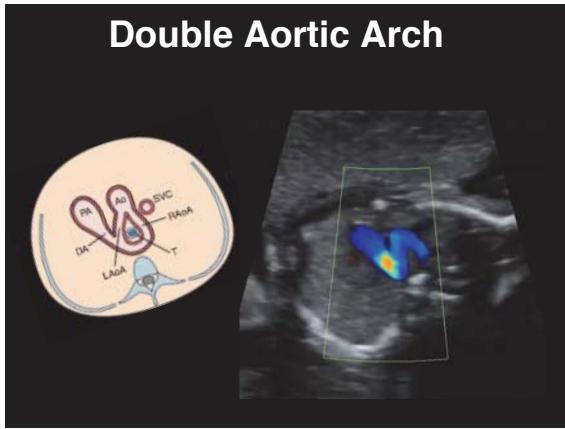
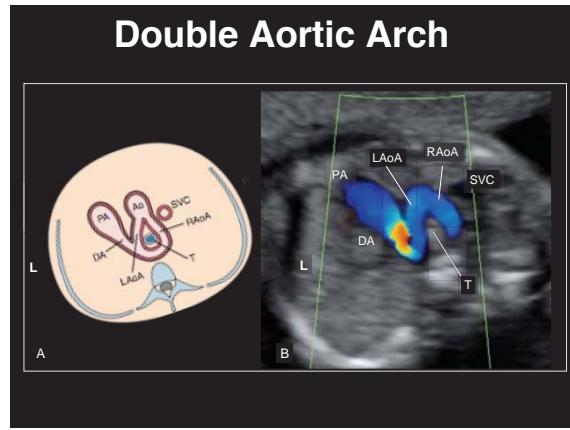
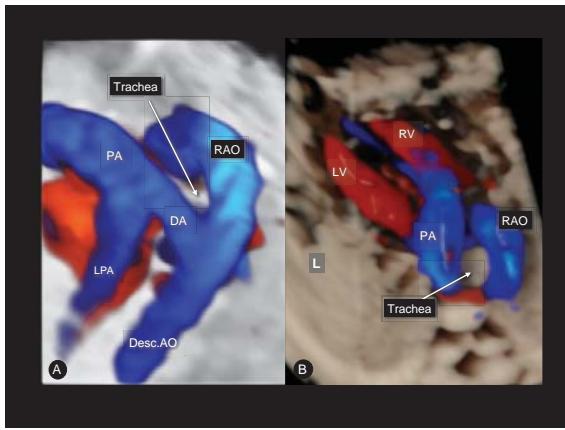
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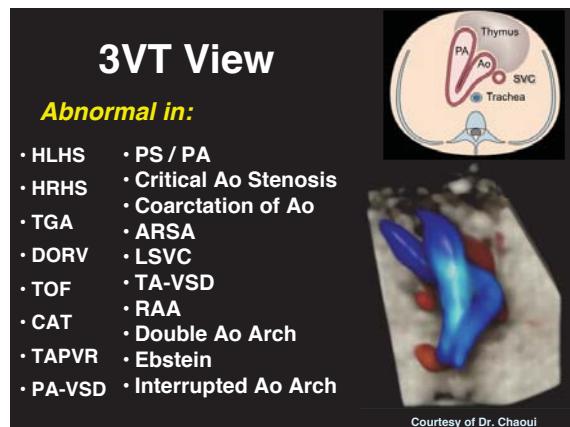
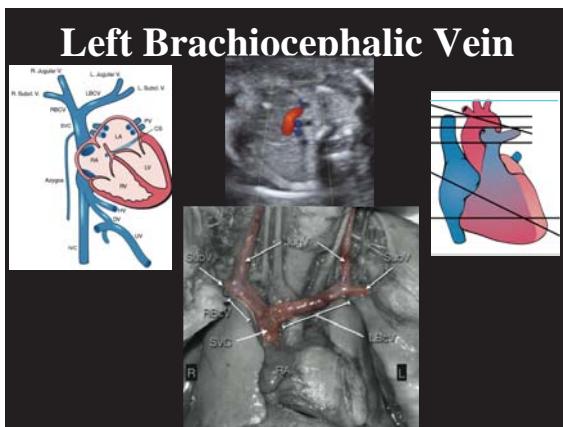
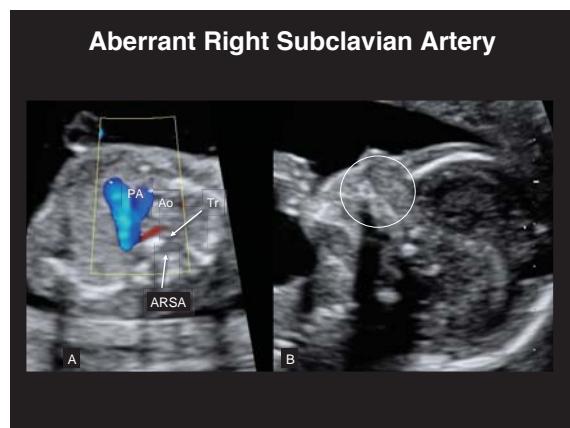
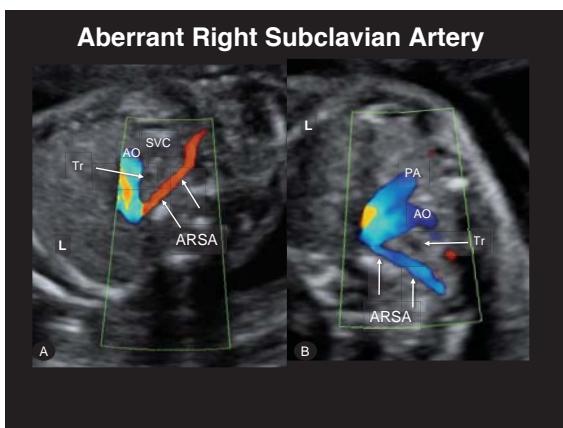
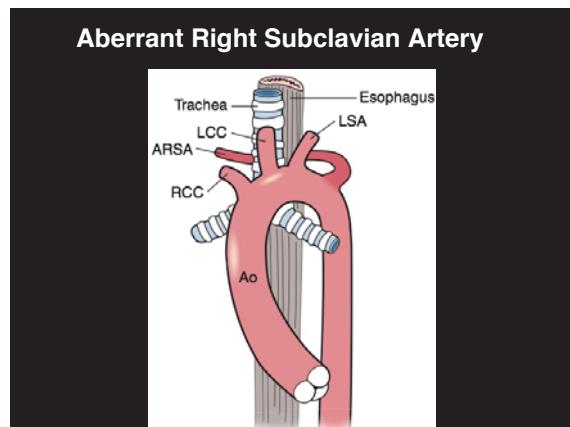
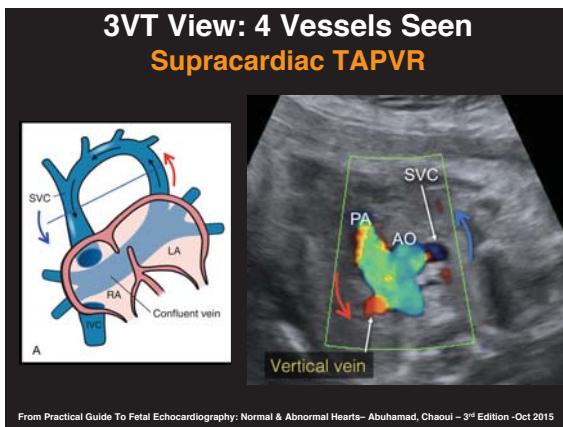
## Right Ao.Arch & left DA in Tetralogy of Fallot



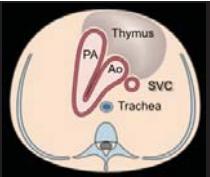
## Right Ao.Arch & left DA in Pulmonary Atresia with VSD



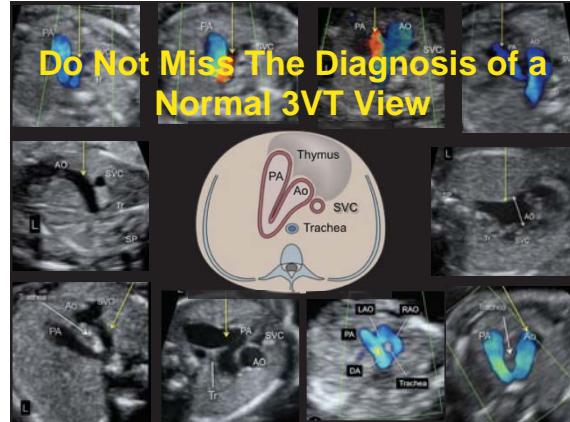




## 3VT View



- In my opinion, the most important ultrasound view in the fetus
- It is easy to obtain - especially in early gestation
- Anatomic landmarks easy to identify and master
- It is affected in most major CHD
- Strong consideration should be given to its incorporation in screening ultrasound examinations



## Top Critical Anatomic Regions

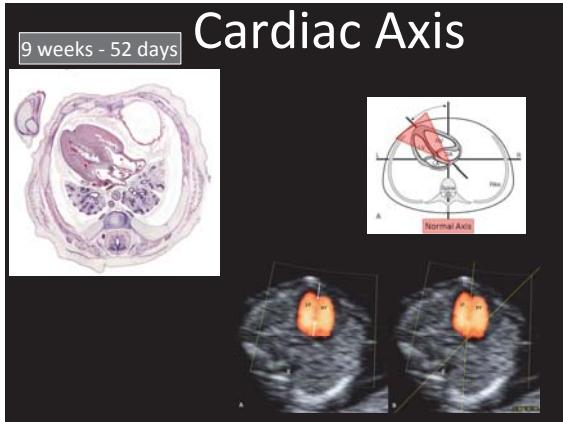
1. Normal Left Atrium
2. Normal Ascending Aorta
3. Normal Semilunar Valves
4. Normal 3VT View
5. Normal Cardiac Axis in Early Gestation

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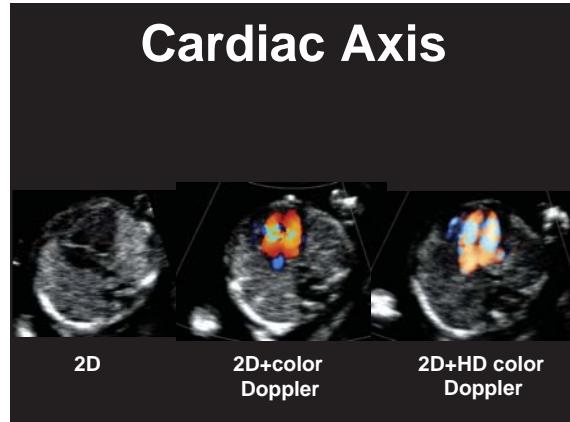
## Top 5 Critical Anatomic Regions

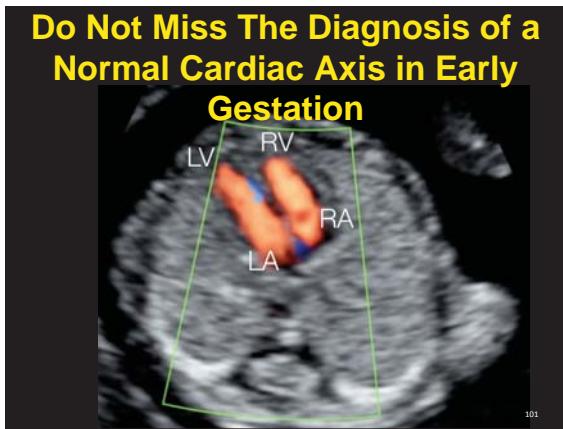
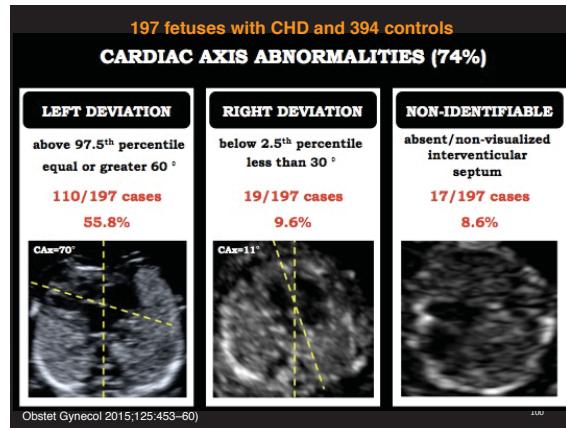
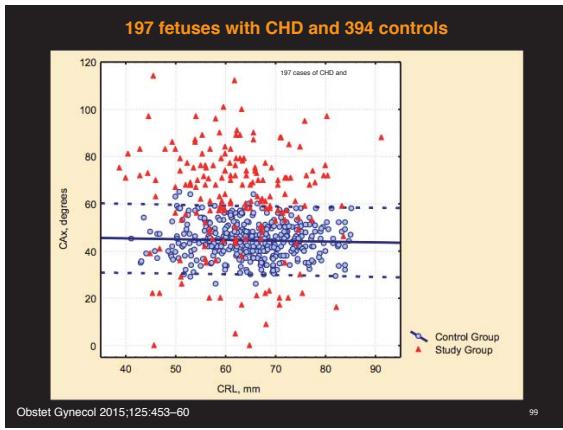
1. Normal Left Atrium
2. Normal Ascending Aorta
3. Normal Semilunar Valves
4. Normal 3VT View
5. Normal Cardiac Axis in Early Gestation

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## Cardiac Axis





- 5 Top Anatomic Regions**
- **Normal left atrium:** rule out TAPVR, Isomerism, Interrupted IVC
  - **Normal ascending aorta:** rule out TOF, TGA, DORV
  - **Normal semilunar valves:** rule out AS, PS, HLHS, PA
  - **Normal 3VT view:** rule out conotruncal anomalies, RAA, HLHS, coarctation of Ao
  - **Normal cardiac axis in early gestation:** rule out major CHD in first trimester

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**ULTRASOUND in Obstetrics and Gynecology: A Practical Approach**

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*Editorial Assistant*  
**Emily Walsh, BA, MA**

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*Notes*



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# **HANDS-ON SCANNING**

## **DEMONSTRATION:**

# **FETAL ANATOMY REVIEW IN**

## **EARLY GESTATION**

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**Elena Sinkovskaya, M.D., Ph.D.**

Assistant Professor

Director of Research

Division of Maternal-Fetal Medicine

Department of Obstetrics & Gynecology

Eastern Virginia Medical School

Norfolk, VA





*Notes*

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# **ANOMALIES OF THE FETAL GASTROINTESTINAL TRACT**

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**Lawrence D. Platt, M.D.**

Director Center for Fetal Medicine and Women's Ultrasound  
Professor (Clinical) Ob Gyn David Geffen School of Medicine at UCLA  
Los Angeles, CA



## FETAL GASTROINTESTINAL MALFORMATIONS AND ABDOMINAL WALL DEFECTS



Lawrence D. Platt, MD

Clinical Professor of Obstetrics and Gynecology  
David Geffen School of Medicine at UCLA  
Director, Center for Fetal Medicine & Women's Ultrasound  
Los Angeles, CA

### Objectives

- Identify normal sonographic appearance of the fetal GI tract, diaphragm and abdominal wall
- Learn normal views of these structures
- Systematic approach to evaluate anomalies
- Understand pitfalls in imaging the fetal abdomen

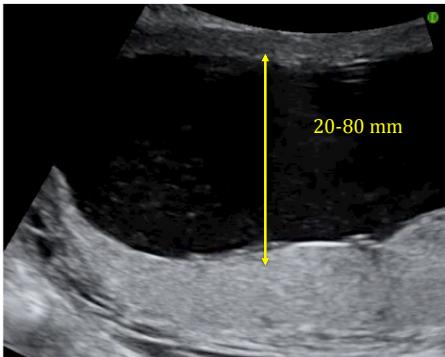
### Systematic approach to diagnosing GI malformations

- Become familiar with normal views to detect what is normal
- Abnormal structures in the abdomen
  - Isolated or multiple?
  - If cystic, discrete or corrected?
- Anatomical landmarks to locate region
  - Upper or lower abdomen, midline or lateral?
  - Arising from or near which organ?
- Amniotic fluid

### Check the fluid levels

- Amniotic fluid
- Fluid outside the organs (ascites)
- Fluid filled organs
- Too much?
- Too little?

### Amniotic Fluid



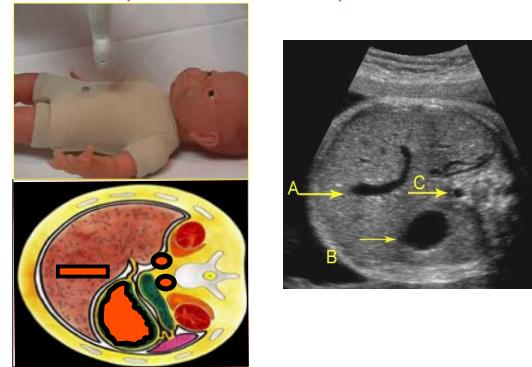
### Amniotic Fluid

- Too much?
  - Look for gastrointestinal obstructions
- Too little?
  - Evaluate possible urogenital disorders

## Anatomical Landmarks

- Amniotic fluid
- Diaphragm
- Liver
- Stomach
- Intestine
- Abdominal wall
- Umbilical vein
- Bladder
- Kidneys

## Stomach, Umbilical Vein, and Aorta



## Diaphragm



## Small Bowel

- Middle-to-lower part of the fetal abdomen
- Hyperechoic



## Fetal Diaphragm



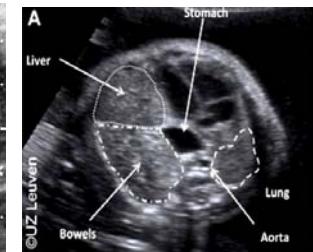
## Diaphragm Evaluation from a 4-Chamber View

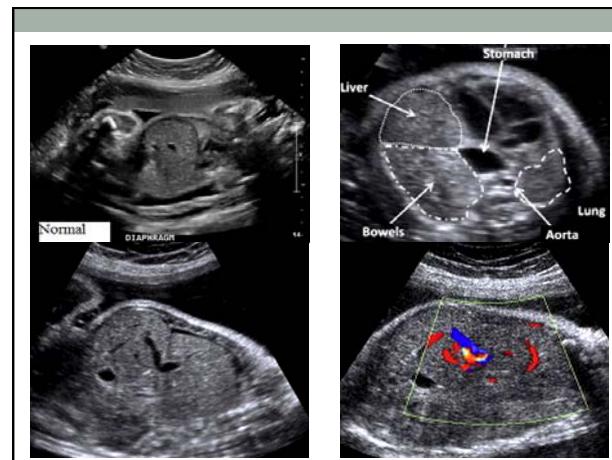
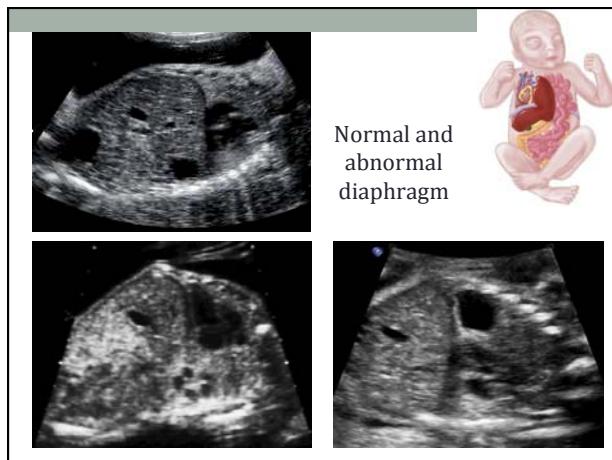


### Normal



### Abnormal



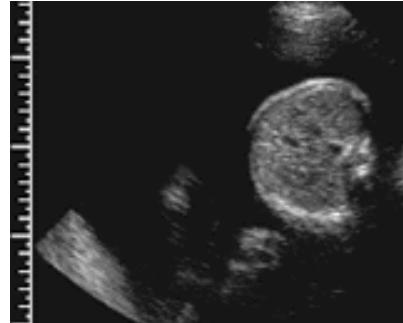


## Gastro-intestinal Obstructions

What are the causes?

- **Intrinsic**
  - Atresia
  - Web
- **Extrinsic**
  - Bands
  - Volvulus
- Exact cause is not seen antenatally

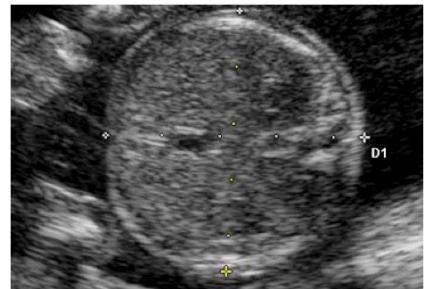
## Polyhydramnios with absent stomach

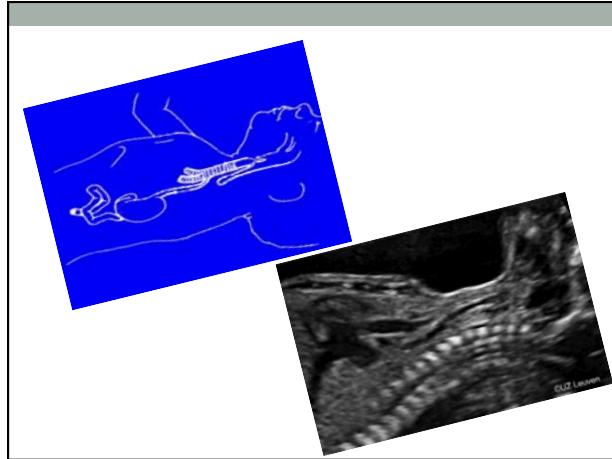


## Esophageal atresia

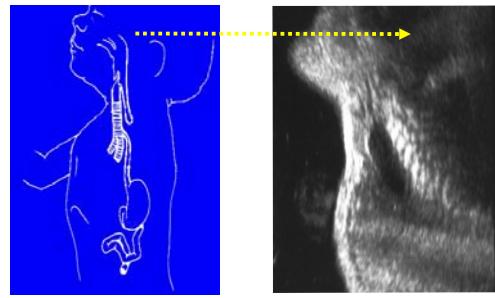
- Indirect signs
  - Small or invisible stomach
  - Polyhydramnios

When the stomach is not visible ... wait for an hour and look again





### Esophageal atresia

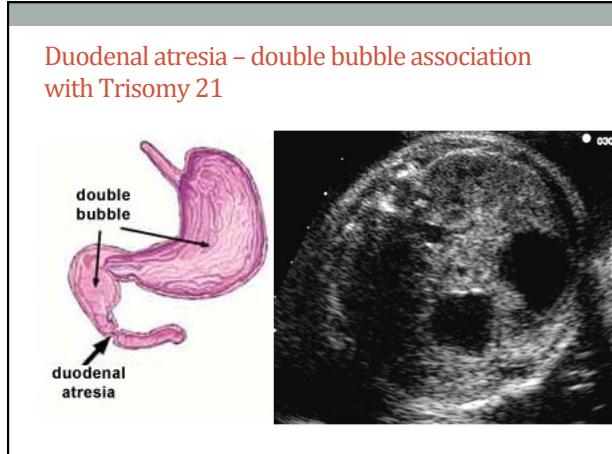


### Esophageal atresia

- Prenatal detection rate 40%
- Associated anomalies 80%
- Prenatal diagnosis usually occurs in 3<sup>rd</sup> trimester

### Duodenal atresia - double bubble

- Associated with polyhydramnios
- “Double bubble” sign is the result of a dilated stomach and proximal duodenum
- Two communicating cystic masses appear in the upper abdomen
- 30% of duodenal atresia cases are associated with T21
- Caution urged not to misinterpret a normal gallbladder adjacent to the stomach as a “double bubble”**



## Dilation of Small Bowel & Colon

- Diameter of lumen of fetal small bowel rarely >6 mm
- Congenital small bowel syndrome:
  - Fatal, but rare condition
  - Few familial cases reported associated with malrotation
  - U/S presentation: delayed return of midgut to the abdominal cavity, dilated loops ad polyhydranios
- Diameter of lumen of fetal colon rarely >20 mm

## Jejunal atresia

- Most upper bowel obstruction seen with polyhydramnios and dilated loops of bowel may also be seen
- Jejunal atresia may give rise to a “triple bubble” sign
- Typical appearance:
  - Proximal small bowel dilatation appears as multiocular sonolucent masses
  - May be a single, fluid-filled bubble in the abdomen
  - Peristaltic movement of small particles in the fluid-filled lesion
  - No dilatation is visible in other parts of the interesting

## Proximal jejunal atresia



## Distal jejunal atresia



## Ileal atresia



## Colonial atresia



## Unusual lesions – mesenteric cysts

## Meconium peritonitis

- Meconium released by a bowel perforation causes chemical peritonitis



- Meconium deposits may calcify creating a "snowstorm" appearance



## Causes of Fetal Ascites

- Gastrointestinal causes
  - Bowel atresias
  - Volvulus
  - Meconium peritonitis
  - Bowel obstruction with perforation

## Ascites



## Echogenicity / Calcification



NOTE: Calcium has a distal shadow, echogenicity does not

## Echogenic Bowel



## Limb-Body Wall Complex

- Lethal condition with severe anterior abdominal wall defect (defect is usually placed laterally involving the umbilical cord insertion site)

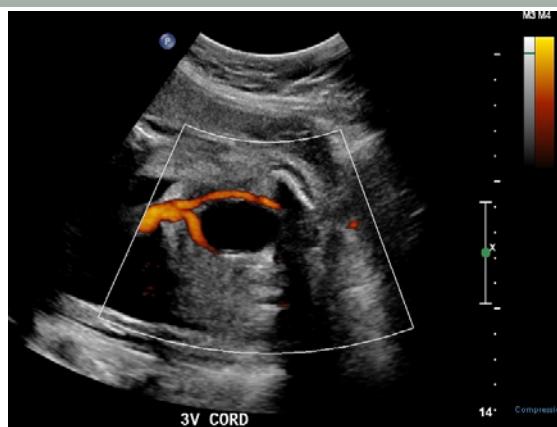


## Multiple Cavernous Hemangiomas

- Associated with Klippel-Trenaunay-Weber syndrome
- Diagnosed in presence of multiple surface masses producing limb hypertrophy
- Hydrops may occur



## Fetal Abdominal Wall: Anterior



## Omphalocele: High-risk Trisomies 13 & 18



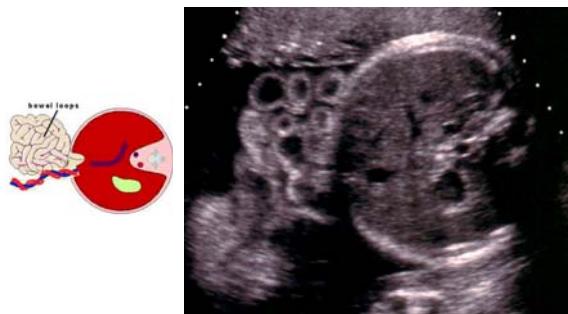
### Physiologic gut herniation <week 12



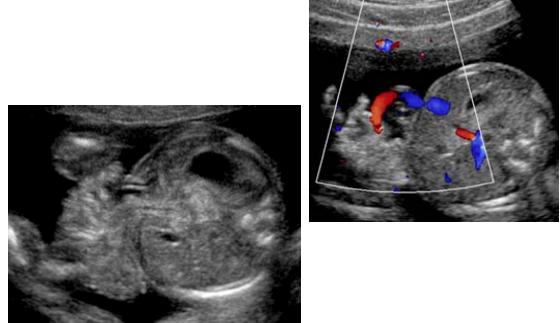
### Omphalocele



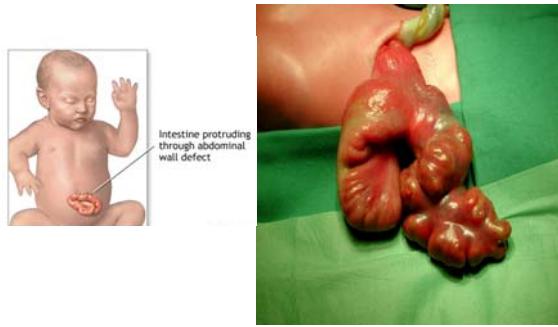
### Gastroschisis: Low risk aneuploidy



### Gastroschisis



### Gastroschisis



### Pitfalls in diagnosing GI abnormalities



## Take home points

- When you find an anomaly ...



- Try to complete the examination



- Assess for any other signs of aneuploidy



- If you find one abnormality, there is often another one waiting to be found



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# **ANOMALIES OF THE FETAL CHEST**

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**Elena Sinkovskaya, M.D., Ph.D.**

Assistant Professor

Director of Research

Division of Maternal-Fetal Medicine

Department of Obstetrics & Gynecology

Eastern Virginia Medical School

Norfolk, VA





Advances in Ultrasound in Obstetrics and Gynecology  
October 14-15, Washington DC

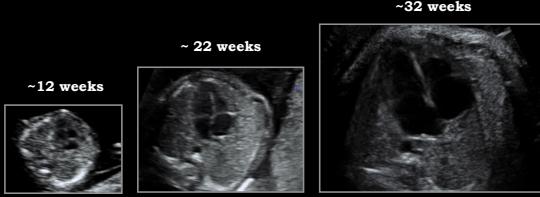
## ANOMALIES OF THE FETAL CHEST

Elena Sinkovskaya MD, PhD

Division of Maternal-Fetal Medicine

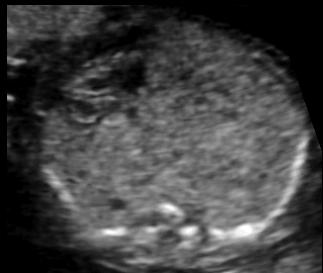
**EVMS**  
Eastern Virginia Medical School

## SCREENING EVALUATION

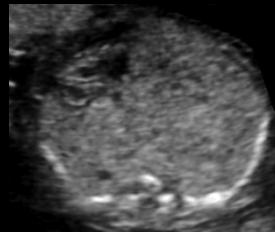


On ultrasound fetal lungs appear as homogeneous and slightly echogenic tissue surrounding the heart;  
no evidence of effusion

### What is wrong?



### Congenital high airway obstruction (CHAOS)



Incidence: very rare

#### Causes:

- Laryngeal atresia
- Tracheal atresia
- Subglottic stenosis
- Laryngeal web

### CHAOS: sonographic presentation



#### Fetal Lungs mass

- Bilateral
  - Enlarged
  - Symmetric distended
  - Echogenic
  - Homogeneous
- Fetal Heart
- Anterior and midline
  - Compressed (restrictive CMP)

### CHAOS: sonographic presentation



#### Other findings:

- Flattened/inverted diaphragm
- fluid-filled bronchi & trachea
- Ascites/Hydrops
- Poly-/Oligohydramnios
- Placentomegaly

**CHAOS: prognosis & management**

**Associated anomalies:** more than 50% (Fraser's syndrome)

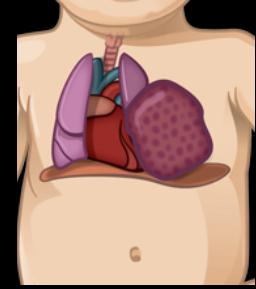
**Expectant management:** poor outcome (<10% survival)

**Fetal treatment:** poor outcome

**Postnatal management:** *ex utero intrapartum* treatment (EXIT) with tracheostomy (reported to have 90% survival)

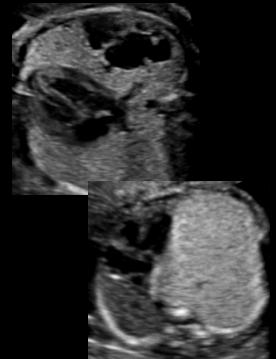
Cavoretto P et al. UOG 2008;32:769-783

**Congenital Cystic Adenomatoid Malformation (CCAM)**



**Incidence:** is most common thoracic mass in the fetus  
 Prenatal studies: 1:4,000  
 Postnatal studies: 1:25,000  
**Associated anomalies:** 8-12 %  
 Risk for chromosomal anomalies is not increased

**CCAM: imaging overview**



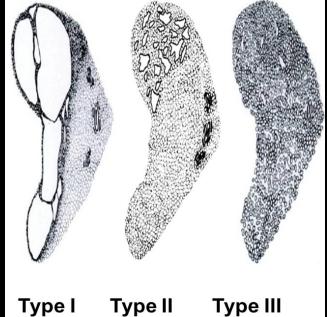
**Fetal Lungs mass**

- Usually unilateral
- Well defined
- Involves part of the lung
- Solid or cystic
- No systemic blood supply

**Fetal Heart**

- Is displaced right/left
- Compressed in severe cases

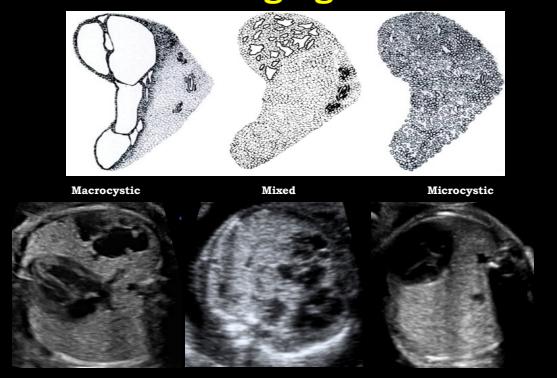
**CCAM: Histological classification**



Type I      Type II      Type III

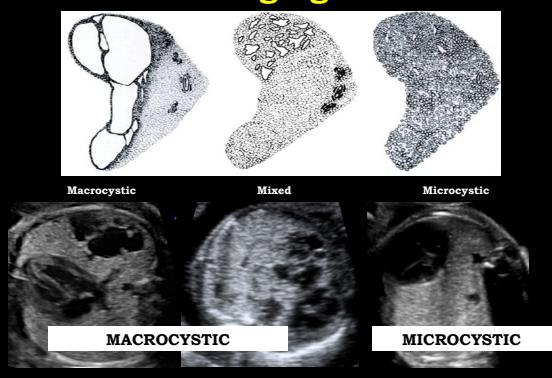
Stocker JT et al. Human Pathol 1977;8:155-171

**CCAM: imaging overview**



Macrocytic      Mixed      Microcystic

**CCAM: imaging overview**

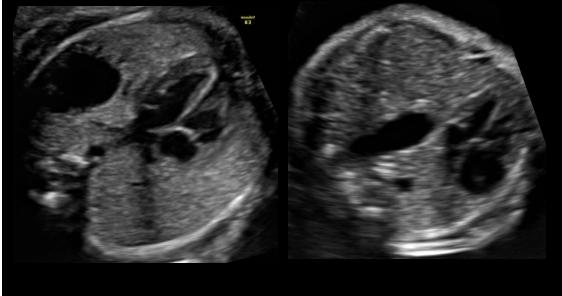


Macrocytic      Mixed      Microcystic

MACROCYSTIC      MICROCYSTIC

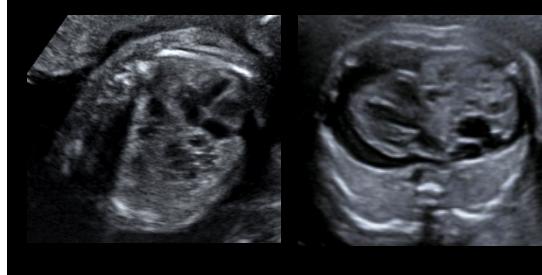
### CCAM: differential diagnosis

#### CCAM vs. CDH



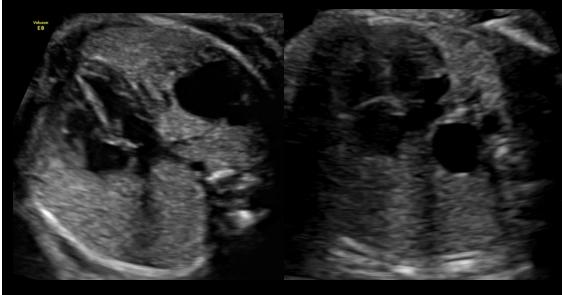
### CCAM: differential diagnosis

#### CCAM vs. Pericardial Teratoma



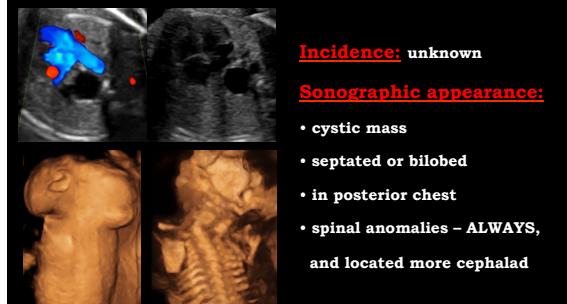
### CCAM: differential diagnosis

#### CCAM vs. Neuroenteric cyst



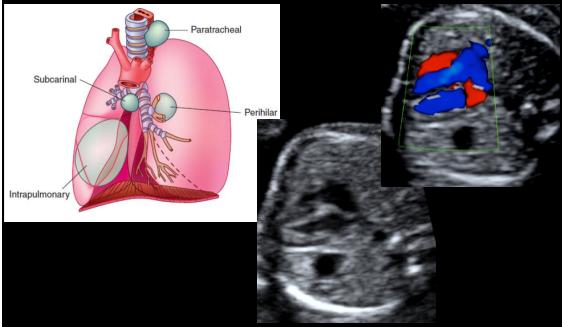
### CCAM: differential diagnosis

#### Neuroenteric cyst



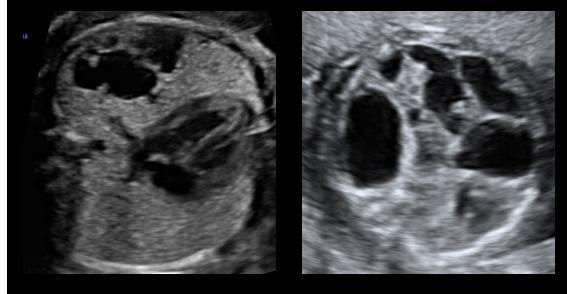
### CCAM: differential diagnosis

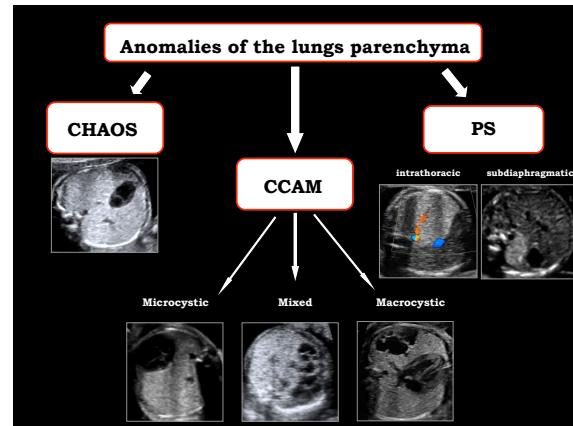
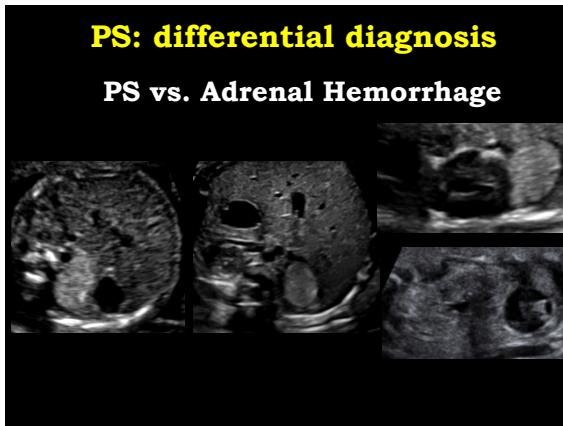
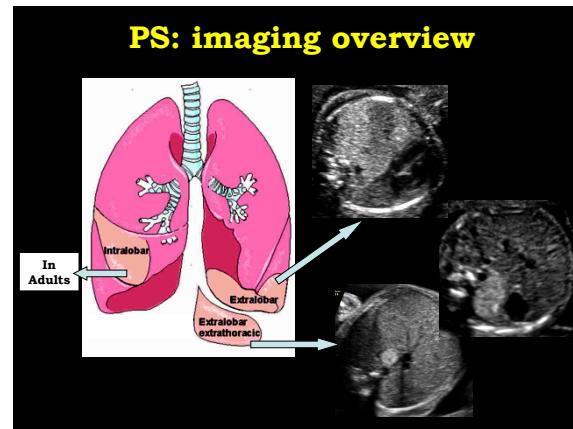
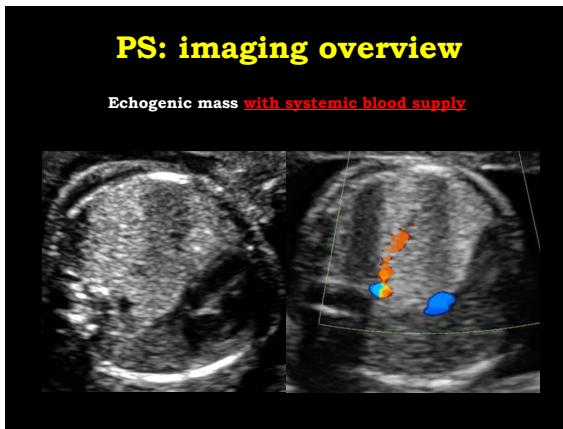
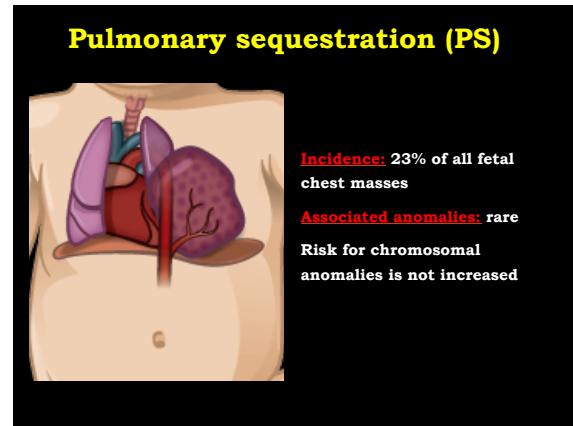
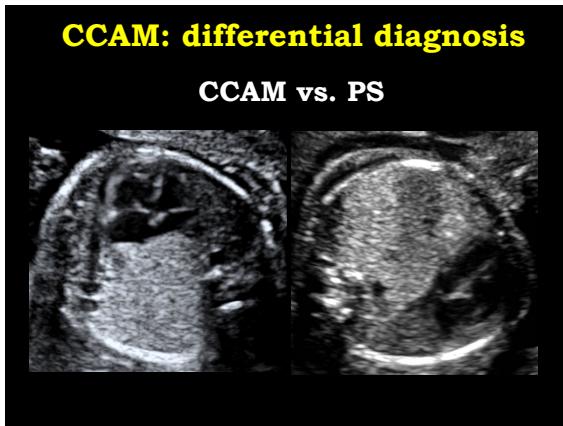
#### Bronchogenic cyst



### CCAM: differential diagnosis

#### CCAM vs. Lymphangioma



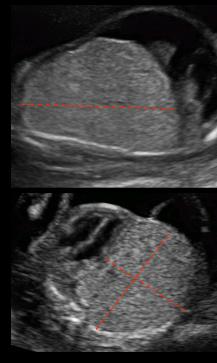




### ULTRASOUND PROTOCOL

- Mass location (unilateral, bilateral)
- Mass size (MVR)
- Homogeneity
- Presence of mediastinal shift
- Diaphragm distortion
- Evidence of hydrops
- Evidence of polyhydramnios
- Cardiac function

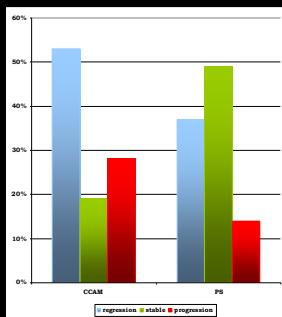
### CCAM volume ratio (MVR)



$$\frac{L \text{ (cm)} \times W \text{ (cm)} \times H \text{ (cm)} \times 0.52}{\text{Head Circumference (cm)}}$$

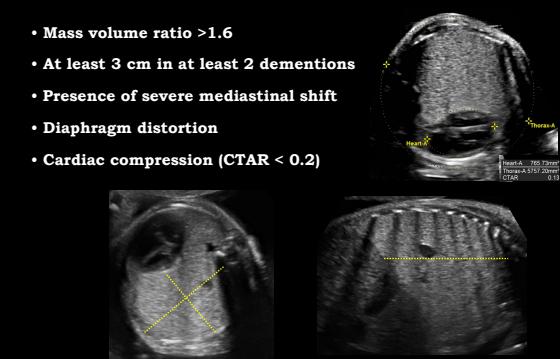
**CVR >1.6**  
predicts Hydrops in 75%

### Change with gestation



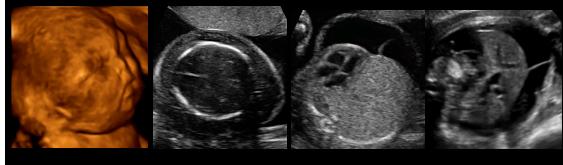
### High-risk group

- Mass volume ratio >1.6
- At least 3 cm in at least 2 dimensions
- Presence of severe mediastinal shift
- Diaphragm distortion
- Cardiac compression (CTAR < 0.2)

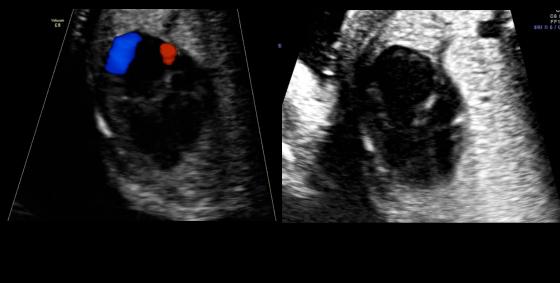


### Complications

- 5.7% cases of CCAM resulted in hydrops fetalis  
6.2% cases PS is associated with plural effusion



All fetuses with large lesions have signs of myocardial dysfunction



### **CCAM: prognosis & management STEROIDS**

- Administering betamethasone antenatally to fetuses with CCAM and non immune hydrops there was complete resolution of hydrops
- This area needs further research owing to the small data sample.

### **CCAM and PS: prognosis & management**

- In the absence of hydrops: >95% survival
- CCAM with hydrops:
  - expectant 95% mortality
  - shunting 65% survival
  - fetal surgery 45% survival
- **Availability of extracorporeal membrane oxygenation (ECMO) is crucial for infant survival with large lesions**

### **CCAM and PS: Prognosis**

- Outcome is good in the absence of the hydrops
- Intrauterine amelioration appears to be common but lesions rarely regress
- All CCAM should be removed
- Large lesions increase risk for scoliosis

### **What is wrong?**

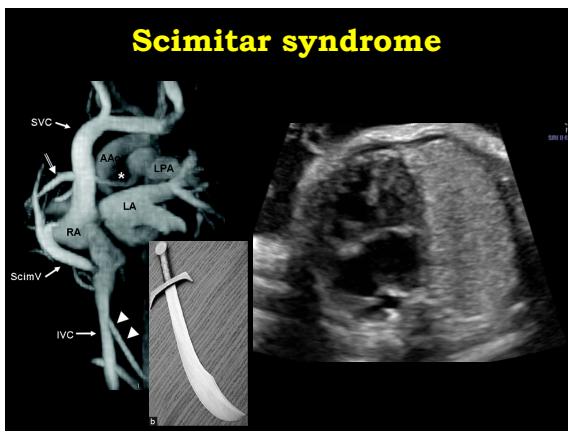


### **Unilateral lung agenesis**



### **What is wrong?**





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# **HANDS ON SCANNING**

## **DEMONSTRATION:**

### **THE DETAILED (76811)**

### **ULTRASOUND EXAMINATION**

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**Alfred Abuhamad, M.D.**

Professor and Chairman

Department of Obstetrics and Gynecology

Vice Dean for Clinical Affairs

Eastern Virginia Medical School

Norfolk, VA



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# **DEBATE ON THE ROLE OF ROUTINE CERVICAL LENGTH IN PRETERM LABOR PREVENTION**

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Director Center for Fetal Medicine and Women's Ultrasound  
Professor (Clinical) Ob Gyn David Geffen School of Medicine at UCLA  
Los Angeles, CA

**Alfred Abuhamad, M.D.**

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Vice Dean for Clinical Affairs  
Eastern Virginia Medical School  
Norfolk, VA



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**BOOK BY**  
**March 26, 2017**

**7**  
Days



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June 24 – July 1, 2017

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FREE  
HOUR



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